

PLEASE NOTE THAT IMPORTANT NOTICES ARE CARRIED IN EVERY NEWSLETTER. THEREFORE, IT IS COMPULSORY FOR EVERY PARENT AND STUDENT TO READ THE NEWSLETTER.

WORDS OF WISDOM
FROM OUR FOUNDER,
MR. MOHAN LAL GRERO



ACTIVITIES IN JUNE & JULY 2017

- 16th June 24th Founder's Day Celebration
- 17th June Bodu Gee Saraniya (Pre School & Gr. 1-12)
- 19th June Ifthar Programme
- 20th June Second Semester Examination - Gr. 12N
Concert Rehearsals (Gr. 1 & 2)
- 21st June Second Semester Examination - Gr. 12N
- 22nd June Second Semester Examination - Gr. 12N
Concert (Gr. 1 & 2)
- 23rd June Second Semester Examination - Gr. 12N
- 26th June Holiday for Teachers & Students
- 27th June Second Semester Examination - Gr. 12N
Singithi Salpila - Gr. 1
- 28th June Test Paper Correction (Holiday for Gr. 12N Students)
- 29th June Test Paper Correction (Holiday for Gr. 12N Students)
Kavi Competition (Semifinals)
- 30th June Paper Discussion - Grade 12N
- 03rd July Paper Discussions - Gr. 12N
Art & Craft Exhibition (Nur-Gr. 8)
- 04th July Paper Discussions - Gr. 12N
- 05th July Finalizing marks & reports (Holiday for Gr. 12N Students)
- 06th July School closes for Gr. 12N Students
Kavi Competition (Finals)
- 11th July Kite Festival
- 14th July French Day
Concert Rehearsal - Pre Grade
- 17th July Concert Rehearsal - Nursery
- 18th July 2nd Semester Examination - Gr. 9N & 10N
Concert - Nursery
- 19th July 2nd Semester Examination - Gr. 9, 10N & 11N
- 20th July 2nd Semester Examination - Gr. 6 to 9, 10N & 11
- 21st July 2nd Semester Examination - Gr. 1 to 9, 10N & 11
- 24th July 2nd Semester Examination - Gr. 1 to 9, 10N & 11
- 25th July 2nd Semester Examination - Gr. 1 to 9, 10N & 11
Concert - Pre Grade
- 26th July 2nd Semester Examination - Gr. 1 to 9, 10N & 11
- 27th July Test Paper Corrections - Grade 1 to 11 (Holiday for Gr. 1 to 11 students)
- 28th July Test Paper Corrections - Grade 1 to 11 (Holiday for Gr. 1 to 11 students)
Inter-house Basketball Tournament
- 31st July Test Paper Corrections - Gr. 11 (Holiday for Gr. 11 Students)

Controlling your Emotions is Freedom.

Today I want to discuss the role that emotions play in our decision-making process.

Being overly influenced by your emotions is not freedom. Emotions are good as long as you are in control. If you let emotions be the decision-maker, you will make some bad ones. Let me explain why.

As we grow, we experience bodily or mental 'feelings' going through life or thinking about the past. When you win a race, everyone cheers, parents smile.... We divide feelings into good and bad. This is only a mental classification but we usually react to these labels as if they are real when they only exist in the body and mind.

Emotions are created in the psychological-physiological space between the way we think about the world and our actual experience of it. When we get what we expect, we feel positive emotions; when we get something we don't expect we feel negative emotions. Emotions generally tell us what we already think about ourselves. They give feedback on the condition of our current thinking.

We feel our thoughts but we are not always aware of our thoughts. We take so many decisions based on the feeling that it 'feels just right'.

A young driver got his license for the first time. He felt freedom. He sat at the wheel and felt the power of the moving car. Being young it only felt right that he should go faster and faster. Oh! The adrenaline felt good. He ended up in a near fatal accident that left him paralysed, waist down. But he still recalls the emotions and says, 'it felt good at the wheel!'

We need to first become aware of our own feelings and triggers. Awareness will lead us to do the opposite that emotions dictate and therefore help make better judgement calls and decisions. Remember, emotions are only bad if we let them control us. When do your emotions control you ? How do you feel at those moments?

SPECIAL EVENTS

SINHALA & HINDU NEW YEAR CELEBRATION

The staff and the students of Lyceum Ratnapura joined hands with the rest of the Sri Lankans to celebrate this event by organizing the Sinhala and Hindu New Year Festival on a grand scale.

Celebrations of the Pre School were successfully held on 30th March 2017 in school premises, with the participation of a large number of parents & well-wishers. Mr. Nikitha Grero, the Director of Lyceum International Schools graced the occasion as the Chief Guest.

Celebrations of Grade 1-12 were held on 7th April 2017 in "Arena Nike, with the participation of over thousand five hundred parents. Mr. Nishshanka Diddeniya, well-known actor, graced the occasion as the Chief Guest.

Both occasions were marked by a wide variety of indigenous games, cultural dances and entertainment. Students of all classes took part in these programmes, and they really enjoyed themselves.



VESAK LANTERN COMPETITION - 2017

The Vesak Lantern Competition was held on 12th May 2017, in the school premises, with participants representing almost all the classes. There were hundreds of brightly-coloured Vesak lanterns of various styles and sizes made by the students. Everybody present appreciated the programme.

Our sincere thanks go to the students and also the parents for their generous support to make this event a great success.



PARKING VEHICLES

Parents are kindly requested not to park vehicles on private roads near the school and especially in front of gates.

SELECTING OF PREFECTS' GUILD 2017/18

The selection process of Prefects' Guild 2017/18 of Lyceum International School, Ratnapura has been scheduled as follows :

Please note that, only the performances & achievements of the current academic year (2016/17) will be considered for awarding marks for selections.

- | | | |
|--|---|--|
| 1. 28 th - 30 th June 2017 | : | Issue of applications. |
| 2. 06 th July 2017 | : | Handing over of completed applications to the Registrar. |
| 3. 07 th July 2017 | : | Written tests (aptitude test etc.) |
| 4. 11 th - 14 th July 2017 | : | Interviews of applicants. |
| 5. 04 th September 2017 | : | Releasing of results. |
| 6. 19 th September 2017 | : | Induction of the New Prefects' Guild 2017/18. |

*** New Teacher-in-charge of Prefects : Mr. Indika Vidyaratne

SPECIAL EVENTS

24TH FOUNDER'S DAY CELEBRATION

The 24th Founder's Day of Lyceum, was celebrated on the 16th June 2017, with students from Grade 8 to 12 taking part in a ceremonious function.

The programme consisted of the Principal's address, the reading out of the Founder's Message, a cultural dance and the awarding of the certificates and medals to 26 employees of Lyceum International School, Ratnapura for their dedicated service to the school.



AWARD WINNERS

TEN years of service

Ms. Prasangani J. Kodikaraarachchi
 Ms. Chamila Sandamali Thilakarathne
 Ms. Nilanthi Prasani Lanka Galahawela
 Ms. Tharanga Herath
 Ms. A.B. Vinitha Dhanawardane
 Mr. S. Chaminda P. Kumara
 Ms. Anusha Perera

FIVE years of service

Mr. W.R.M. Piyasena
 Ms. E.W. Maheshika Chathurani
 Ms. W. Lalandi Chathurika Jayani
 Ms. H.A.N. Chamarika Priyadarshani
 Ms. P.A.D. Shashi Harshani
 Ms. Niluka Priyadarshani Nandasena
 Ms. Sewwandi Kasthuriarachchi
 Ms. Rasika Udayangani Dayananda
 Ms. T. Sanduni Jayamali Thalagala
 Ms. P. Shashikala Dharmaratne
 Ms. Janani Keppetipola
 Ms. B. Yasasi Isanka
 Ms. Shiranthika Sudeshini Fernando
 Mr. A.A. Dasun Niranjan
 Mr. D.V.S. Upul Indika Vidyaratne
 Mr. G. Sameera Roshan Karunaratne
 Mr. Promodh Madushan Wakkumbura
 Ms. Isuri Chathurika Wathudura



POSON BHAKTHI GEE 2017

PRE SCHOOL

The Students of Pre School presented their Poson Bhakthi Gee Programme on Saturday, 17th June 2017 at 2.00 p.m. in Aeolian Hall. Kids from all classes of Nursery & Pre Grade performed on stage and it was a brief but a colourful event.



GRADE 1-12

The Students and the Staff of Grade 1-12 also staged their Poson Bhakthi Gee Programme on the same day at the same venue at 4.30 p.m. to the delight of a packed audience.

The "Belimal Dansala" organized by the Prefects' Guild immensely contributed to highlight the spirit of Poson.

Dear parents, we appreciate your generous support to make these events successful.



SPECIAL EVENTS

IFTHAR PROGRAMME 2017

Lyceum Ratnapura conducted the Ifthar Programme this year on 19th June 2017 in Aeolian Hall. As in previous years, this year too, it was very successful.

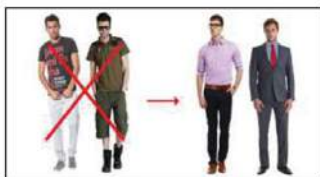
The programme consisted of the Principal's address, the prayers by the Mawlawi Hussain, of Jennath Grand Mosque, Ratnapura & a few recitations of verses by our students.

We highly appreciate the eager participation and the commitment extended to us by our Muslim brothers and sisters.



PARENTS' DRESS CODE

Please note that when visiting the school you should be conservatively dressed. i.e. the ladies preferably in Saree/ Shalwar/Frock (modest dress), blouse with sleeves and gentlemen in long trousers and shirt.



ABSENCE NOTICES

Your child's absence notice in the SRB should be brought to school on the same day he/she comes back to school after getting absent.

EXHIBITION OF VOCATIONAL SKILLS

For the first time in Lyceum schools, a vocational skills-based exhibition was organized by the present Pre - A/L students (batch of interns - 2017) of Lyceum Ratnapura, on 12th June 2017. These students could select one or more from a range of nine courses, all of which had a unique vocational orientation. Hence, the exhibition's code name, '**Into the World of Work**'.

Many articles depicting the courses they had followed from January 2017 to May 2017, went on display. The exhibits included culinary delicacies, photographs, sculptures, graphic and fashion design, a Kandyan dancing demonstration and a demonstration of welding.

Ms. Dinushi De Mel, Headmistress (Primary School), Lyceum Panadura, graced the function as the Chief Guest. The visiting parents were highly appreciative of this innovative step "Into the World of Work". The proceeds of this exhibition cum sale, will be utilized by the students, for buying a computer for a needy school in Ratnapura area.



*Dear Parent,
Thank you very much for your
encouraging participation at the
Parent-Teacher Day.*

SPECIAL EVENTS

FLOODS IN RATNAPURA

All the work in Lyceum Ratnapura came to an abrupt halt on 26.05.2017 when torrential rain and thunder lashed many parts of the Island, including Ratnapura District. Consequently, Cambridge O/L & A/L exams were also seriously disrupted by floods and landslides, and prevented many candidates from reporting to the exam centre at Lyceum Ratnapura.

In conformity with Government warnings and advice, with transport made impossible or risky, Lyceum Ratnapura also was closed for 10 days from 26.05.2017 to 05/06/2017.

Many teachers, staff members, parents & students suffered heavy losses in various ways. The school itself turned into a refuge camp for the stranded teachers and several staff members. The saddest incident of all, was the death of a Gr 11 LR student in a devastating landslide in Eheliyagoda.

In prompt response to our request, many kind souls and institutions sent in massive amounts of flood-relief supplies for the flood victims in and around Ratnapura. The donors included Mr. & Mrs. Grero and Mr. Nikitha Grero, Lyceum Parent School (Nugegoda) and Lyceum branch schools, staff of British Council - Colombo ; a group of staff members of Dialog; staff of Aspirations Education; Mr. Pubudu Gamage, Drama & There Teacher of Lyceum Nugegoda & Ratnapura & well-known actor and many other institutions & persons.

We take this opportunity to thank all of them with all our hearts for their generous donations in cash, material, other ways and even with encouraging words, in our hour of need.



TISSL HELPS THE FLOOD-STRICKEN

In quick response to a request made Mr. Rajiv Ekanayake, Principal, Lyceum Ratnapura, at the Annual General Meeting of TISSL (The International Schools of Sri Lanka) a team of TISSL heads, under the kind patronage of Mrs. Kumari Grero, Chairperson-TISSL, personally visited two schools and handed over cash donations of Rs. 250000/= each for restoring damaged school buildings, books, equipment etc.

These two schools; namely Sivali Maha Vidyalaya, Ratnapura (Town) and Yakdehiwatta Vidyalaya, Nivithigala, had been identified & recommended by Sabaragamuwa Provincial Council as most in need, having suffered extensive damage during the floods.

The team of philanthropists comprised Mrs. Kumari Grero, Chairperson, TISSL; Ms. Malithi Jayathissa, General Secretary of TISSL; Mr. Hemal Abeysekera, Treasurer, TISSL; Ms. Krishanthi Wickramaarachchi, Media Coordinator, TISSL; Mr. Malith Kumarasinghe, Former Media Coordinator, TISSL & Mr. Rajiv Ekanayake, Principal, Lyceum Ratnapura & member of TISSL.



SPORTS NEWS

NATIONAL AGE GROUP SWIMMING CHAMPIONSHIP 2017



01st, 03rd, & 04th June 2017

@

Sugathadasa Stadium Swimming Pool

Ushan Gunaratne

- * 100m Butterfly Stroke - 1st Place - 59.97s
- * 50m Butterfly Stroke - 3rd Place - 26.93s

CONGRATULATIONS, USHAN..!

HONOUR TO LR IN CHESS



Oneli Weerawardena of Grade 5A emerged Chess Champion (Under 10 Girls) at the National Youth Chess Championship - 2017, held in April 2017, at D.S. Senanayake College, Colombo.

In the same month, Oneli represented Sri Lanka at Asian Youth Chess Championship held in Uzbekistan and World School Chess Championship held in Romania, bringing a rare honour to Lyceum International School Ratnapura, from overseas.

CONGRATULATIONS, ONELI..!

NO Mobile phones
Facebook
Parties & gatherings



INTER HOUSE FOOTBALL TOURNAMENT 2016/17

22nd & 23rd May 2017 @ the School ground (Arena Nike)
Results

Over 15

- Champions : Ursa House
- Runners-up : Cetus House
- 3rd Place : Aquila House

- Best Goalkeeper : Nipun Vipulasooriya (Ursa)
- Best Player : Leshan Vipulasooriya (Ursa)
- Best Player of the Final: Kavine Hettiarachchi (Ursa)

Under 15

- Champions : Aquila House
- Runners-up : Cetus House
- 3rd Place : Ursa House

- Best Goalkeeper : Moshen Weerasinghe (Aquila)
- Best Player : Amjad Nazeem (Aquila)
- Best Player : Dinuka Senanayaka (Aquila)

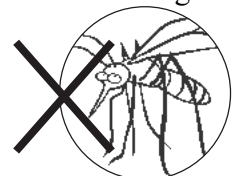


Dear Parents & Children,

PREVENTION OF DENGUE ATTACKS

Please note the following and cooperate with us

- * For all Pre-school children, we strongly recommend a dress that covers the body very well until further notice.
- * All Gr. 1-5 boys & all Gr. 1-12 girls are strongly advised to wear PE KIT from tomorrow, until further notice.
- * Boys from Gr. 6-12, must wear the normal uniform. But on KD and PT days they must wear the PE kit.
- * We recommend that students from Gr 1-8 wear blue/ash/white/black long sleeve T-shirts under the PE kit.
- * Apply a drop of citronella oil (පැරේ තෙල්) or similar repellent on uncovered skin areas.
- * Burn a bit of incense (කම්බුණ) at home in the morning & evening to prevent mosquitos from coming in.
- * Keep your environment clean & safe.
- * See your doctor immediately, if you have Dengue symptoms.



Thank you
Principal

MEMOS TO

PARENTS AND GUARDIANS



IMPORTANT NOTICE

Parents of all Lyceum International School children can forward any complaints / suggestions / comments on our Hotline to 0773483066 (via text messages / WhatsApp only).

Mobile phones, once confiscated from students, will not be returned. Please note that radios, tape recorders, walkmans, cameras, toys, laser pointers, video cameras, mobile phones, ipods, tablets (eg. ipad), or any other similar electronic devices are strictly prohibited in the school premises, during any school excursion, school concerts or any other school activity. This rule applies to all students regardless of their being dressed in school uniform or other attire (formal or informal).

Parents are requested to discourage their children from going to parties, dances, discotheques, etc. It is strongly believed that smoking, the consumption of liquor and drugs, the starting of love affairs, unruly behaviour and the wearing of revealing clothes begin at such events. If any parent / student receives information of such an event and that students of Lyceum International School will be attending it, the school authorities should be informed immediately.

(Please refer SHB1 page nos. 59, 64)

JEWELLERY

Silver or gold chains / black cords / jewellery worn around the neck for various religious reasons, should not be visible from the outside.

In such cases, students will be asked to remove the item. Therefore, please wear a long cord and conceal it by keeping the buttons of the uniform fastened.

Principal

TIPS FOR PARENTS : HOMEWORK THAT REALLY WORKS!

If you have children in secondary school, do you ever feel their evenings and weekends disappear under an avalanche of paper?

Homework is important for children to learn how to use research material and solve problems for themselves, but there are things parents can do to help them stay on top of it without burning themselves out before they are 18:

- * Make a cosy homework room or corner that is well-lit and has a comfortable desk and chair. Encourage kids to eat and drink before starting work.
- * Remind them that going to bed at a reasonable time is better than an extra hour of work when they are too tired.
- * Make a wall chart so they can note what homework is due and when.
- * Liaise with the school if you have any concerns.
- * Don't add to the tension by nagging about the state of their bedroom etc.
- * Allow them space to do nothing at all from time to time.



LUNCH BOXES



Dear parents,

In a fresh attempt to reduce garbage and keep the environment clean, please help us in the following manner ;

1. Buy a lunch box for your child, (preferably a stainless silver one. Plastic boxes may create health problems).
2. Send only the amount he/she can consume (No food should go waste).
3. Send a spoon and folk, so that water will be saved.
4. You are welcome to start this programme as soon as possible.

Thank you for your cooperation.

Principal

NURSERY TO GRADE 5

Please see to it that healthy food is sent as per the menu provided.



- | | |
|-----------|--|
| Monday | : Rice and curry OR boiled vegetables with an omelette/any grilled meat of choice + water. |
| Tuesday | : Soft coconut roti with seeni sambol/lunumiris/jam OR cheese and egg/fish sandwich + water. |
| Wednesday | : Milk rice with lunumiris + fresh fruit juice OR boiled cereals with coconut (green gram, chick peas, cowpeas). |
| Thursday | : Boiled sweet potatoes / manioc with coconut OR cheese and boiled vegetable sandwich + water. |
| Friday | : Samaposhha with a yoghurt OR boiled green gram /chick peas / cowpeas with coconut and fresh fruit juice. |



CHILDREN'S PAGE

The following are the writings with the fewest mistakes, from the entries received.
Please note that they are unedited.

My hero/heroine

A hero is a person who is a role model in a child's life. A hero is a person who would be the guiding star to a little boy or girl. A hero is a person who has a dynamic personality. My mother is my heroine who has all these qualities and is very kind to me.

My mother is my guiding star. She reminds me that the future is mine to make. She is so helpful in my studies, activities and she also spends much time with me telling about her wonderful childhood. She is amazing. I consider her as my best friend too.

Sometimes she is scolding me, but I know that she does it because she loves me a lot. I love her too. She is my mother and she is also like my first teacher. My mother is filled with wonders.

Sometimes I find myself thinking that she was sent to me by heaven. And I answer myself telling that maybe it is true. My heroine is so great.

I wish that you also have wonderful heroes and heroines. May they shine your future!

Navodi Silva
8B

~~Writter~~

An imaginary journey to Mars.

One night in February, 2015, I dreamt that I went to Mars. Believe me, I can still remember this dream. Anyways, the fact that I was an astronaut going to Mars and searching stuff, was astonishing.

So, I went to the rocket launching area and looked at the rocket. It was pretty huge. I felt myself getting a little excited and nervous. I walked up to the rocket, hopped into it and started the engine. "10, 9, 8..." went the count-downs and I was jumpy. Suddenly it started lifting off at full speed. It zoomed up and seconds later, it slowed down. I realized that I was in space.

Looking at the stars, I felt calmed. On one side of the Earth was Venus and the other side, Mars.

So I went near Mars, and looked closer. But while I moved, gravity on Mars pulled me. I didn't crash, but I landed hard.

I got out of the rocket, stepped on Mars and touched the ground. It was like red sand, dust and rocks. I stayed there examining it for 2 hours. But in the end I had to return to my own planet. Once landed, back on Earth, I woke up, shocked.

D. A. H. Buddhima
Gr: 8C

~~Writter~~

The Earth is my home


The Earth is the only place with amazing species. It is also the only planet in our Solar System with life on it.

It has beautiful sceneries, humongous waves, tall hills, fresh flowers and things so beautiful it's hard to believe it's true. It has 71% water and 29% land. Earth looks like a painting when you look at it from outer space. It is filled with sea water which we use in our day to day lives. Earth protects us from the sun which produces ultra-violet rays. This is possible because of the ozone layer covering the Earth.

Sadly, human pollution has caused the ozone layer to vanish. We are destroying the home which we live in. It gives us so much. So my dear friends, let us get together and save our home, the Earth.

Sanduni Manamperi
8A

~~Writter~~

EDUCATION
is the most 
POWERFUL WEAPON
which you can use to
CHANGE THE WORLD

NELSON MANDELA