

Lyceum

Lyceum International School, Wattala & Kandana.

News

Mid
November
2016
(241A LW AND LK)

Ignite your everyday creativity

When we usually think about creativity, our mind immediately goes to images of eccentric artists like Picasso, Frida Kalo or trailblazing innovators like Steve Jobs. Some think creativity looks a certain way: a man with tattoos and long hair. Often we just don't realise that we too are capable of creativity. This is a misconception.

In early history, humans would have been unsuited to their untamed, natural environment in comparison with animals that were equipped with far more heightened senses and natural defenses needed for survival. Then how did we survive? Through creativity, of course. In fact, the earliest known product of creativity would have been the discovery of fire.

Creativity can be described as any novel process that leads to the invention of something meaningful. Let's say you fall asleep with the doors and windows open, the wind blows through the room and the door keeps on banging loudly. It disturbs your sleep but you are too exhausted to get up and close the door. So you fling your shoes against the door to keep it in place. This is a small creative act. Surprised?

One of the main things hindering our creativity is judgement - our own and other's. We are so quick to scan, sort and throw away ideas. We often condemn ideas that could have potential. When we think about ideas we must defer our judgement for later. This does not mean we must agree with every single idea that we or others come up with, but simply that we open ourselves to thoughts like 'maybe, 'what if' and 'why not'.

Creativity arises from playfulness so keep your childlike qualities alive - I emphasize childlike; not childish. A positive attitude is also important. Knowledge, imagination and the ability to evaluate ideas is important for personal creativity to blossom, but without a positive attitude it cannot flourish. So, never forget your positive attitude or the belief that ... You are creative.



Message from
Mr. Mohan Lal Grero
Founder

Inter International Schools' Choir Competition



The Inter International Schools' Choir Competition organized by Lyceum Wattala, for the second consecutive year was held at Defense Service Schools' Auditorium on the 30th of October 2016. Sixteen schools participated for the semi finals which was held at Lyceum Wattala on the 22nd of October 2016 and six schools were selected for the final round.

Lyceum Wattala became the 01st Runners-Up.

Pre Grade Seminar

The Pre-Grade Seminar was held on 23rd September 2016. The guest speaker was Dr. Lakshman Nonis, the Science Coordinator for all Lyceum Schools.

Nursery Seminar

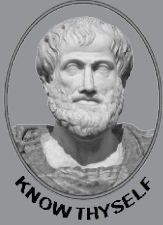
The Lower & Upper Nursery Seminar was held on 28th October 2016. The guest speaker was the founder of Lyceum schools Mr. Mohan Lal Grero. We thank all the parents who were present on that day.

Fun Day Pre-Grade

The Pre-Grade students had a "Fun Day" at K-Zone, Ja-Ela. They enjoyed the events lined up for them, a movie followed by a Magic Show and concluding with a wonderful Ice Cream treat. It was indeed a fun filled day for all the Pre-Grade students.

Deepavali Celebrations.

The Students of Lower Nursery, Upper Nursery & Pre Grade celebrated Deepavali on 28th October 2016 in the school premises.



Congratulations to our Proud Swimmers ! South Asian Aquatic Championship 2016

Date : 13th to 23rd October 2016.

Venue : Sugathadasa Stadium Swimming Pool.

Thimali Bandara

06 Silver Medals &
04 Bronze Medals.

Amjad Hasan

02 Silver Medals &
01 Bronze Medal.

Diluk Jayathilake

01 Bronze Medal.

L.A. Lahiru

01 Silver Medal.

Navodh Lakshan

08th in 5km Sea Swim.



Medani Panagoda

15th in 5km Sea Swim.

Junior Jana Gayana Competition

Date : 25th October 2016 **Venue**: Zeus Hall.

Results:

Grade 1

- 1st Damsithu Rajasinghe
- 2nd Shernessa Jayamanne
- 3rd Eleesha Wanasinghe(LK)
- 3rd Sayhan Wisal

Grade 3

- 1st Shenelle Earnest
- 2nd Geethna Vithana
- 3rd Lithum Gaveshith

Grade 2

- 1st Vidath Nicholas
- 2nd Neleesa Jayawardhana
- 3rd Rachele Perera

Grade 4

- 1st Sandami Fernando
- 1st Yenuki Chenara
- 3rd Sarah Mohamed

Grade 5

- 1st Arunicka Sivakumaran
- 2nd Ishitha Premnath
- 3rd Minsadee Batawala

Having Dinner together as a Family



The family bond is of the greatest importance in a child's life. It is not the money you spend on them but the quality time you spend with them that matters. For this bond to remain strong, please see to it that at least one meal of the day (preferably dinner) is eaten together as a family.

Discipline At Home & School

Maintaining good discipline amongst children at home and in school is a challenge faced both by parents and teachers. Various strategies are used to achieve this. Amongst them, it is very important to consider the following:

The child must know what are the 'done things' and the 'not done things'. The child must know where to draw the line between these. The parents and the school must also agree about these, because if different signals go to the children from the parents and the teachers, they will be confused.

Children must know the consequences (corrective action) for indiscipline and should accept the consequences if he/she falls into indiscipline. Once corrective actions are implemented it should be explained to the child why he/ she should make a firm commitment not to repeat the mistake.

The school authorities, teachers and the parents should accept the child who was corrected with a 'clean slate' and ask the child to start to put the past behind him / her and make a new start with a positive attitude.

Government School Sinhala / Tamil Language Textbooks

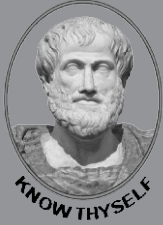
From September 2017, the Government School Grades 1 to 5 textbooks will be taught to students in Grades 1 to 5. Previously, the lower grade text book was taught to students due to the allocation of fewer periods when compared to Government schools. As students have now caught up with the language, we now hope to match the correct book with the respective grade.

Senior Concert

The Senior Concert "Bon Voyage" was held on 2nd November 2016 in the Zeus Hall.

Message From Mrs. Kumari Grero

All parents are kindly requested to contact teachers via the SRB or by calling the school's main number. Please refrain from contacting them on their personal numbers.



Junior John Tarbet Athletic Championship 2016

Venue : Mahaweli Ground, Embilipitiya Date : 22nd to 25th October 2016

Under 12 (Boys) Anuk Perera 80m & 100m - Merit Sanithu Vivan 80m & 100m - Merit Kashmira Punchihewa 80m & 100m - Merit Chanith Fernando 80m - Merit Linal Subasinghe High Jump - Merit Anuk Perera, Sanithu Vivan, Kashmira Punchihewa, Chanith Fernando 4x100m Relay - Merit	Under 14 (Boys) Ravindu Samaranayake 80m, 100m, 200m - Merit Uvindu Dilsara High Jump - Merit Ahamed Amhar 100m, 200m - Merit Linuka Rathnapriya High Jump - Merit Vishmitha Perera Discus Throw - 2 nd Place (37.07m) Shot Put - Merit Thisum Senanayake, Linuka Rathnapriya, Ahamed Amhar, Ravindu Samaranayake 4x100m Relay - Merit	Under 12 (Girls) Onaya Geeganage 80m, 100m, Long Jump - Merit Nabeeha Sariffdeen, Shenaya Wijesinghe, Shenaya Perera, Onaya Geeganage 4x100m Relay - Merit Under 14 (Girls) Chithara Wickramasinghe 100m, 200m - Merit Sanduni Muthukumarana 200m - Merit	Under 14 (Girls) Sithumini Zoysa 200m - Merit 100m - 7 th Place Disini Rathnayake Shot Put - 6 th Place Chithara Wickramasinghe, Sithumini Zoysa, Sanduni Muthukumarana, Luckmitha Mohanraj 4x100m Relay - 4 th Place Under 15 (Girls) Himasha Fernando 100m - 2 nd Place 200m - 3 rd Place
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All Island Athletic Championship 2016

Date : 13th to 17th October 2016

Venue : Bogambara Stadium, Kandy

Under 19 (Boys)

Shanaka Perera **Sapna Senarathne**
110m - 2nd Place High Jump - 3rd Place

Shehan Wisanperuma **Shem Domeenius**
Long Jump - 5th Place Long Jump - 7th Place

Shamil Madushanka Long Jump - 8th Place

Under 15 (Girls)

Himasha Fernando 100m - 4th Place

Himasha Fernando, Sanduni Muthukumarana,
Chithara Wickramasinghe, Ranudi Premasinghe
4x100m Relay - 6th Place

Under 17 (Girls)

Rashmi Heenkenda **Dewmini Udarashmi**
Discuss Throw - 3rd Place 800m - 6th Place

Lakmali Dodamgoda
High Jump - 3rd Place

Western Province Karate Tournament 2016

Date : 11th, 12th October 2016

Venue : Sugathadasa Indoor Stadium

Excellent Performance in

Kata

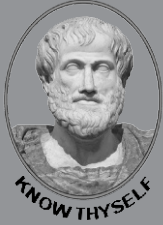
Bisath Dulmika
Senitha Wijerathne
Manuth Mullakada
Rajatha Subasinghe
Nithesh Fernando
Tharuli Higgoda
Dilshi De Silva
Thanugi Perera
Malishi Nadeema
Kishala Sewandi
Brinda Perera

Kumite

Shevone Fernando
Adishkar Mohanraj
Sayah Udumalagala
Mayurashini Shrikanthan
Kadiresen Karthigeswary
Jeysica Varshini
Sharurvarshhini Anatharajah
Thakshayini Shrikanthan
Kanagaram Humritha

Excellent Performance in Kata & Kumite

Damiyan Daniel & Dinusha Karunarathne
Gladston Daniel - Kata & Kumite (1st place)
Thivina Hemarathne - Kata (2nd place) &
Kumite (1st place)
Elisha Rajendran - Kata (2nd place) &
Kumite (1st place)



Congratulations !

Inter International Schools' Under 17 Cricket Tournament

Organized by Wycherley International School Colombo.

Date : 3rd to 24th October 2016

Venue : Shalika and Health Grounds

01st Match

Lyceum Wattala vs British School
Lyceum Wattala won by 144 runs.

02nd Match

Lyceum Wattala vs Stafford International School
Lyceum Wattala won by 7 wickets

03rd Match

Lyceum Wattala vs Gateway College Kandy
Lyceum Wattala won by 139 runs.

04th Match

Lyceum Wattala vs CIS Colombo
Lyceum Wattala won by 10 wickets.

Semi Finals

Lyceum Wattala vs OKI Wattala
Lyceum Wattala won by 49 runs.

Finals

Lyceum Wattala vs Lyceum Nugegoda
Due to bad weather the final match could not be played both teams were awarded Joint Champions...

Lyceum Wattala, became champions for the 3rd consecutive year.



Team Members

Imantha Fernando, Pasal Wickramasinghe, Kavindu Rajakaruna, Gayan Rathnayake, Shabiq Ifthary, Hasita Gunasiri, Himanshu Hiroshan, Achin Weerathunge, Shenon Perera, Vishal Perera, Asher Kurukulasooriya, Kavin Senevirathne, Jeevithan Mageshwaran, Deon Fernando.

Special Awards.

Sahbiq Ifthary

Jeevithan Mageshwaran



Best Batsman /Player of the Tournament



Best Bowler

Hayashi – Shito – Tyu 4th Karate Asia Pacific Kobudo Championship

Date : 30th & 31st July 2016

Boys

- Inuka Hiranya - Kata (1st place)
- Bisath Dulmika - Kumite (1st place)
- Miron Dissanayake - Kata (3rd place) & Kumite (1st place)
- Shannon Lithal - Kumite (3rd place)
- Damiyan Daniel - Kumite (3rd place)
- Adishkar Mohanraj - Kumite (3rd place)
- Krishan Dayalan - Kata (1st place)
- Manuka Dilshan - Team Kata (1st place) & Kumite (1st place)
- Minthaka Gamage - Team Kata (1st place) & Kumite (2nd place)

Girls

- Tharuli Higgoda - Kata (2nd place) & Kumite (2nd place)
- Dilshi De Silva - Kata (1st place)
- Kishala Sevbandi - Kata (3rd place)
- A. Sharuvashini - Kumite (3rd place)
- Kaarunya Rajasekaran - Kumite (2nd place)
- Rochel Wilson - Kumite (3rd place)
- Ellisha Rajendran - Kumite (3rd place)
- Manuki Chandrasekara - Kumite (1st place)
- Malishi Nadeema - Kata (2nd place)
- Navindya Hewakaluge - Kumite (3rd place)
- Angel Tomaz (LK) - Kumite (3rd place)
- Aushma De Silva (LK) - Kata (1st place)
- Nethumya Alwis (LK) - Kumite (3rd place)

Parent Teacher Day

Parent Teacher Days for the First Term were held on the 12th and 13th October 2016 from 7.45a.m. to 1.45p.m. We thank all the parents who were present on that day.