



# THE LYCEUMER

## PANADURA

Ref : ADM/GD/CL/08112017

NOV/DEC -2017 ISSUE-244



### MESSAGE FROM OUR FOUNDER

Mr Mohan Lal Grero

Are you aware of your inner voice?

Have you ever noticed that there is a voice in your head that talks all day long? And have you ever seen how much it loves to judge? It judges how people look, the weather, religions, handicapped people, etc. But if you look closely, you will see that the person it loves to judge the most is you! If you are honest with yourself, you would see that you're unmercifully judgemental with yourself. You compare yourself to some mythical idea of what you think you should be and you always fall short. (There is no such thing as a perfect person). The foundation of your ideas about yourself and life were pretty well formed by the time you were six years old. So from a very early age, it's important that you motivate yourself to think positively about yourself. Jeffrey I. Moore uses these "affirmations for mornings" in his motivational training workshops,

1. I am thankful for today and I will cherish every moment.
2. Today I will move forward, grow and improve.
3. In moments of doubt, confusion and frustration I will focus on what I want and where I'm going.
4. I will acknowledge the positive things in everyone I talk to.
5. I will strive not to be comfortable but to be useful.
6. Today, I will give love and push through pain.
7. I am thankful to be here, right now, today.
8. I am committed to my goals and my most positive habits.
9. I recognize and am excited about the possibilities in my life.
10. My life matters and what I do makes a difference.

I hope you will start this practice early in your life. Feel free to add your own positive declarations to this list. Remember that whatever the mind can conceive, it can achieve.

School will close on 8<sup>th</sup> December 2017  
and re-open  
for the teachers on 2<sup>nd</sup> January 2018  
and  
for the students on 3<sup>rd</sup> January 2018



### UPCOMING EVENTS

## JANUARY, 2018

LYCEUM PANADURA



- Jan 2<sup>nd</sup> - School reopens for teachers
- Jan 3<sup>rd</sup> - School reopens for students
- Jan 6<sup>th</sup> - Build up Events - Cricket LP vs LN  
( Prefects Match /Teachers Match/ Alumni Match)
- Jan 8<sup>th</sup> - O/L Subject selection meeting
- Jan 10<sup>th</sup> - Best Speaker Contest Sinhala Senior - Semi Finals
- Jan 11<sup>th</sup> - A/L Subject selection meeting
- Jan 18<sup>th</sup> - Best Speaker Contest Sinhala Senior-Final
- Jan 19<sup>th</sup> - Meeting with Parents - Gr.1
- Jan 22<sup>nd</sup> - Concert Rehearsal - Gr 7 to 9

- Jan 26<sup>th</sup> - Concert Gr 7 to 9  
- Monthly Test Gr. 9N & 10N
- Jan 29<sup>th</sup> - Monthly Test Gr. 1-10
- Jan 30<sup>th</sup> - Best Speaker Contest English Senior-Semi finals Gr. 6 to 8  
- Monthly Test Gr. 1-10

### FAREWELL TO MRS.DILHARA J. AMERESEKERE OUR BELOVED PRINCIPAL



“Thank You” is a small word for her services, dedicated work and untiring efforts towards the upliftment of the school. She inspired the students & motivated them in so many ways. We sincerely appreciate everything she did for our school and wish her all the very best.

# MEMOS



## PRIZE GIVING 2016/2017

The Annual Prize Giving Ceremony for the 2016 / 2017 Academic year was held on 24<sup>th</sup> of November 2017, in the School Auditorium. Air Chief Marshal W.D.R.M.J. Goonetilleke (RWP & bar, VSV, USP, ndc, psc.) was the Chief Guest while Mr. Harinda Fonseka was the Guest of Honour.

Our Principal, Ms.Dilhara Ameresekere presented a comprehensive report of the school's achievements and activities, during the past year after which the teachers were felicitated for their services.

Prize winners and other inspirational achievers were awarded prizes, attended by a large gathering of parents, and well wishers.



### SINHALA KAVI COMPETITION 2017/2018 (SENIOR)

The semi-finals of the above competition will be held on 6<sup>th</sup> February 2018. Students who wish to participate, should get the details from the relevant subject teachers on or before 22<sup>nd</sup> January 2018.

### BEST PREFECT OF THE MONTH NOVEMBER

Dilsha Windsor of Gr.11-Sci. B has been selected as the **Best Prefect** for the Month of November 2017.



## JUNIOR PREFECTS INDUCTION CEREMONY 2017/2018

The Junior Prefects Induction Ceremony for the academic year 2017/2018 was held on the 4<sup>th</sup> of October, 2017. Prefects undertake numerous responsibilities and assist in the day to day and special occasions of the school. All students are required to co-operate with the Junior Prefects.



Adriel Fernando  
Akithma Aponsu  
Akithma Silva  
Chamathka Samaradiwakara  
Devuja Weerakoon  
Dineth Rathnaweera  
Dinya Wijeratna  
Disuni Jayasekara  
Hasandi Suraweera  
J.D.M. Raaid  
Kaushali Fernando

Kavindra Perera  
K. D. Chiara  
Kehan Perera  
Kethaka Costa  
Linali Andrea  
Maheli Minsandi  
Methvindi Rathnasiri  
Minanga Kumaranayake  
Minuthi Gamage  
Nuthara Karunarathna  
Posondie Wethalawe

Samiru Alwis  
Sasheeva Abeywickrama  
Sineja Anaveratna  
Sinethma Sirimanna  
Subathee Wijesekara  
Tharani De Silva  
Thevindu Weeraratne  
Thimanya Ransiluni  
Thinaya Jayarathna  
Upethma Perera  
Yenul Perera



# MEMOS



## NEW YEAR, NEW TREE

*“The best time to plant a tree was 20 years ago. The second best time is now.”*

– Chinese proverb

In a world so affected by climate change and deforestation, why not plant a tree in the New Year as a gift to our future generations? If you do not have a garden, plant one in a family member’s garden. Remember, we may not be able to change the past, but we can certainly change the future.



## CONTAGIOUS DISEASES MESSAGE OF HIGH IMPORTANCE

If your son/daughter is suffering from any infectious/contagious disease (sore eyes, viral flu, etc.), please refrain from sending her/him to school until she/he has fully recovered.

## DAILY CHECKLIST FOR PARENTS

Could all parents please check the following every day, before your child leaves for school?

- \* The hair should be neatly combed.
- \* The collar should be in place and neat.
- \* The belt should not sag and both ends must be secured (girls).
- \* Grey socks should be worn reaching four inches above the shoe level.
- \* The shoes should be clean, polished and fully black.
- \* The girls' uniform should be long enough to reach the knees and boys' trousers should be worn above the hip level (just below the waist). Boys in Grade 6 and above should wear a black belt with a very simple buckle.



## ATTENDANCE

**Amendment to Rule  
'Attendance and  
Absence'-page No. 26  
in SHB 1**

Please note that the above mentioned rule has been changed to the following with immediate effect.

**"A doctor's note is required when a student is sick or absent for 2 consecutive days or more".**

**Attendance**

## OUTSTANDING CAMBRIDGE LEARNER AWARDS- JUNE 2017



Sadali Wanniarachchi  
**Top in Country-French O/L  
Teacher**  
Ms.Shanika Abeyrathna



Sadara Randini Fernando  
**Top in Country-Business A/L  
Teacher**  
Ms.Shashikala Kularatne

## GRADE 10 & 12 CAMBRIDGE STUDENTS-NIC

Please get all the Grade 10 students to apply for the National Identity Card / Postal Identity card/ Passport and Grade 12 students to apply for the National Identity Card / Passport valid until December 2018



Reshan Ranil Ferdinando



Ruvindu Chandradasa



Dillon Anthony Amarasinghe



Kahawalage Manumi  
Chamodya Perera



Pasadi Litara Devapura



Tishan Lakminu Wijetunga

***Congratulations & Best wishes to our students and a sincere note of appreciation to all our teachers for your dedicated efforts.***

## ENTRY INTO AL CLASSES AT LYCEUM

All O/L students should obtain at least “C” Grades (for subjects) and their discipline should be immaculate to proceed to AL at School.

# MEMOS



## ANNUAL SINHALA BEST SPEAKERS CONTEST (SENIOR) 2017/2018(Gr. 6-12)

	Semi Finals	Finals
<b>Date</b>	: 10 <sup>th</sup> January 2018	- 18 <sup>th</sup> January 2018
<b>Time</b>	: 2.15 p.m.	- 2.15 p.m.
<b>Venue</b>	: School Auditorium	- School Auditorium

\*. The Participants will have to deliver the original Speech, which they have previously prepared.

The timing for speeches is given below.

Grade	Minimum Time	Maximum Time
6, 7 & 8	1 minute	2 1/2 minutes
9 & above	2 1/2 minutes	3 1/2 minutes

Students who wish to take part in this contest, should contact the respective Sinhala teacher, obtain an Entry form and return it duly completed to the same teacher, on or before Friday 8<sup>th</sup> December 2017.

\*. Please note that no separate notices will be sent to students.

## ANNUAL INTER HOUSE ENGLISH DEBATING CHAMPIONSHIP -2017/ 2018 RESULTS OF THE FINALS

Date : Wednesday, 1<sup>st</sup> November, 2017  
Time : 3.00 p.m.  
Venue : Auditorium (LIS-Panadura)

**Champions :** Cetus House ( 977.5)  
**Runners Up:** Ursa House ( 929)

The topic for Finals:

**“Economic Development is more important than protecting the environment”**

### CETUS HOUSE (Proposing/for)

**Team :** 01. Himershi Galgepitiya (Captain)  
02. Navindu De Silva (Vice Captain)  
03. Pramudi Perera  
04. Piyathi Pamaya

**Reserves:** 01. Devni Jayawardhana  
02. Sineja Anawaratne

### URSA HOUSE (Opposing/Against)

**Team :** 01. Johan Fonseka (Captain)  
02. Anjelo Leard (Vice Captain)  
03. Anargi Wijekularatne  
04. Poojanie Weerasena

**Reserves:** 01. Nethmini Perera  
02. Rehana Rubin



**Navindu De Silva (Cetus House)  
Grade 12 Cambridge (Science) A**

## GRADE 4 CONCERT

### “ TWILIGHT FIESTA ”

The grade 4 students took part in their Annual Concert on 9<sup>th</sup> November, 2017 . It was a very colourful and entertaining evening which kept the audience spellbound.



## GRADE 3 CONCERT

### “ INTO THE JUNGLE ”

An evening of entertainment with a lot of confidence and enjoyment by our little stars was held on the 20<sup>th</sup> November 2017, at the Auditorium , in the main School.



## CAREER DAY 2017

The Annual Career Day was held on 15<sup>th</sup> November 2017 at the school auditorium. Representatives from over 29 prestigious Universities & Higher Educational Centers participated in this event. The event gives a unique opportunity for parents & students to review the wide range of higher education opportunities available as well as the facilities, scholarships, fees structure and other details of such options.

We thank everyone who helped us make this event a huge success.





# MEMOS



## MULTI RELIGIOUS PROGRAMME

(Grade 5-8)

The above programme was successfully held for the Buddhist, Christian, Catholic, Islam and Hindu students in grades 5 to 8, at the premises of the main school on the 3<sup>rd</sup> of November 2017 (Il Full Moon Poya day).

The community of Buddhist students got the opportunity of witnessing two significant meritorious deeds on the same day.

A special wooden chair (Dharmasana) was offered to Ven. Unakuruwe Ariyadhaja Thero, Dhamma teacher in Lyceum International School, Panadura by Mrs.Sashikala Kanchana Kumari (a teacher in the staff) with utmost reverence.

A large Samadhi Buddha statue was offered to the school by a donor, Mrs. Leela Nanayakkara in memory of her beloved daughter late Ms. Thushari Nanayakkara.

We would like to extend our sincere thanks with gratitude to Ven. Unakuruwe Ariyadhaja Thero for the guidance given by him and special thanks to Mrs.Sashikala & Mrs. Nanayakkara for the generous offerings. We wish them all merits of these pious deeds.



## NOTICE TO ALL ABSENTEES OF THE MULTI RELIGIOUS PROGRAMME-2017/2018

All absentees in grades 5 to 12 who could not participate in the **Multi Religous Programmes** held during the academic year 2017/2018 can participate in the next programme, (on the 31<sup>st</sup> January 2018) provided they have got permission from the Principal by forwarding an excuse letter with a valid reason.

They are also responsible to meet the respective teacher who is on duty/ the religion teacher and update the attendance.

***Please note that the next programme which is scheduled to be held on the 31<sup>st</sup> of January 2018, will be the last Multi Religious programme scheduled to be held during the 2017/2018 Academic year.***

## MULTI RELIGIOUS PROGRAMME (Gr. 1-4)

The above religious programme is scheduled to be held for all students in grade 1 to 4 as follow :

**Date** : Wednesday the 31<sup>st</sup> of January 2018  
(Navam Full Moon Poya Day)  
**Time** : 7.30 a.m.- 12.00 noon  
**Venue** : The premises of the main school

## “ LIGHT OF ASIA - 2017 ”

### SPEECH CONTEST WINNERS

Himash Kavindu Pranavithana of Grade 9 Cambridge (Science) B obtained the third place (Outstation-Primary Category) and Ranse De Silva Devanarayana of Grade 10 Cambridge (Commerce) B obtained the fifth place (Outstation -Junior Category) at the “ **LIGHT OF ASIA - 2017** ” speech contest organized by the Y.M.B.A. Colombo, and brought honour and glory to their alma mater.

## WE ARE PROUD OF YOUR ACHIEVEMENTS !

### ANNUAL ENGLISH BEST SPEAKERS CONTEST. 2017 / 2018 (SENIOR) -GRADE 6-12

The Semi Finals of the Annual English Best Speakers Contest - 2017/2018 (Senior) will be held on Tuesday, the 30<sup>th</sup> of January, Thursday, the 01<sup>st</sup> and Monday, the 05<sup>th</sup> of February, 2018 and the finals will be held on Tuesday the 20<sup>th</sup> of February, 2018. The participants will have to deliver an original speech, which they have previously prepared. Semi-Finalists will be selected from class rounds which will be held during their respective Effective Speech periods, commencing from Monday, the 15<sup>th</sup> of January, 2018. To qualify for the Semi-Finals, a contestant should have to score a minimum of 80 marks. Depending on the grade, the best 20-30 participants will be selected for the semi-finals. The timing for the speeches is given below.

Grade	Minimum Time	Maximum Time
6, 7 & 8	1 minute	2 1/2 minutes
9, 10, 11 & 12	1 1/2 minutes	3 1/2 minutes

Students who wish to take part in this contest, should contact the respective Effective Speech Teacher, obtain an Entry Form and return it duly completed to the same teacher, **on or before Tuesday, the 9<sup>th</sup> of January, 2018.**

#### Teacher in charge :

Mr. Rohan Mendis	(Grades 11 &12)
Ms. Sandeepani Arthasad	(Grades 10)
Ms. Nafla Ikram	(Grade 9)
Mr. Delal Kahandawela	(Grade 8)
Ms.Nishani Goonewardene	(Grade 7)
Ms.Randini Ambagahawita	(Grade 6)

**Please note that separate notices will not be sent to students.**

# SPORTS



## INTERNATIONAL SCHOOLS SWIMMING CHAMPIONSHIP 2017/2018

### UNDER 10 BOYS

#### **Thisen Damsilu**

50 M	Breast Stroke	- 50.57	- 2 <sup>nd</sup> Place
200 M	IM	- 3.30.57	- 2 <sup>nd</sup> Place
100 M	Free Style	- 1.28.50	- Qualified

#### **Lithum Devvin**

50 M	Free Style	- 38.93	-Qualified
50 M	Butterfly Stroke	- 48.48	-Qualified

#### **Gayuka Ariyaratne**

50 M	Free Style	- 41.64	-Qualified
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### UNDER 10 GIRLS

#### **Lakshi Wijesinghe**

50 M	Butterfly Stroke	- 52.27	-Qualified
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### UNDER 12 BOYS

#### **Bihan Sudusinghe**

200 M	IM	- 3.07.10	-2 <sup>nd</sup> Place
50 M	Back Stroke	- 41.34	-Qualified
100 M	Free Style	-1.16.15	-Qualified

#### **Ginura Karunaratne**

50 M	Free Style	- 34.09	-Qualified
50 M	Butterfly Stroke	-41.28	-Qualified
100 M	Free Style	-1.16.43	-Qualified

#### **Binada Sudusinghe**

50 M	Breast Stroke	- 44.71	-Qualified
50 M	Butterfly Stroke	-40.85	-Qualified
200 M	IM	- 3.14.65	-Qualified

### UNDER 12 GIRLS

#### **Sanulie Vidanage**

50 M	Breast Stroke	- 47.74	-Qualified
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### UNDER 14 BOYS

#### **Kehan Perera**

50 M	Breast Stroke	- 38.12	-3 <sup>rd</sup> Place
100 M	Breast Stroke	- 1.27.93	-3 <sup>rd</sup> Place

#### **Dulhan Wijeyeweere**

100 M	Back Stroke	-1.28.03	-Qualified
200 M	Free Style	- 2.45.73	-Qualified

### UNDER 14 GIRLS

#### **Thinaya Jayaratne**

50 M	Breast Stroke	- 39.49	-1 <sup>st</sup> Place
100 M	Breast Stroke	- 1.28.82	-1 <sup>st</sup> Place
50 M	Free Style	- 31.47	-2 <sup>nd</sup> Place
4x50 M	Medley Relay	- 2.34.40	-2 <sup>nd</sup> Place
4x50 M	Free Style Relay	- 2.15.12	-2 <sup>nd</sup> Place



Thinaya Jayaratne



#### **Hiruni Fernando**

100 M	Butterfly Stroke	- 1.25.79	- 3 <sup>rd</sup> Place
50 M	Butterfly Stroke	- 38.21	- Qualified
200 M	IM	- 3.07.85	- Qualified
4x50	Medley Relay	- 2.34.40	- 2 <sup>nd</sup> Place
4 x 50 M	Free Style Relay	- 2.15.12	- 2 <sup>nd</sup> Place

#### **Dewni Fernando**

50 M	Free Style	-34.15	- Qualified
50 M	Back Stroke	- 39.76	-Qualified
100 M	Back Stroke	- 1.26.47	- Qualified
4x50 M	Medley Relay	-2.34.40	-2 <sup>nd</sup> Place
4x50 M	Free Style Relay	-2.15.12	- 2 <sup>nd</sup> Place

#### **Sanulya Jayathunge**

50 M	Breast Stroke	- 45.85	-Qualified
200 M	Free Style	- 2.54.80	- Qualified
4x50 M	Medley Relay	- 2.34.40	- 2 <sup>nd</sup> Place

#### **Sinethma Sirimanne**

100 M	Breast Stroke	- 1.38.48	- Qualified
4x50 M	Free Style Relay	- 2.15.12	- 2 <sup>nd</sup> Place

### UNDER 16 BOYS

#### **Vinuka Karunaratne**

50 M	Breast Stroke	- 38.05	-Qualified
100 M	Breast Stroke	- 1.27.32	-Qualified



### UNDER 16 GIRLS

#### **Dulanya Perera**

200 M	Free Style	- 2.32.19	-1 <sup>st</sup> Place
50 M	Butterfly Stroke	- 35.20	-Qualified
100 M	Free Style	- 1.09.76	-Qualified

#### **Sandani Tennakoon**

200 M	IM	- 3.10.03	-3 <sup>rd</sup> Place
50 M	Butterfly Stroke	- 37.30	- Qualified
100 M	Butterfly Stroke	- 1.28.11	- Qualified

#### **Senithi Dahanayake**

100 M	Back Stroke	- 1.27.90	- Qualified
200 M	Free Style	- 2.50.27	- Qualified

#### **Tharushi Fernando**

50 M	Breast Stroke	- 46.53	-Qualified
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### OVER 16 BOYS

#### **Sheran Nanayakkara**

200	Free Style	- 2.21.20	-3 <sup>rd</sup> Place
100	Free Style	- 1.01.83	- Qualified

#### **Sasith De Zoysa**

100 M	Back Stroke	- 1.29.17	- Qualified
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### OVER 16 GIRLS

#### **Dulya Wijeratne**

100 M	Butterfly Stroke	- 1.40.91	- Qualified
200 M	Free Style	- 3.05.08	- Qualified

# SPORTS

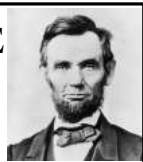


## OFFICIAL RESULTS

Date: 29<sup>th</sup> July 2017 Venue : Sugathadasa Indoor Stadium - Colombo

Name	Age Group	Level	Individual Kata	Individual Kumite	Team Kata	Team Kumite
Dinuja Metusara	7 Years	L-1	Gold	Gold	-	-
Thejan Siriwardena	6-7 Years	L-1	-	Gold	-	-
Jithula Herath	6-7 Years	L-1	-	Gold	-	-
Linal Abeyssekara	8-9 Years.	L-2	Bronze	Silver	-	-
Dinaya Welitharage	8-9 Years.	L-2	-	Silver	-	-
Nuwini Dinbara	8-9 Years.	L-2	-	Silver	-	-
Vikum Dimbukkuwalage	8-9 Years	L-2	-	Silver	-	-
Sakith Edhirisooriya	8-9 Years	L-2	-	Silver	-	-
Yasiru Wadeesha	9 Years	L-2	Silver	-	-	-
Wihana Windudi	6-7 Years	L1.C	Bronze	-	-	-
J.D.M. Amir	10 Years.	L-3	-	Silver	Gold	Gold
I. Banuja Liyanagoda	10 Years	L-3	-	Bronze	Gold	Gold
Lithira Kalubowila	10 Years	L-3	Silver	Silver	Gold	-
Tevin Gamage	11 Years	L-2	-	Silver	Silver	-
Thevindu Weerathna	13 Years	L-3	Gold	Bronze	-	-
J.D.M. Ammar	13 Years	L-3	Silver	Bronze	-	Bronze
Suravi Herath	11 Years	L-2	-	Bronze	Silver	-
M. Aadil Raheem	12 Years	L-2	Silver	Bronze	-	-
Praveen Dimbukkuwalage	11 Years	L-2	-	-	Silver	-
Erosh Fernando	10 Years	L1.W	-	Bronze	-	-
Manuth Perera	10 Years	L-2	-	Bronze	-	-
Poojana De Silva	12 Years	L-1	-	Bronze	Gold	Silver
Manindu Herath	12 Years	L-1	-	-	Gold	Silver
Senuka Navarathna	12 Years	L-1	-	-	Gold	Silver
Vishan Joesph	11 Years	L3 & L4	-	Bronze	-	-
Savindu Herath	11 Years	L-1	-	-	-	Bronze
M.R Azeem Ahamed	11 Years.	L-1	-	-	-	Bronze
Umar Shakeel	11 Years	L3 & L4	-	-	-	Gold
J.D.M. Raaid	13 Years	L3 & L4	-	-	-	Bronze

**“ WHATEVER YOU ARE  
BE A GOOD ONE**  
*Abraham Lincoln*



# Congratulations

# SPORTS



Name	Age Group	Level	Individual Kata	Individual Kumite	Team Kata	Team Kumite
Vidun Welitharage	13 Years	L3 & L4	-	-	-	Bronze
Nisila Randiv	12 Years	L-1	-	Gold	-	-
Anumi Fernando	13 Years	L-4	Gold	Gold	-	Silver
Menara Gamage	13 Years	L-4	Silver	Silver	-	Silver
Methwindi Rathnasiri	12 Years	L-2	Silver	-	-	Silver
Desandi De Soysa	10 Years	L-2	Silver	-	-	-
Jawda Jawzi	10 Years	L-2	-	Gold	-	-
Indi Gammanpila	12 Years	L-2	-	Bronze	-	Silver
Sandiv Direcksze	14-15 Years	L-4	Silver	Bronze	Gold	Silver
Sithira Tennakoon	16-17 Years	L-4	Silver	Bronze	Gold	-
Chanodh Liyanagoda	14-15 Years	L-4	-	Bronze	Gold	Silver
N. Sandinu Welitharage	16-17 Years	L-4	-	-	Gold	Silver
Reshan Ferdinando	16-17 Years	L-4	-	-	Gold	Silver
H.K. Dulan Nimlaka	14-15 Years	L-4	-	-	Gold	Silver
Ruveen Hemachandra	14-15 Years	L-2	-	Gold	-	-
Supun Kalahara	14-15 Years	L-3	Silver	-	-	-
Chethiya Wijethunga	16-17 Years	L2 & L3	-	Silver	-	-
Tharusha Jeewananda	14-15 Years	L-4	-	Silver	-	-
Vikusha Cooray	14-15 Years	L3 & L4	-	-	-	Bronze
Benul Abeyssekera	14-15 Years	L3 & L4	-	-	-	Bronze
Chaniru Warnakulasuriya	14-15 Years	L3 & L4	-	-	-	Bronze
Benadhi Gamage	16-17 Years	L-4	Gold	Gold	-	-
Upekshani Indima	16-17 Years	L-3	Silver	Gold	-	-
Rochelle Cooray	14-15 Years	L-3	Silver	-	-	-
Sansindi Jayathunge	14-15 Years	L-2	Bronze	Bronze	-	-

**Congratulations**

## ALL ISLAND SCHOOL GAMES-2017

Held from 11<sup>th</sup> to 14<sup>th</sup> October 2017 at Mahinda Rajapaksha Stadium-Diyagama

### Under 12 Boys

Anuk Kathriarachchi - Long Jump - 3<sup>rd</sup> Place (4.75 M)

### Under 18 Boys

Tivindu Perera - 110 M Hurdles - ( 14.94 Sec.)  
- (Colours Achievement Standard)

**Congratulations**

## ECO BAG

Lyceum International School introduced an eco-friendly bag to support the school's vision of going green and contributing towards Sri Lankan vision to be an environmentally friendly nation. The eco-bags are available at the Reception and the Media Unit priced at Rs. 350/-.

**Hurry and get your one today!**





# SPORTS



## 8<sup>th</sup> INTERNATIONAL SCHOOLS KARATE CHAMPIONSHIP 2017-Results

Date- 22<sup>nd</sup> & 23<sup>rd</sup> October 2017

Venue - Sugathadasa Indoor Stadium

Name of the Student	Level	Age Group	Achievement			
			Individual Kata	Individual Kumite	Team Kata	Team Kumite
Mariyam Jezmi Dastakeer	Level 1	Under 07	Bronze	-	-	-
Thejan Siriwardena	Level 2	Under 08	Silver	-	Gold	-
Diluja Suhan	Level 2	Under 08	-	-	Gold	-
Jithula Herath	Level 2	Under 08	-	-	Gold	-
Kevan Srinama	Level 1	Under 09	Silver	-	-	-
Dinaya Welitharage	Level 2	Under 10	Silver	-	-	-
Linal Abeyesekere	Level 3	Under 10	Bronze	-	Silver	-
Yasiru Pussallage	Level 4	Under 10	Silver	-	Silver	-
Sakith Edirisuriya	Level 2	Under 10	-	-	Silver	-
Pahan Peiris	Level 2	Under 11	Silver	Silver	-	-
Tevin Gamage	Level 4	Under 11	Silver	Bronze	-	-
Lithira Kalubowila	Level 4	Under 11	Bronze	-	-	-
Manuth Perera	Level 2	Under 11	-	Bronze	-	-
Suravi Herath	Level 3	Under 11	-	Gold	-	-
Imadh Hussain	Level 2	Under 11	-	Silver	-	-
Praveen Dimbukkuwalage	Level 3	Under 11	-	Silver	-	-
Tharun Dissanayake	Level 3	Under 11	-	Gold	-	-
Kisath Edirisuriya	Level 2	Under 13	-	Bronze	-	-
Desandi De Soyza	Level 3	Under 11	Gold	Gold	-	Bronze
Jawda Jawzi	Level 4	Under 11	Gold	Gold	-	Bronze
Banuja Liyanagoda	Level 4	Under 12	Bronze	Silver	-	-
J.D.M. Aamir	Level 4	Under 12	-	Bronze	-	-
Umar Shakil	Black	Under 12	-	Gold	-	-
Sanuka Wettasinghe	Level 2	Under 12	-	Silver	-	-
Vishan Joseph	Level 4	Under 12	-	Bronze	-	-
Sadinma Ekanayake	Level 1	Under 12	-	-	-	Bronze
Poojana De Silva	Level 1	Under 13	Silver	Silver	-	-
Raaid Jawzi	Level 4	Under 13	Bronze	Bronze	-	-
Manindu Herath	Level 1	Under 13	-	Bronze	-	-
NIсила Kakilaarachchi	Level 1	Under 13	-	Silver	-	-
Methvindi Ratnasiri	Level 3	Under 13	Gold	Bronze	-	-
Indi Gammanpila	Level 2	Under 13	-	Bronze	-	-
J.D.M. Ammar	Level 4	Under 14	-	Silver	-	-
Raveen Dimbukkuwalage	Level 3	Under 14	-	Silver	-	-
Rochelle Cooray	Level 4	Under 16	Silver	Silver	-	-
Supun Kalhara	Level 2	Under 16	Silver	-	-	-
Sandive Direksze	Level 4	Under 16	Gold	-	Silver	-
Chanodh Liyanagoda	Black	Under 16	Gold	-	Silver	-
Dulan Fernando	Black	Under 16	-	-	Silver	-
Ruween Hemachandra	Level 1	Under 16	-	Bronze	-	-
Vikusha Cooray	Black	Under 16	-	Bronze	-	-
Sithira Tennakoon	Black	Under 18	Bronze	-	-	-
Indima Seneviratne	Black	Under 18	Bronze	Bronze	-	-

**Congratulations**

**Age Group Championship -**

**Tharun Dissanayake - 12 points [ Under 11 Champion ]**

**Congratulations**



**Tharun Dissanayake**

## KALUTARA DISTRICT KARATEDO CHAMPIONSHIP

**Date - 16<sup>th</sup> & 17<sup>th</sup> September 2017**

**Venue - Pasdunrata Educational Faculty, Kalutara**

Name	Age Group	Individual Kata	Individual Kumite
Benul Abeyssekara	14-15	-	2 <sup>nd</sup> Place
Kisara Manimelwadu	14-15	3 <sup>rd</sup> Place	-
Dulan Fernando	14-15	-	1 <sup>st</sup> Place
Sandive Direcksze	14-15	3 <sup>rd</sup> Place	2 <sup>nd</sup> Place
Supun Kalhara	14-15	3 <sup>rd</sup> Place	-
Tharusha Jeevananda	14-15	-	2 <sup>nd</sup> Place
Sithira Tennakoon	16-17	2 <sup>nd</sup> Place	-
Naveen Direcksze	16-17	-	2 <sup>nd</sup> Place
Benadhi Gamage	14-15	3 <sup>rd</sup> Place	2 <sup>nd</sup> Place
Sithum Dimbukkuwalage	14-15	2 <sup>nd</sup> Place	2 <sup>nd</sup> Place
Chanodh Liyanagoda	14-15	1 <sup>st</sup> Place	2 <sup>nd</sup> Place
Chethiya Wijethunga	14-15	3 <sup>rd</sup> Place	3 <sup>rd</sup> Place

**Congratulations**



## WESTERN PROVINCE KARATEDO CHAMPIONSHIP

**Date - 30<sup>th</sup> October 2017**

**Venue - Sugathadasa Indoor Stadium**

# KARATE

Name	Age Group	Individual Kata	Team Kata
Dulan Fernando (11 Sci A)	14-15	-	2 <sup>nd</sup> Place
Sandive Direcksze (11 Sci B)	14-15	-	2 <sup>nd</sup> Place
Chanodh Liyanagoda (11 Nat Sci A)	14-15	<b>Best Eight</b>	2 <sup>nd</sup> Place

**Congratulations**

## NATIONAL KARATEDO CHAMPIONSHIP 2017

The above Tournament was held on the 11<sup>th</sup> of November 2017 at Sugathadasa Indoor Stadium. Our Students were placed 3<sup>rd</sup> in the Team Kata (14 - 17 years) Event out of 15 participating schools.

- \* **Chanodh Liyanagoda** (11 Sci A)
- \* **Sandive Direcksze** (11 Sci B)
- \* **Dulan Fernando** (11 Nat Sci A)



**Congratulations !!**

## SIR JOHN TARBET JUNIOR ATHLETIC CHAMPIONSHIP-2017

Held from 8<sup>th</sup> to 10<sup>th</sup> November 2017

At Mahinda Rajapaksha Stadium - Diyagama

### UNDER 12 BOYS

Anuk Kathriarachchi- Long Jump - 1<sup>st</sup> Place ( 5.03M)  
- 4x100 M- Merit Certificate

Shalom Mendis - 4x100 M - Merit Certificate  
Shaluka Matheesha - 4x100 M - Merit Certificate  
Senuth Gamage Don- 4x100 M - Merit Certificate



**Anuk Kathriarachchi**

# Congratulations

### UNDER 13 BOYS

Razwin Carrim - Long Jump - 3<sup>rd</sup> Place (5.13 M)  
- 100 M - Merit Certificate  
- 100 M - Merit Certificate

Sandes Fonseka - High Jump - Merit Certificate  
- 80 M Hurdles - Merit Certificate  
- 100 M - Merit Certificate

## INTER HOUSE KARATE TOURNAMENT 2017/2018

The Inter House Karate Tournament will be held on the 17<sup>th</sup> of February 2018 at the auditoriam. Selection will be held on the 11<sup>th</sup> January 2018 for all 4 Houses at St.John's Church Panadura,The Schedule is as Follows.  
Venue - St John's Church Hall, Panadura

Birth Year	Age Group	Time
2012 - 2013	Under - 7	1.30 p.m - 3.00 p.m
2010 - 2011	Under - 9	2.00 p.m - 4.00 p.m
2008 - 2009	Under - 11	3.00 p.m - 6.00 p.m
2006 - 2007	Under -13	3.00 p.m - 6.30 p.m
2004 - 2005	Under -15	4.00 p.m - 7.00 p.m
2002 - 2003	Under - 17	4.00 p.m - 7.00 p.m
2000 - 2001	Under - 19	4.00 p.m - 7.00 p.m



Please pick your child from the venue after the selection.

## INTERNATIONAL SCHOOLS UNDER 15 (GIRLS / BOYS) BASKETBALL TOURNAMENT 2017/2018

Lyceum Panadura Girls Basketball Team Became  
2<sup>nd</sup> Runner up

Date - 13<sup>th</sup> November 2017

Venue - Gateway College,Colombo

Evmi Silva - 10 Sci A -Captain  
Rochelle Cooray - 10 Sci C  
Shenuri Mendis - 10 Com A  
Sanduni Pelawatta - 10 Com A  
Nishel Dissanayake - 10 Com B  
Vindi Perera - 9 Sci A  
Thamasha Gunawardane - 9 Nat B

Thisumi Sahansa - 9 Nat A  
Sadithma Nanayakkara - 9 Sci A  
Yeshitha Handapangoda - 9 Sci A  
Shanaya Tharinsa - 9 Sci A  
Sonali Neethya - 9 Sci B  
Movindi Weerakkody - 9 com B  
Pramodya Sooriyabandara - 9 Com B  
Akithma Silva - 8D

**Congratulations**



## SRI LANKA SCHOOLS UNDER 13 CRICKET TOURNAMENT DIVISION III 2017

Lyceum Panadura won all 1<sup>st</sup> Round Matches in the Sri Lanka schools Under 13 Cricket Tournament Division III

### Special Performance :

\* Played Against Uggalboda Vidyalaya,Kalutara.

Yeshith Kalupahana ( 9 Nat B) - 217 Not Out 1<sup>st</sup> innings  
- 107 Not Out 2<sup>nd</sup>innings

Nethan Liyanage ( 9 Sci A) - 107 Not Out 1<sup>st</sup> inning



Yeshith Kalupahana ( 9 Nat B)

**Congratulations**



## VACATION CLASSES - DECEMBER. 2017

Date	Time		Class/s	Subject	Venue
	From	To			
11/12/2017 (Monday)	8.30am	12.00nn	12 Sci A & B	Physics	Athenaeum 2 <sup>nd</sup> Fl.
11/12/2017 (Monday)	8.00am	10.00am	10 Com A & B	Accounts	Athenaeum 2 <sup>nd</sup> Fl.
11/12/2017 (Monday)	10.00am	01.00pm	11 Cambridge	Comp. Sci.	Senior IT Lab
12/12/2017 (Tuesday)	8.30am	12.00nn	12 Sci A & B	Physics	Athenaeum 2 <sup>nd</sup> Fl.
12/12/2017 (Tuesday)	9.00am	01.00pm	12 Com A	Business	Athenaeum 2 <sup>nd</sup> Fl.
12/12/2017 (Tuesday)	8.30am	12.00nn	10 Sci C	ICT	Athenaeum 2 <sup>nd</sup> Fl.
13/12/2017 (Wednesday)	8.00am	12.30pm	12 Sci A & B	Chemistry	Athenaeum 2 <sup>nd</sup> Fl.
13/12/2017 (Wednesday)	8.00am	10.00am	10 Com A & B	Accounts	Athenaeum 2 <sup>nd</sup> Fl.
13/12/2017 (Wednesday)	10.00am	01.00pm	11 Cambridge	Comp. Sci.	Senior IT Lab
14/12/2017 (Thursday)	8.00am	12.30pm	12 Sci A & B	Chemistry	Athenaeum 2 <sup>nd</sup> Fl.
14/12/2017 (Thursday)	9.00am	1.00pm	12 Com A	Business	Athenaeum 2 <sup>nd</sup> Fl.
14/12/2017 (Thursday)	8.30am	12.00nn	10 Com A	ICT	Athenaeum 2 <sup>nd</sup> Fl.
15/12/2017 (Friday)	8.00am	1.00pm	12 Sci A & B	Biology	Athenaeum 2 <sup>nd</sup> Fl.
15/12/2017 (Friday)	8.00am	10.00am	10 Com A & B	Accounts	Athenaeum 2 <sup>nd</sup> Fl.
15/12/2017 (Friday)	10.00am	01.00pm	11 Cambridge	Comp. Sci.	Senior IT Lab
18/12/2017 (Monday)	9.00am	1.00pm	12 Com A	Business	Athenaeum 2 <sup>nd</sup> Fl.
18/12/2017 (Monday)	8.30am	12.00nn	10 Sci A	ICT	Athenaeum 2 <sup>nd</sup> Fl.
19/12/2017 (Tuesday)	8.30am	12.00nn	10 Com B	ICT	Athenaeum 2 <sup>nd</sup> Fl.
20/12/2017 (Wednesday)	9.00am	1.00pm	12 Com A	Business	Athenaeum 2 <sup>nd</sup> Fl.
20/12/2017 (Wednesday)	8.30am	12.00nn	10 Sci B	ICT	Athenaeum 2 <sup>nd</sup> Fl.
28/12/2017 (Thursday)	9.00am	1.00pm	12 Com A	Business	Athenaeum 2 <sup>nd</sup> Fl.
28/12/2017 (Thursday)	8.00am	1.00pm	10 Com A & B	Economics	Athenaeum 2 <sup>nd</sup> Fl.
29/12/2017 (Friday)	9.00am	1.00pm	12 Com A	Business	Athenaeum 2 <sup>nd</sup> Fl.
29/12/2017 (Friday)	8.00am	1.00pm	10 Com A & B	Economics	Athenaeum 2 <sup>nd</sup> Fl.

Students are kindly reminded that all school rules must be followed when they are in school for Holiday Classes. In addition students attending such classes must observe the following requirements.

- Bring the SRB on the days of Holiday Classes and show them at the Security point.
- Must wear the School Uniform when attending holiday classes and (not the PE KIT).
- Wear the right shoes that go along with the School Uniform.
- Students are not permitted to walk into school or classes with electronic equipment, Cameras, Cell phones, CD's, Pen drives, etc...Such items will be confiscated.
- Boys will have to come in a decent Hair Cut with no side burns and no jell, should be clean shaven.
- Girls should come in neatly combed and plaited hair.
- Students will leave the school premises within fifteen minutes after the end of the session. They are not permitted to remain in the premises after that time.

Any student violating any of the above requirements will not be admitted to class. They will be asked to leave.

**Parents are kindly requested to make arrangements to pick your child up on time.**

### INTER HOUSE TABLE TENNIS TOURNAMENT - 2017/2018 RESULTS

Date : 17 November 2017  
Venue : Recreation Club-Panadura

#### AGE GROUP CHAMPIONS

- ✓ AQUILA 1 30 Points
- ✓ CETUS 2 23 Points
- ✓ CYGNUS 3 10 Points
- ✓ URSA 4 9 Points

- Under 13 Boys - Eranga Mendis -Cygnus
- Under 13 Girls - Nihinsa Ariyaratna - Cetus
- Over 13 Boys- Minoth Kariyawasam - Aquila
- Over 13 Girls - Thilini Karunarathne Aquila

## Congratulations

**Correction-**

**INTER LYCEUM ART COMPETITION -2017**

**Raveen Dimbukkuwalage - 2<sup>nd</sup> Place  
Grade 8 Category**

**EXTRA CURRICULAR ACTIVITY**

All extra curricular **activities will be cancelled** on the last day 8<sup>th</sup> December 2017.

**“NARI BAANA” DRAMA**

“Nari Baana” Drama will be showing **only for the students** of Grade 3 & above.

The details are as follows :

Date - **06<sup>th</sup> December, 2017**

Time - **During School hours**

Venue - **Aeolian Hall (Main School Auditorium)**

**Tickets** are available at the **Accounts Department** for the **price of Rs. 350/=**.

*\*Please note that **Grade 3 to 6 students** should be in **the Main School** with the ticket by **7.30 a.m.** Please drop your child to the main school on time.*



**ACCESS TO THE SCHOOL IT SYSTEM  
(GRADES 1 – 12)**

Your child's attendance and progress at school can be checked online via the school's IT system. Parents are requested to e-mail your child's name, class and admission number to [it@lyceum.lk](mailto:it@lyceum.lk) and the user name and password will be emailed back, provided that your email address is the same as the one provided at the time of registration. If this is not the case, parents will be requested to visit the school's IT department with the child's SRB to obtain the user name and password.

**PLEASE NOTE THAT IT IS  
COMPULSORY THAT  
YOU ENTER YOUR EMAIL ADDRESS  
ON PAGE 4 OF THE SRB.**

-The photograph in the SRB should not be more than 6 months old.

-Please fill the Growth Chart on page 55 of the SRB.

**INTER HOUSE ATHLETIC MEET 2017/2018**

Held on 17<sup>th</sup> October 2017 at Mahinda Rajapaksha Stadium  
Diyagama

**INDIVIDUAL CHAMPIONSHIPS**

<b>Under 10 Boys</b>	- Manuga Wickramasinghe	- Ursa House
<b>Under 10 Girls</b>	- Nethvindi Rathnasiri	- Aquila House
<b>Under 12 Boys</b>	- Sasindu Jayasekara	- Ursa House
<b>Under 12 Girls</b>	- Tharushi Yatawarage	- Cygnus House
<b>Under 14 Boys</b>	- Razwin Carrim	- Ursa House
<b>Under 14 Girls</b>	- Matheeshi Weththasinghe	- Aquila House
<b>Under 16 Boys</b>	- Faizan Muthalif	- Ursa House
	- Mineth Minsuka	- Ursa House
<b>Under 16 Girls</b>	- Shenuri Mendis	- Ursa House
<b>Under 18 Boys</b>	- Sandun De Silva	- Aquila House
<b>Under 18 Girls</b>	- Muthuli Perera	- Cetus House
	- Tharushi Fernando	- Ursa House
	- Vonara Kumaranayake	- Cetus House
<b>Under 20 Boys</b>	- Chathil Aponso	- Ursa House
<b>Under 20 Girls</b>	- Dinara Randoombage	- Aquila House

**BUILD UP EVENT  
LP vs LN  
CRICKET  
MATCH**

**Date :** 06<sup>th</sup> of January 2018

**Venue:** S.D.S. Jayasinghe Ground

**Time:** From 9.00 a.m. onwards

- ✓ **Teachers Match**
- ✓ **Prefects Match**
- ✓ **Alumni Match**



**LET'S CHEER OUR TEAMS**

# PRACTICES DURING HOLIDAYS - DECEMBER 2017

Practices regarding Extra Curricular Activities will be held as follows during the holidays. Please see that you send your child on time and take him/ her immediately after practices from school. Transport will be provided for the students from school & back to school, when practices are held out of school.

## SWIMMING SQUAD A & B

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 02 <sup>nd</sup> 2018 School Pool Dress Code : P.E Kit 5.30 a.m. - 7.00 a.m. Mr. Keerthi Udayasiri (Coach) Mr. Dinusha Nilanga (Coach) Mr. Kapila Daluwatta (Coach) Mr. Sujith Sampath (Coach) Ms. Lalanika Madushani (TIC)	December 27 <sup>th</sup> School Pool Dress Code : P.E Kit 5.30 a.m. - 7.00 a.m. Mr. Keerthi Udayasiri (Coach) Mr. Dinusha Nilanga (Coach) Mr. Kapila Daluwatta (Coach) Mr. Sujith Sampath (Coach) Ms. Shashi Liyanage (TIC)	December 28 <sup>th</sup> School Pool Dress Code : P.E Kit 5.30 a.m. - 7.00 a.m. Mr. Keerthi Udayasiri (Coach) Mr. Dinusha Nilanga (Coach) Mr. Kapila Daluwatta (Coach) Mr. Sujith Sampath (Coach) Ms. Lalanika Madushani (TIC)	December 29 <sup>th</sup> School Pool Dress Code : P.E Kit 5.30 a.m. - 7.00 a.m. Mr. Keerthi Udayasiri (Coach) Mr. Dinusha Nilanga (Coach) Mr. Kapila Daluwatta (Coach) Mr. Sujith Sampath (Coach) Ms. Lalanika Madushani (TIC)

## CUBBING

## SCOUTING

TUESDAY	WEDNESDAY	THURSDAY
December 12 <sup>th</sup> Main School Premises 8.15 a.m.-10.15a.m. Dress Code : Cubbing Uniform Mr. Ananda De Silva (Coach) Ms. Sajeevani Fernando (TIC)	December 13 <sup>th</sup> Main School Premises 8.15a.m-10.15a.m. Dress Code : Cubbing Uniform Mr. Ananda De Silva (Coach) Ms. Sajeevani Fernando (TIC)	December 14 <sup>th</sup> Main School Premises 8.15a.m-10.15a.m. Dress Code : Cubbing Uniform Mr. Ananda De Silva (Coach) Ms. Sajeevani Fernando (TIC)

TUESDAY	WEDNESDAY	THURSDAY
December 12 <sup>th</sup> Main School Premises 10.00a.m.-12.15p.m. Dress Code : P.E Kit Mr. Ananda De Silva (Coach) Ms. Dilki Fernando (TIC)	December 13 <sup>th</sup> Main School Premises 10.00a.m.-12.15 p.m. Dress Code : P.E Kit Mr. Ananda De Silva (Coach) Ms. Dilki Fernando (TIC)	December 14 <sup>th</sup> Main School Premises 10.00a.m.-12.15p.m. Dress Code : P.E Kit Mr. Ananda De Silva (Coach) Ms. Dilki Fernando (TIC)

## ATHLETICS

MONDAY	WEDNESDAY	FRIDAY
December 11 <sup>th</sup> & 18 <sup>th</sup> U.C Grounds 7.00 a.m. - 9.00 a.m. Dress Code : P.E Kit Mr. Rohitha Senanayake (Coach) Mr. Kapila Amarasinghe (Coach) Mr. Buddhika (Coach) Ms. Nimalie Fernando (TIC)	December 13 <sup>th</sup> , 20 <sup>th</sup> & 27 <sup>th</sup> U.C Grounds 7.00 a.m. - 9.00 a.m. Dress Code : P.E Kit Mr. Rohitha Senanayake (Coach) Mr. Kapila Amarasinghe (Coach) Mr. Buddhika (Coach) Ms. Nimalie Fernando (TIC)	December 15 <sup>th</sup> , 22 <sup>nd</sup> & 29 <sup>th</sup> U.C Grounds 7.00 a.m. - 9.00 a.m. Dress Code : P.E Kit Mr. Rohitha Senanayake (Coach) Mr. Kapila Amarasinghe (Coach) Mr. Buddhika (Coach) Ms. Nimalie Fernando (TIC)

The bus will leave school at 6.45 a.m. & will be back around 9.30 a.m.

## BASKETBALL - GIRLS

WEDNESDAY	FRIDAY
December 13 <sup>th</sup> & 20 <sup>th</sup> , 27 <sup>th</sup> Main School Premises 2.30 p.m. - 5.00 p.m. Dress Code : Basketball Kit Mr. Asanka Suwaris (Coach) Ms. Maneesha Kaluperuma (TIC) Ms. Asha Chathurika (TIC)	December 15 <sup>th</sup> & 22 <sup>nd</sup> , 29 <sup>th</sup> Main School Premises 2.30 p.m. - 5.00 p.m. Dress Code : Basketball Kit Mr. Asanka Suwaris (Coach) Ms. Maneesha Kaluperuma (TIC) Ms. Asha Chathurika (TIC)

## KARATE

THURSDAY
December 14 <sup>th</sup> , 21 <sup>st</sup> & 28 <sup>th</sup> Main School Auditorium Dress Code : Karate Gi or P.E Kit 9.30 a.m. - 11.00 a.m. - Grade 1 & 2 white belt 11.00 a.m. - 1.30 p.m. - Grade 2 & above all colour belt Mr. R.J Alexander (Coach) Mr. Thiru Naukkarasu (Coach) Ms. Manisha Ratnayake (TIC) Ms. Champa Ekanayake (TIC) Ms. Sandali Fernando (TIC) Ms. Piyumi Perera (TIC)

## TABLE TENNIS

MONDAY	TUESDAY	THURSDAY	SATURDAY
December 18 <sup>th</sup> Recreation Club Panadura 10.00 a.m. - 12.00 noon Dress Code : P.E Kit Mr. Deepal Piyatissa (Coach) Ms. L.P.I Nadeeshani (TIC)	December 12 <sup>th</sup> Recreation Club Panadura 10.00 a.m. - 12.00 noon Dress Code : P.E Kit Mr. Deepal Piyatissa (Coach) Ms. L.P.I Nadeeshani (TIC)	December 14 <sup>th</sup> Recreation Club Panadura 10.00 a.m. - 12.00 noon Dress Code : P.E Kit Mr. Deepal Piyatissa (Coach) Ms. L.P.I Nadeeshani (TIC)	December 16 <sup>th</sup> Recreation Club Panadura 10.00 a.m. - 12.00 noon Dress Code : P.E Kit Mr. Deepal Piyatissa (Coach) Ms. L.P.I Nadeeshani (TIC)

The Bus will leave School at 9.45 a.m. and will be back around 12.15 p.m.



**BADMINTON**

THURSDAY	FRIDAY	
December 21 <sup>st</sup> & 28 <sup>th</sup> Dress Code : P.E Kit <b>Squad &amp; Intermediate</b> 7.00 a.m. - 9.00 a.m. Crystal Courts - Panadura Mr. Yukthi Perera (Coach) Mr. Danushka Fernando (Coach) Mr. Chamara Maduranga (TIC) Ms. Nilupuli Hewage (TIC) Ms. Madushi Chathurangika (TIC) Ms. Sumali Amarasinghe (TIC) Ms. Ayanthi Kariyawasam (TIC)	December 22 <sup>nd</sup> & 29 <sup>th</sup> Dress Code : P.E Kit <b>Squad</b> Ranmal - Moratuwa 7.00 a.m. - 9.00 a.m. . Mr. Yukthi Perera (Coach) Ms. Nilupuli Hewage (TIC) Ms. Sumali Amarasinghe (TIC)	December 22 <sup>nd</sup> & 29 <sup>th</sup> Dress Code : P.E Kit <b>Intermediate</b> Crystal Courts - Panadura 7.00 a.m. - 9.00 a.m. Mr. Danushka Fernando (Coach) Mr. Chamara Maduranga (TIC) Ms. Madushi Chathurangika (TIC) Ms. Ayanthi Kariyawasam (TIC)
The Bus will leave School at 6.45 a.m. & will be back around 9.15 a.m.		

**NETBALL - Grade 3 upwards All Players**

MONDAY	WEDNESDAY	FRIDAY
December 11 <sup>th</sup> Main School Premises 2.30 p.m. - 5.00 p.m. Dress Code : P.E Kit Mr. Lakmal Deshapriya (Coach) Ms. Maduka Nilmini (Asst. Coach) Ms. Thejane Pulukkody (TIC)	December 13 <sup>th</sup> Main School Premises 2.30 p.m. - 5.00 p.m. Dress Code : P.E Kit Mr. Lakmal Deshapriya (Coach) Ms. Maduka Nilmini (Asst. Coach) Ms. Thejane Pulukkody (TIC)	December 15 <sup>th</sup> Main School Premises 2.30 p.m. - 5.00 p.m. Dress Code : P.E Kit Mr. Lakmal Deshapriya (Coach) Ms. Maduka Nilmini (Asst. Coach) Ms. Thejane Pulukkody (TIC)

**CHESS**

MONDAY		TUESDAY		
December 11 <sup>th</sup> <b>Grade 1 &amp; 2</b> Main School Premises Dress Code : P.E Kit 8.30 a.m. - 11.30 a.m Mr. Dayal Siriwardena (Coach) Ms. Randika Pannila (TIC) Ms. Helani Umaya (TIC) Ms. Devuni Welarathne (TIC) Ms. Shashika L. Mendis (TIC) Ms. Vimodi Pathumsha (TIC)	December 18 <sup>th</sup> <b>Squad &amp; Intermediate</b> Main School Premises Dress Code : P.E Kit 8.30 a.m. - 11.30 a.m Mr. Thisura Munasinghe (Coach) Mr. Nishadh Ranasinghe (Coach) Ms. Harshika Abeyratne (TIC) Ms. Piumi Fernando (TIC) Ms. Pavani Perera (TIC)	December 12 <sup>th</sup> <b>Grade 1 &amp; 2</b> Main School Premises Dress Code : P.E Kit 8.30 a.m. - 11.30 a.m Mr. Dayal Siriwardena (Coach) Ms. Randika Pannila (TIC) Ms. Helani Umaya (TIC) Ms. Devuni Welarathne (TIC) Ms. Shashika L. Mendis (TIC) Ms. Vimodi Pathumsha (TIC)	December 19 <sup>th</sup> <b>Squad &amp; Intermediate</b> Main School Premises Dress Code : P.E Kit 8.30 a.m. - 11.30 a.m Mr. Thisura Munasinghe (Coach) Mr. Nishadh Ranasinghe (Coach) Ms. Harshika Abeyratne (TIC) Ms. Piumi Fernando (TIC) Ms. Pavani Perera (TIC)	December 19 <sup>th</sup> <b>Grade 3 upwards Beginners</b> Main School Premises Dress Code : P.E Kit 1.00 p.m - 3.00 p.m. Mr. Nishadh Ranasinghe (Coach) Ms. Harshika Abeyratne (TIC) Ms. Piumi Fernando (TIC) Ms. Pavani Perera (TIC)

**BASKETBALL BOYS**

TUESDAY	THURSDAY	FRIDAY
December 19 <sup>th</sup> & 26 <sup>th</sup> <b>(Seniors)</b> Main School Premises 7.00 a.m. - 9.30 a.m. Dress Code : Basketball Kit Mr. Sudesh Nonis (Coach) Mr. Dasun Pramoda (TIC) Mr. Nethan Ramanathan (TIC)	December 21 <sup>st</sup> & 28 <sup>th</sup> <b>(Seniors)</b> Main School Premises 7.00 a.m. - 9.30 a.m. Dress Code : Basketball Kit Mr. Sudesh Nonis (Coach) Mr. Dasun Pramoda (TIC) Mr. Nethan Ramanathan (TIC)	December 22 <sup>nd</sup> & 29 <sup>th</sup> <b>(Beginners)</b> Main School Premises 7.00 a.m. - 9.30 a.m. Dress Code : Basketball Kit Mr. Sudesh Nonis (Coach) Mr. Dasun Pramoda (TIC) Mr. Nethan Ramanathan (TIC)

**TENNIS**

MONDAY	SATURDAY
December 11 <sup>th</sup> & 18 <sup>th</sup> Recreation Club Panadura 2.30 p.m. - 4.30 p.m. Dress Code : P.E Kit Mr. R.S.P Nishantha (Coach) Mr. K. Kurupparachchi (Coach) Ms. Kaushalya Maddumage (TIC)	December 09 <sup>th</sup> & 16 <sup>th</sup> Recreation Club Panadura 2.00 p.m. - 4.00 p.m. Dress Code : P.E Kit Mr. R.S.P Nishantha (Coach) Mr. K. Kurupparachchi (Coach) Ms. Kaushalya Maddumage (TIC)
The Bus will leave school at 2.15 p.m. & will be back around 4.45 p.m.	The Bus will leave school at 1.45 p.m. & will be back around 4.15 p.m.

**CRICKET**

<b>MONDAY</b>	<b>WEDNESDAY</b>		<b>SATURDAY</b>
December 11 <sup>th</sup> <b>Under 13A &amp; Academy</b> School Nets Dress Code : P.E Kit 2.00 p.m. - 4.30 p.m. Mr. Kapila Mahinda (Coach) Mr. K.D.S.P Samantha (Coach) Ms. Chalani Tharaka (TIC)	December 13 <sup>th</sup> <b>Under 13A</b> School Nets Dress Code : P.E Kit 2.00 p.m. - 4.30 p.m. Mr. Kapila Mahinda (Coach) Mr. K.D.S.P Samantha (Coach) Ms. Chalani Tharaka (TIC)	December 20 <sup>th</sup> <b>Under 13A &amp; B &amp; Under 19</b> School Nets Dress Code : P.E Kit 2.00 p.m. - 4.30 p.m. Mr. Kapila Mahinda (Coach) Mr. K.D.S.P Samantha (Coach) Mr. Lalith Perera (Coach) Mr. Nadeep Jayasinghe (Coach) Mr. Rumesh Wickramasinghe (TIC)	December 27 <sup>th</sup> <b>Under 13A &amp; Under 19</b> School Nets Dress Code : P.E Kit 2.00 p.m. - 4.30 p.m. Mr. Lalith Perera (Coach) Mr. Nadeep Jayasinghe (Coach) Mr. Rumesh Wickramasinghe (TIC)
			December 23 <sup>rd</sup> <b>Under 13A</b> School Nets Dress Code : P.E Kit 9.00 a.m. - 12.00 noon Mr. Lalith Perera (Coach) Mr. Nadeep Jayasinghe (Coach) Mr. Rumesh Wickramasinghe (TIC)

**BRASS BAND**

<b>TUESDAY</b>	<b>FRIDAY</b>
December 12 <sup>th</sup> Main School Premises 9.00 a.m. - 11.00 a.m. Dress Code : P.E. Kit Mr. Lalsiri Wasantha (Coach) Ms. Niranjala Fernando (TIC) Ms. Imalshi Kaluvitharana (TIC)	December 15 <sup>th</sup> Main School Premises 9.00 a.m. - 11.00 a.m. Dress Code : P.E. Kit Mr. Lalsiri Wasantha (Coach) Ms. Niranjala Fernando (TIC) Ms. Imalshi Kaluvitharana (TIC)

**GYMNASTICS**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>SATURDAY</b>
December 11 <sup>th</sup> Sports Ministry Gymnasium Torrington Dress Code - Leotard or T- Shirt and the thigh shorts and the P.E Kit over it. 9.00 a.m. - 11.00 a.m. Mr. Antony Dias (Coach) Ms. Asha Chaturika (TIC)	December 12 <sup>th</sup> & 19 <sup>th</sup> Main School Premises Dress Code - Leotard or T- Shirt and the thigh shorts and the P.E Kit over it. 9.00 a.m. - 11.00 a.m. Mr. Antony Dias (Coach) Ms. Chalani Tharaka Peiris (TIC)	December 09 <sup>th</sup> Sports Ministry Gymnasium Torrington Dress Code - Leotard or T- Shirt and the thigh shorts and the P.E Kit over it. 9.00 a.m. - 11.00 a.m. Mr. Antony Dias (Coach) Ms. Asha Chaturika (TIC)
The bus will leave school at 7.30 a.m & will be back around 12.00 noon.		The bus will leave school at 7.30 a.m & will be back around 12.00 noon.

**ORCHESTRA**

<b>MONDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>
December 11 <sup>th</sup> & 18 <sup>th</sup> School Premises 10.00 a.m. - 12.00 noon Dress Code : P.E Kit Mr. K.S Janaka (Coach) Ms. Sunimalee Ariyawansa (Coach) Mr. Rex Fernando (Coach) Mr. Lahiru Senarath (Coach) Ms. Nilangi Mendis (TIC)	December 13 <sup>th</sup> School Premises 10.00 a.m. - 12.00 noon Dress Code : P.E Kit Mr. K.S Janaka (Coach) Ms. Sunimalee Ariyawansa (Coach) Mr. Rex Fernando (Coach) Mr. Lahiru Senarath (Coach) Ms. Nilangi Mendis (TIC)	December 14 <sup>th</sup> School Premises 10.00 a.m. - 12.00 noon Dress Code : P.E Kit Mr. K.S Janaka (Coach) Ms. Sunimalee Ariyawansa (Coach) Mr. Rex Fernando (Coach) Mr. Lahiru Senarath (Coach) Ms. Nilangi Mendis (TIC)

**SOCCER - All Age Groups**

<b>MONDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
December 18 <sup>th</sup> Main School Premises 2.30 p.m. - 4.30 p.m. Dress Code : Soccer Kit Mr. Lahiru Jayanetti (Coach) Mr. Nadeesha Gunawardena (TIC)	December 21 <sup>st</sup> Main School Premises 2.30 p.m. - 4.30 p.m. Dress Code : Soccer Kit Mr. Sunil Jayaweera (Coach) Mr. Nadeesha Gunawardena (TIC)	December 15 <sup>th</sup> & 22 <sup>nd</sup> Main School Premises 2.30 p.m. - 4.30 p.m. Dress Code : Soccer Kit Mr. Sunil Jayaweera (Coach) Mr. Lahiru Jayanetti (Coach) Mr. Nadeesha Gunawardena (TIC)	December 16 <sup>th</sup> & 23 <sup>rd</sup> Main School Premises 7.00 a.m. - 9.00 a.m. Dress Code : Soccer Kit Mr. Sunil Jayaweera (Coach) Mr. Lahiru Jayanetti (Coach) Mr. Nadeesha Gunawardena (TIC)