



## MESSAGE FROM OUR FOUNDER

Mr Mohan Lal Grero

Maturity is many things. It is the ability to base a judgment on the big picture, the long haul. It means being able to resist the urge for immediate gratification and opt for the course of action that will pay off later. Thomas Edison was one such person who was able to keep on trying till he succeeded.

Edison tried two thousand different materials in search of a filament for the light bulb. When none worked satisfactorily, his assistant complained, "All our work is in vain. We have learned nothing." Edison replied very confidently, "Oh, we have come a long way and we have learned a lot. We know that there are two thousand elements which we cannot use to make a good light bulb."

A true sign of maturity is when you are willing to take responsibility, and this means being dependable. Dependability is the hallmark of integrity. A sign of maturity also means keeping your word. Do you mean what you say-and do you say what you mean? Unfortunately, the world is filled with people who cannot be counted on. When you need them most, they are among the missing. They never seem to come through in the clutches. They break promises and substitute alibis for performance. They show up late or not at all.

Dear children, you need to have the ability to make a decision and stand by it. Immature people spend their lives exploring endless possibilities and then doing nothing. Action requires courage. Without courage, little is accomplished. Let us take these words of Thomas Edison to our hearts. **"Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time."**

## UPCOMING EVENTS

29 <sup>th</sup> June	Test paper correction (Holiday for Gr. 12N students)
	Best Speaker Contest English Junior – Finals
30 <sup>th</sup> June	Paper discussion – Gr. 12N
	English Day rehearsal
1 <sup>st</sup> July	Paper discussion – Gr. 12N
	Inter House Swimming Meet
2 <sup>nd</sup> July	Inter House Badminton Tournament
3 <sup>rd</sup> July	Inter House Under -19 Cricket Tournament
4 <sup>th</sup> July	Paper discussion – Gr. 12N
	Inter House Tennis Tournament
5 <sup>th</sup> July	Finalizing marks & reports (Holiday for Gr. 12N students)
7 <sup>th</sup> July	School closes for Gr. 12N
	English Day
10 <sup>th</sup> July	Inter House Scrabble Tournament
11 <sup>th</sup> July	Art & Craft Exhibition – Gr. 1-5
13 <sup>th</sup> July	Art & Craft Exhibition – Gr. 6-8
14 <sup>th</sup> July	Second Semester Examination – Gr. 9N & 10N
15 <sup>th</sup> July	Second Semester Examination – Gr. 9, 10N & 11N

# MEMOS TO PARENTS AND GUARDIANS



## IDEAS FOR RANDOM ACTS OF KINDNESS

1. Pay it Back : buy something for your parents.
2. Compliment the first three people you talk today.
3. Write complementary notes to 3 people.
4. Post inspirational sticky notes around your home, office, school etc.
5. Donate toys or clothes to a home.
6. Surprise a neighbor with a treat!
7. Write a kind message on your mirror with a marker for yourself, or a family member.
8. Smile at five strangers.
9. Set an alarm to go off at three different times during the day. In those moments, do something kind for someone else.
10. Practice self-kindness and spend 30 minutes doing something you love today.
11. Give away stuff for free.
12. Write a gratitude list in the morning and again in the evening.
13. Return shopping carts for people at the grocery store.
14. Buy a plant. Put it in a terracotta pot. Write positive words that describe a friend on the pot. Give it to that friend!.
15. Have a cleanup day.
16. Put 50 paper hearts in a box. On each cutout write something that is special about your brother. Give him the box and tell him to pull out a heart anytime he needs a pick-me-up.
17. Everyone is important. Learn the names of your school security guard, the person at the front desk and other people you see every day. Greet them by name. Also say "hello" to strangers and smile. These acts of kindness are so easy, and they almost always make people smile.
18. Write your parents a list of things you love about them.
19. Find opportunities to give compliments. It costs nothing, takes no time, and could make someone's entire day. Don't just think it. Say it.
21. Run an errand for a family member who is busy.
22. Email or write to a former teacher who made a difference in your life.
23. When you hear that discouraging voice in your head, tell yourself something positive, You deserve kindness too!
24. Write 10 things you like about yourself.

### 12<sup>th</sup> ASIAN SCHOOLS CHESS TOURNAMENT - 2016

Devuja Weerakoon of Lyceum - Panadura will represent Sri Lanka at the 12<sup>th</sup> Asian schools chess tournament to be held in Teheran - Iran, from 9<sup>th</sup> to 18<sup>th</sup> July - 2016.



**WE ARE PROUD OF YOU !**



### BEST PREFECT OF THE MONTH

**Ruvindu Chandradasa** has been selected as the Best Prefect for the month of May, 2016.



### LOITERING

Please note that students have to go home as soon as school is over. If they are staying for an after school activity, they have to go to the respective venue after lunch as soon as possible.

# MEMOS

## TO PARENTS AND GUARDIANS



### VESAK RELIGIOUS PROGRAMME

- ❖ The following series of religious programmes was organized by the school, in commemoration of the Triple Anniversary of the Buddha.
- ❖ Venerable Buddhist Clergy from Sri Vijiya Sugatha Vidyalaya Pirivena, Walana, lead by Ven. Unakuruwe Ariyadhaja Thero visited the school premises on the alms-round (**Pindapata Charika**) on the 20<sup>th</sup> of May (The day prior to the Vesak full moon poya day) and the ‘Heel- Dana’ was offered by the members of the Academic and Non-academic staff lead by the Principal with utmost devotion.
- ❖ The community of students was provided the opportunity of offering the ‘**Pindapata Dana**’ and witnessing such a Buddhist event, for the first time at the school premises, on the 25<sup>th</sup> of May. The ‘**Heel - Dana**’ was offered by the students with great enthusiasm to the Venerable Bhikkhus invited from Abhaya Karunaratne Mudalindarama Temple, Welipitiya, lead by Ven. Unakuruwe Ariyadhaja Thero.
- ❖ The parents, students and the members of the staff participated in the Vesak Dhamma Sermon followed by the Buddha pooja offered at the Walana Buddha statue, conducted by Ven. Unakuruwe Ariyadhaja Thero in the evening of the 25<sup>th</sup> of May.
- ❖ The entire premises of the school had been beautifully decorated and illuminated with colourful and creative Vesak lanterns made by the students.
- ❖ The ‘**Vesak Kalapaya**’ presented by the students of the Buddhist society consisted of displaying the ‘Daham Sonda Jataka Kata Vastu’ with Buddhist Virindu and a creative rotating lantern.
- ❖ A sago ‘Dansala’ had been organized by the primary School of Bekkegama and a biscuit ‘Dansala’ was served by the Nursery section.
- ❖ We would like to express our heartfelt gratitude to everyone who contributed and cooperated in making these programmes a success.

“ MAY THE BLESSINGS OF THE NOBLE TRIPLE GEM BE UPON YOU! ”



# SPORTS



## INTERNATIONAL SCHOOLS - BASKET BALL CHAMPIONSHIP - 2016

The Lyceum Panadura (U-13) Girls basketball team won the championship after winning the following matches. The championship was held on 28<sup>th</sup> & 29<sup>th</sup> at the British School of Colombo indoor courts.

### Lyceum Panadura beat AIS

**Quarter finals** Lyceum -Panadura beat Lyceum-Nugegoda **13-8 point**  
**Finals** Lyceum -Panadura beat Lyceum -Wattala **20-18 point**

### The following students were members of the championship team

Sanduni Maduhansi (Captain)  
 Rochell Cooray  
 Shenuri Mendis (selected as Most valuable player)  
 Evmi Silva (selected as most Best offensive player)  
 Natalie Dissanayake  
 Shanaya Tharinsa  
 Sonali Neethya  
 Christina Jenson  
 Ruwanya Gunathilake  
 Sadithma Sayuri  
 Sasindi Diyathma  
 Thamasha Gunawardena  
 Akithma Silva



## INTERNATIONAL SCHOOLS - BASKET BALL CHAMPIONSHIP - 2016



**CONGRATULATIONS AND WELL DONE**  
**WE ARE PROUD OF YOU !**

# SPORTS



## INTER HOUSE BADMINTON TOURNAMENT - 2016

The Inter House Badminton tournament will be held as follows.

### FINALS

Date: 02<sup>nd</sup> July 2016 (Saturday)

Venue Ranmal Sports Complex Badminton Courts - Moratuwa

Time : 8.00 a.m. onwards

### BADMINTON EVENTS:

Singles Under 11/ Under 13/ Under 15 (Boys / Girls)

Team Events Consist of 1 Single & 2 Doubles Under 15 / Over 15

**No change of date for players absent for selection - They cannot take part in the Tournament**

## “ TOWARDS ANOTHER BEAUTIFUL CENTURY ”

11<sup>th</sup> National Cubboree and the centenary year celebrations of scouting in Sri Lanka was held at Richmond college, Galle from 13<sup>th</sup> to 15<sup>th</sup> May 2016.

The ground was filled with more than 6000 cub scouts from all over the country. Nine of our Bronze star holders were eligible to participate. All of them were happily engaged in the exciting activities. They gained a lot of experience and the opportunity to learn values such as self discipline, unity, friendship etc.

Our students had the rare opportunity of witnessing the publishing of a new stamp in remembrance of the 100 years of cub scouting. Though it was their first experience of staying 2 nights away from parents, they highly enjoyed the time and were reluctant to return.



# SPORTS



## INTER HOUSE GYMNASTIC CHAMPIONSHIPS 2015 / 2016

**Date : 2016/06/11**

**Venue :- School Auditorium**

The above championship was held on Saturday 11<sup>th</sup> June, 2016 at the main school auditorium from 10.00 a.m. to 2.00 p.m. Ursa house won the championship and Aquila & Cygnus houses became joint runner up.

### OVER 9 - BOYS

1 <sup>st</sup> place	Evin Fonseka (Ursa)
2 <sup>nd</sup> place	Rashen Fernando (Ursa)
3 <sup>rd</sup> place	P.D. Thisandu Ransana Gunathilaka (Ursa)

### OVER 9 - GIRLS

1 <sup>st</sup> place	Lisara Ransandi Meegoda Hewage (Aquila)
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### UNDER 9 - BOYS

1 <sup>st</sup> place	Susan Nelana Kalubowila (Cygnus)
2 <sup>nd</sup> place	M.A. Isala Senuja Gunawardana (Ursa)
3 <sup>rd</sup> place	Minuka Mintharu (Cygnus)

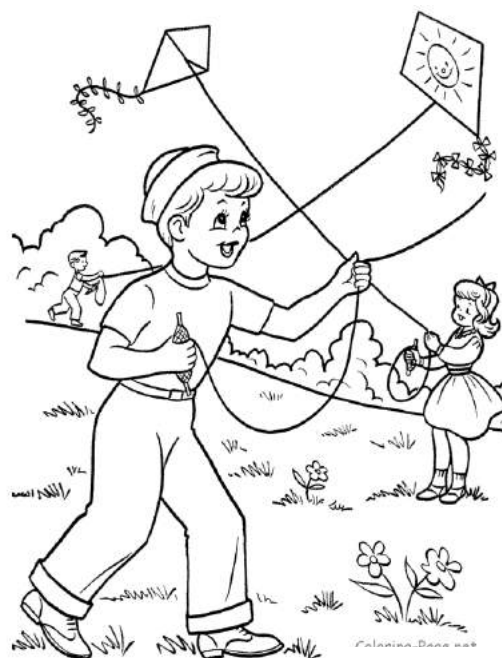
### UNDER 9 - GIRLS

1 <sup>st</sup> place	Sethuki Dias (Ursa)
2 <sup>nd</sup> place	Rashomi Fernando (Ursa)
3 <sup>rd</sup> place	Sehara Sensandi Meegoda Hewage (Aquila)

## KITE FESTIVAL 2016 - LET'S FLY A KITE

Dear Parents,

We would like to invite you to our **Kite Festival 2016** to be held on 6<sup>th</sup> August, 2016 from 4.00 p.m. onwards at the Army Grounds, Nalluruwa. There will be food stalls and fun filled game stalls to keep you entertained.



### PAY IN VOUCHER

The Pay in voucher has been sent for the 3<sup>rd</sup> term of 2015/2016. Please pay early to a void surcharge.