



Message from our Founder **Mr. Mohan Lal Greero**

Each time the clock strikes midnight, one day becomes history and a new one begins. We can't go back, and we can't jump ahead. If you are like me, you see every new day as a chance to be all you can be.

So how do we keep from missing out on abundant life today? We can forget the past and stop worrying about the future. Make sure your focus is fixed during the first ten minutes of each new day. Behavioural scientists have discovered that the first ten minutes are often the most important part of the day. Why? Because the first ten minutes can set the course of the entire day! When we start the day with a positive attitude, most of the time we will end up having a positive day.

Joy and thankfulness don't just happen to us — we choose them! We may not feel happy or joyful, but when we act in happy, joyful ways, our choices will begin to respond to our feelings. Don't focus on what you haven't got — be grateful for what you have.

As you begin each day with a positive attitude, you will be sure to make the most of each and every new day.

INTERNATIONAL SCHOOLS CRICKET TOURNAMENT 2015 UNDER 15 CHAMPIONS !

The Lyceum International School Panadura under 15 Cricket team performed well to clinch all the following titles as well as to become Champions at the recently concluded under 15 Inter International Cricket tournament which was held on 23rd September at the Irrigation Grounds, Ratmalana. Lyceum Panadura beat Lyceum Wattala by 80 runs.

Final Scores

Lyceum Panadura – 247 for 4 wickets in 40 overs

Lyceum Wattala – 168 for 9 wickets in 40 overs



Special Award Winners

- Best Player of the Tournament** - Kalana Perera
- Man of the Final** - Chalaka Nallaperuma
- Best Batsman** - Kalana Perera
- Best Bowler** - Shayan Guruge
- Best Fielder** - Vishal Fernando

Congrats!



COMPULSORY PRINCIPAL - PARENT MEETINGS (GRADE-WISE)

Please note that attendance of all parents at the above meetings is compulsory. If you are unable to attend the meeting a valid note of excuse should be sent to the Principal prior to the meeting. Your cooperation in this regard is greatly appreciated. We believe that it is very important to have good communication between the school and the parents.

2015 ITOSU-RYU KARATEDO WORLD KARATE CHAMPIONSHIP (CALIFORNIA USA)

The above championship was held on 20th September, 2015 at the Soka University in California, USA. Participants from South Africa, China, Japan, Canada, Sri Lanka and many states from USA took part and our Golden girls from Lyceum Panadura won Gold, Silver and Bronze medals.



- Anumi Fernando (11+) - Kumite - Gold
Kata - Silver
- Menara Gamage (11+) - Kata - Gold
Kumite - Bronze
- Indima Seneviratne (Age 15) - Kata - Bronze
Kumite - Silver



MESSAGE FROM OUR COORDINATING PRINCIPAL

- * Please see to it that your child eats a healthy breakfast and comes to school. If he / she cannot have breakfast at home, please send some breakfast for the child to eat during the register marking period.
- * When you drop your child at school, please make sure your child has the bag and the water bottle in his / her hand.
- * Please make sure you send a very light weight raincoat in your child's bag.
- * Please see to it that boys comb their hair with a side parting. Girls' uniforms should be below knee level.
- * Make sure that the books are sent according to the timetable.

LIGHT OF ASIA 2015 - WINNERS

At the "Light of Asia - 2015" speech contest, two students from Lyceum International School Panadura became winners, bringing honour and glory to their alma mater.

Vishwa Ishuwara Punchihewa of Gr. 12 National (Science) A was awarded the second place in the Outstation Senior Category and Mevinu Shehastha Hettiarachchi of Gr. 5 A was placed third in the Outstation Basic Category.



**Vishwa
Punchihewa**



**Mevinu
Shehastha
Hettiarachchi**

*Well Done !!!
We are proud of your achievement !!!*

Dear parents,

SPORTS ACTIVITIES CONDUCTED BY OUTSIDE CLUBS

Please note that students are strictly not allowed to attend sports practices and other activities at external clubs without permission from the school.

Thank you,
Nikitha Grero
Director

PRIZE GIVING 2014 / 2015

Please refer the prize winners names list displayed on the notice board and check if the names are spelt correctly.

If there are corrections to be made, kindly inform Ms. Dilumini Guruge - Chief Co-ordinator, **on or before 6th November 2015.**

Details will be treated as finalized after the above date.

**SCHOOL PRIZE GIVING
(GRADES 6 TO 12)**

The Prize Giving will be held at the Aeolian Hall on 27th November 2015 for Grades 6 to 12. Donations are welcome. The donations will be utilized for the prizes.

When you hand in your contribution to Ms. Ajantha, please obtain an acknowledgment receipt. The last day for accepting your donations will be 10th November 2015. Only cash payments will be accepted. We look forward to your support and cooperation. Please note that the donors names will be printed in the Prize Giving souvenir.

MEMOS TO PARENTS & GUARDIANS

PHOTOGRAPHS OF LYCEUM STUDENTS

Photographs of Lyceum students should not be used for advertising purposes without written consent from the School Principal.

NURSERY TO GRADE 5

Please see to it that healthy food is sent as per the menu provided.

MENU FOR TERM 1

| | |
|-----------|---|
| Monday | - Boiled vegetables and a piece of fried/ grilled fish and a yoghurt |
| Tuesday | - Red rice with one vegetable curry and green leaves (mallum) |
| Wednesday | - Cheese and Egg Sandwiches or Fish sandwiches and a natural fruit drink (not fizzy drinks) |
| Thursday | - Any boiled gram with lunu miris/ fresh coconut and kola-kenda |
| Friday | - Red rice with one vegetable curry and green leaves (mallum) |

FROM THE NURSE

Parents who send a guardian to pick up their sick child from the Sick Room should send a note to the school nurse to hand over the child.

OPEN DAY FOR PARENTS

Wednesday (8.00 a.m. to 2.00 p.m.) will be an Open Day for parents to meet the Principal. On any other day, the Principal can be met only by appointment.

BIRTH CERTIFICATES

Please note that students should provide true copies of original birth certificates issued by the Birth Certificate Division of the Assistant Government Agent (AGA) Office when required for school purposes (including competitions / tournaments, etc.)

HOUSE T-SHIRTS

| | | |
|------------------|------------------|-----------------|
| XXS - Rs. 280/-, | XS - Rs. 300/-, | S - Rs. 330/-, |
| M - Rs. 340/-, | L - Rs. 350/-, | XL - Rs. 430/-, |
| XXL - Rs. 460/-, | XXXL - Rs. 460/- | |

AESTHETIC SUBJECT CHANGES

Please note that Aesthetic subject changes will not be approved after 15th October 2015.

REFUNDABLE DEPOSIT RECEIPT

Please keep this receipt carefully until your child leaves school, as without it we will not be able to refund your money.

FIELD TRIPS

All students are encouraged to participate in educational field trips organized by the school. If your child is not participating, please send a letter of excuse to the class teacher before the day of the field trip. Please note that a letter of excuse is compulsory

LYCEUM HOME STUDY TIME

Grades 1 to 5 : 1 hour

Grades 6 to 12 : 2 hours

First quarter : Studying and completing the day's work.

Second quarter : Preparing for the next day. (i.e. packing books according to the timetable etc.)

Third quarter : Reading (study books / story books)

Fourth quarter : Writing. If your handwriting is not good, do copy writing, or if handwriting is good, write small stories, poems, etc.

AFTER SCHOOL ACTIVITIES

Dear Parents,

Please note that parents should pick up their children on time, after school activities are over as per the relevant notices sent. This has been informed in order to ensure their safety.

EXTRA CURRICULAR ACTIVITIES

Transport and training is provided by the school. However, equipment must be brought by the students.

OL / AL EXAMINATIONS

Please remember to have your National Identity Card / Passport (which should be valid until July 2016 for Cambridge exams & 31st December 2016 for National Exams) and exam fees ready for Cambridge / National Ordinary Level / Advanced Level exams. **Kindly note that Postal ID is valid for O/ L only.**

**SRI SORATHA ENGLISH DHAMMA SCHOOL
WALANA, PANADURA**

The above Dhamma School re-opened on the 7th of September, 2015 for the new academic year.

Registration for new admissions will be accepted, till the end of October, 2015, on Saturdays at the temple office, after 9.00 a.m.

No admissions can be considered thereafter.

(Please note that 10 marks is added to the Religion paper from Grade 1 upwards for attendance at Religion School).

* Voluntary Dhamma Teachers are needed for Grades 1 to 4. Please come with your CV to the Dhamma School office on any Saturday after 9.00 a.m.

Congratulations

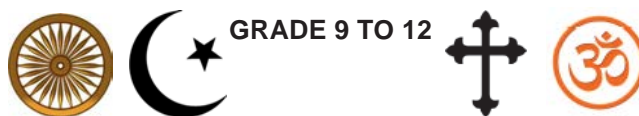
Sri Soratha English Dhamma School, Walana Panadura was placed 2nd in the All Island Dhamma Schools Dhamma and Abhidhamma Examination (English Medium) held on 27th June 2014.

Mineth Weerasinghe was placed 1st in the All Island Junior Part 11 Division and Iman Perera was placed 3rd in the All Island Senior Part 1 Division of the above examination.

ACTIVITIES DURING OCTOBER 2015

| Date | Event |
|------------------|---|
| 18 th | Inter House Athletic Meet Field Events |
| 20 th | First Examination Gr. 10X Best Speaker Contest Sinhala (Junior) - Finals |
| 21 st | First Examination Gr. 10X |
| 22 nd | First Examination Gr. 10X |
| 23 rd | First Examination Gr. 10X |
| 26 th | First Examination Gr. 10X Monthly Test Gr. 9N |
| 27 th | Multi Religious Programme |
| 28 th | First Examination Gr. 10X Monthly Test Gr. 1 - 9 |
| 29 th | First Examination Gr. 10X Monthly Test Gr. 1 - 9, 11 |

COMPULSORY MULTI RELIGIOUS PROGRAMME



GRADE 9 TO 12

The above religious programme for the Buddhist, Catholic, Christian, Islam and Hindu students of grades 9-12 will be held in the school premises.

Attendance is compulsory for all students, as they gain marks for participation at the Semester Examinations.

Date : **Tuesday, the 27th of October, 2015**
(Vap full Moon Poya Day)

Time : **7.30 a.m. - 12.00 noon**
(Please be present at the gate to collect your child sharp at 12 noon)

Venue : **School Auditorium**

Dress Code :

Buddhists :

Full white Sil dress with Uthuru Saluwa (Sash) and Pathkadaya (white handkerchief)

- Boys in the National dress

- Girls in the Lama-Saree

(If the above attire is not available, they should be dressed in full white dress with the Sash and the handkerchief).

Islam students :

- Boys should come in the white taupe or the school uniform with the Islam cap.

- Girls in the school uniform and the Hijab.

Catholic, Christian and Hindu students :

School Uniform (not the P.E. kit)

Things that should be brought :

A packet of lunch (a vegetarian meal) with a fruit for dessert ,a bottle of water, a plate and a spoon

Buddhist students should bring offerings (flowers, joss-sticks, oil, wicks, etc.) to offer at the shrine and a small mat or a yard of Polythene to sit on.

Important : Please make sure that your child has breakfast before coming for the programme.

Parents may send presents / pirikara to be offered to the Rev. Clergy by **Thursday, the 20th of October 2015** to the class teacher.

We look forward to your generous and kind cooperation.

Thank you.