



THE LYCEUMER

P A N A D U R A

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DECEMBER-2018 ISSUE-255



MESSAGE FROM OUR FOUNDER

Dr. Mohan Lal Grero

Once I came across a story about a marine biologist's research experiment, where she had placed a shark into a large clear tank, which was submerged near a beautiful coral reef, filled with many colourful sea flora and reefs. As you would expect, the shark was intrigued by the movements of coral and tried to swim towards it, but could not do so as it was stuck inside the tank.

The shark, unaware that the tank was preventing it from progressing towards the coral, kept slamming into the glass and bouncing off. Undeterred, the shark kept repeating this behavior every few minutes to no avail. Eventually, about an hour into the experiment, the shark gave up.

This experiment was repeated several dozen times over the next few weeks. Each time, the shark got less aggressive and made fewer attempts to approach the coral, until eventually, the shark got tired of hitting the glass and simply stopped trying altogether. The marine biologist then removed the shark from the tank and placed it in the same spot near the coral as before when it was in the tank; however the shark didn't move forward. The shark had got trained to believe a barrier existed between it and the coral, so it never attempted to go any further.

Many of us, after experiencing setbacks and failures, emotionally give up and stop trying. Like the shark in the story, we believe that because we were unsuccessful in the past, we will always be unsuccessful. In other words, we continue to see a barrier in our heads, even when no 'real' barrier exists between where we are and where we want to go.

*School will close on 7th December 2018
and re-open
for the teachers on 2nd January 2019
and
for the students on 3rd January 2019*



UP COMING EVENTS

JANUARY-2019

- Jan 2nd - School reopens for teachers
- Jan 3rd - School reopens for students
- Jan 9th - Best Speaker Contest Sinhala Senior - Semi Finals
- Jan 10th - A/L Subject selection Meeting
- Jan 16th - Sinhala Day-Rehearsal
- Jan 18th - Best Speaker Contest Sinhala Senior - Finals
- Jan 21st - Meeting with Parents - Gr.1
- Jan 22nd - Concert Rehearsal (Gr. 7 -9)
- Jan 23rd -Kavi Competition Junior-Semi Finals
- Jan 24th - Inter House Drama English Rehearsal
- Jan 28th - Monthly Test - Gr 9N & 10N
- Jan 29th - Monthly Test Gr-1 to 10
- Jan 30th - Monthly Test Gr-1 to 12
- Concert Gr. 7 to 9
- Jan 31st -Kavi Competition Senior-Semi Finals

PRIZE - GIVING CEREMONY FOR 2017 / 2018 ACADEMIC YEAR

The Annual Prize Giving Ceremony for the 2017 / 2018 Academic year was held on 30th November 2018, in the Aeolin Hall. Mr. Kishu Gomes was the Chief Guest while Dr.Thamara F. Dias was the Guest of Honour.

Our Principal, Mrs.Kumari Wijeratne presented a comprehensive report on the school's achievements and activities, during the past year after which the teachers were felicitated for their services.

Prize winners and other inspirational achievers were awarded prizes.

Sheneli Mendis was awarded the Most Outstanding Student of the year 2017/2018.



MAATHRA 11

A Cultural Night With Exceptional Performances

Lyceum International Schools held the 11th edition of their annual cultural dancing festival - Maathra, on 13th October 2018, which featured a magnificent show that celebrated the wonders of traditional Sri Lankan dancing with a host of unique cultural performances by the students. The Royal Institute of Colombo was the Platinum Sponsor for the event.

The distinguished chief guest at the 2nd show of Maathra 11 was His Excellency, President Maithripala Sirisena, as well as Founder of Lyceum International Schools, Dr. Mohan Lal Grero and Coordinating Principal of Lyceum International Schools, Dr. Kumari Grero and the special invitees were Sir Michael Wilshaw and Lady Wilshaw.

With 25 years of successfully guiding young children through quality education along with the encouragement of co-curricular activities, all branches of Lyceum International Schools take much pride in developing the creativity and different talents of their students. A cultural dance event such as Maathra had been created to not only shine the spotlight on the artistic intricacy of classical Sri Lankan dance, but to highlight the importance of embracing and preserving one's culture too. Lyceum founder, Dr. Grero aimed to encourage young students to develop an interest in classical Sri Lankan dancing for these very reasons, and the students dance performances for Maathra have currently evolved to the levels of National Inter-School standards.

Following the excellence of the previous shows, Maathra 11 featured a variety of a truly vibrant combination of folk and traditional dance performances that included nearly 700 students from 7 Lyceum branches - Nugegoda, Panadura, Wattala, Ratnapura, Gampaha, Nuwara Eliya and Kurunegela. The audience was entertained with thirteen performances, including a special performance by the Lyceum Alumni.

The success of the enthralling show was much attributed to the dedicated efforts of the Chief Coordinator of Cultural Dancing of the Lyceum International Schools, Mr. Rasika Kothalawala, including the teachers who trained the students to bring forth their talents in outstanding performances. An excellent combination of teamwork, training and talented students was certainly obvious at the latest edition of Maathra.

DAILY CHECKLIST FOR PARENTS

Could all parents please check the following every day, before your child leaves for school?

- * The hair should be neatly combed.
- * The collar should be in place and neat.
- * The belt should not sag and both ends must be secured (girls).
- * Grey socks should be worn reaching four inches above the shoe level.
- * The shoes should be clean, polished and fully black.
- * The girls' uniform should be long below the knee level and boys' trousers should be worn above the hip level (just below the waist). Boys in Grade 6 and above should wear a black belt with a very simple buckle.
- * All student should bring a clean white handkerchief to school everyday.



CONTENT FOR GENERAL STUDIES

Grade 6 to 12 for March Exam 2019

(Please note that General Studies Exam marks will be added to the Semester Exam)

Our school colours are blue and silver. The light blue colour stands for being fierce and powerful and able to cut through any obstacle they face. The silver colour stands for being stable and being able to withstand any shock.

Why is reading together important?

You have probably been sharing stories, books and rhymes with your child since he or she was born. By doing so, you have already started your child off on the road to becoming a reader. Sharing books is important for the following reasons.

- * Your child learns by watching and listening to you; from your example, he or she will learn what 'good reading' sounds like.
- * Listening to stories shows your child that reading is about finding meaning and making sense.
- * It will help your child learn how books and stories work.
- * Your child will want to learn to read if he or she sees you reading.
- * Sharing stories help to develop your child's language - and that will help him or her learn to read.



JUNIOR NATIONAL BADMINTON CHAMPIONSHIP 2018

Vohara Kodikara of Grade 5 - F became Runner Up in the above Tournament which was organized by Sri Lanka Schools Badminton Association held from 25th & 27th October 2018.

Congratulations



CUBS SCOUTING GOLD STAR AWARD WINNERS

- Nethula Nusan Sithsanda Silva 7 - F
- Daniel Fernando 7 - C

Congratulations

VACATION CLASSES - DECEMBER, 2018

Date	Time		Class/s	Subject	Venue
	From	To			
10 th December 2018	8.00 am	12.00 noon	12 Sci A	Physics	Athenaeum 2 nd Floor
10 th December 2018	8.00 am	12.00 noon	12 Nat Sci/ Com	GIT	Junior IT Lab
10 th December 2018	8.00 am	10.30 am	9 Nat A & B	Science	Athenaeum 2 nd Floor
11 th December 2018	8.00 am	12.00 noon	12 Sci B	Physics	Athenaeum 2 nd Floor
11 th December 2018	8.00 am	12.00 noon	12 Nat Sci/ Com	GIT	Junior IT Lab
12 th December 2018	8.00 am	12.00 noon	12 Sci A	Physics	Athenaeum 2 nd Floor
12 th December 2018	9.00 am	03.30 pm	12 Nat Sci/ Com	ICT	Junior IT Lab
12 th December 2018	8.00 am	1.00 pm	11 Nat Sci	Com. Math	Athenaeum 2 nd Floor
13 th December 2018	8.00 am	12.00 noon	12 Sci B	Physics	Athenaeum 2 nd Floor
13 th December 2018	8.00 am	12.00 noon	12 Nat Sci/ Com	GIT	Junior IT Lab
13 th December 2018	8.00 am	1.00 pm	11 Nat Sci	Com. Math	Athenaeum 2 nd Floor
17 th December 2018	9.00 am	03.30 pm	12 Nat Sci/ Com	ICT	Junior IT Lab
19 th December 2018	8.00 am	1.00 pm	11 Nat Sci	Com. Math	Athenaeum 2 nd Floor
20 th December 2018	9.00 am	03.30 pm	12 Nat Sci/ Com	ICT	Junior IT Lab
27 th December 2018	9.00 am	03.30 pm	12 Nat Sci/ Com	ICT	Junior IT Lab

Students are kindly reminded that all school rules must be followed when they are in school for Holiday Classes. In addition students attending such classes must observe the following requirements.

- Bring the SRB on the days of Holiday Classes and show them at the Security point.
- Must wear the School Uniform when attending holiday classes and (not the PE KIT).
- Wear the right shoes that go along with the School Uniform.
- Students are not permitted to walk into school or classes with electronic equipment, Cameras, Cell phones, CD's, Pen drives, etc...Such items will be confiscated.
- Boys will have to come in a decent Hair Cut with no side burns and no jell, should be clean shaven.
- Girls should come in neatly combed and plaited hair.
- Students will leave the school premises fifteen minutes after the end of the session. They are not permitted to remain in the premises after that time.

Any student violating any of the above requirements will not be admitted to class. They will be asked to leave. **Parents are kindly requested to make arrangements to pick your child up on time.**

PROJECT SHOWCASING 2017/2018

The Grade 1-8 project showcasing was held from the 27th to 29th of November 2018. It exhibited a variety of unique, creative and innovative projects and designs. Inventions ranging from vacuum cleaners to rigifoam cutters, historical projects, food items and creative works of art were among the number of themes that originated in our students minds. The event was highly appreciated by the visitors & children.



POSTPONEMENT OF BUILD UP EVENTS

Lyceum Alumni - Netball (Female)

Lyceum Alumni -Basketball (Male)

BIG MATCH -Basketball

Above events which were scheduled to be held on 07th December 2018 (last day of the term) has been postponed to 11th January 2019.

Education is the most powerful weapon which you can use to change the world.

Nelson Mandela



GRADE 3 CONCERT- **Lollapalooza**

Grade 3 students of Lyceum International School Panadura branch held their Annual Concert "Lollapalooza" on 19th November 2018 at the School Auditorium. It was a colourful event, enjoyed by all.



SRI LANKA SCHOOLS FOOTBALL TOURNAMENT 2018

Lyceum Panadura won the quarter final match of the above tournament against Jinaraja College Gampola. We scored 9 goals & were selected for the semi-finals.

- Shureim Ifhaam (Captain) 11 N Com A
- Feroz Faiz (V. Captain) 11 Com A
- Abdul Basith 10 NX A
- Sajaad Ahamed 10 Com A
- Abdulla Rifhan 11 Com A
- Navodh Edirisinghe -
- Ashan Kaveesha 12 Sc B
- Ameer ahamed 11 N Com A
- Hassan Shafi 12 Com A
- Sadaf Uvais 11 Com A
- Ahamed Mehedi -
- Afsal Siham 10 Com A
- Abdul Hafeez 12 SC A

Congratulations

LYCEUM INTERNATIONAL SCHOOL - PANADURA
PROUDLY PRESENTS

Charles Dickens

A Christmas Carol

THE MUSICAL



Date : 10th December, 2018
Time : 6.00 p.m.
Venue : School Auditorium

Tickets Rs.300/=

(Available at the School Accounts Department)

ANNUAL SINHALA BEST SPEAKERS CONTEST (SENIOR) 2018/2019 (Gr. 6-12)

Semi Finals

Finals

Date : 09th January 2019 - 18th January 2019
Time : 2.15 p.m. - 2.15 p.m.
Venue : 10 Nat. B Class Room - School Auditorium

*. The Participants will have to deliver the original Speech, which they have previously prepared.

The timing for speeches is given below.

Grade	Minimum Time	Maximum Time
6, 7 & 8	1 minute	2 1/2 minutes
9 & above	2 1/2 minutes	3 1/2 minutes

ANNUAL KAVI COMPETITION

(SENIOR) 2018/2019 (Gr. 6-12)

Semi Finals

Finals

Date : 31st January 2019 - 11th February 2019
Time : 2.15 p.m. - 2.15 p.m.
Venue : 10 Nat. B Class Room - School Auditorium

*. The Participants will have to recite 2 sets of Kavi for the semi finals. Finalists will have to recite 3 sets of Kavi for the finals. (Including the previous two Kavi)

Students who wish to take part in this competition should complete & submit the duly filled contest entry form to the same teacher, on or before Friday, 11th January, 2019.

LYCEUM ACADEMY FOR TEACHER EDUCATION PANADURA BRANCH

Lyceum Academy for Teacher Education commenced the following Diplomas on 01st of December 2018 at Panadura Branch.

- 1. Diploma in Primary School Teaching**
(Saturday 9.00am – 3.30pm)
- 2. Diploma in English Language Teaching**
(Saturday 9.00am – 3.30pm)

For those :

- * Who wish to become a teacher.
- * Parents who wish to assist their children with home work.

Apply Now ! visit our website for more details.
Applications are accepted until end of December 2018.
Pathway from Diploma to B.Ed. Degree

For more information :

Coordinator – Ms. Sumali Soysa : 077 1742797, 038 4281027
Registrar – Lyceum Academy – Hot Line : 077 77 77 595
www.lyceumteachersacademy.org
www.facebook.com/LyceumAcademyforTeacherEducationNugegoda

Swimming selections will be held as follows.

Friday 11th January 2019 - Aquila & Cetus
Monday 14th January 2019 - Cygnus & Ursa
Venue - School Swimming Pool } 2.15 p.m. to 5.00 p.m.

Children who can swim one length without the board can participate. Swimmers may enroll for as many events as desired for the selections Please note that children can participate only in three(03) individual events for the swimming meet. Events will be selected according to the time trial.

UNDER 10 -

- 25 M Free style
- 25M Back Stroke
- 25M Breast Stroke
- 25M Butterfly
- 100 M Free Style
- 200M IM

UNDER 12

- 50 M Free Style
- 50 M Breast Stroke
- 50 M Back Stroke
- 50 M Butterfly
- 200 M IM
- 100 M Free Style

UNDER 14,16,18, OVER 18

- 50 M Free Style
- 50 M Breast Stroke
- 50 M Back Stroke
- 50 M Butterfly
- 200 M IM
- 100 M Free Style
- 100 M Breast Stroke
- 100 M Butterfly
- 100 M Back Stroke
- 200 M Free Style

Please cut the enclosed entry, fill the required details and hand it over to the TIC of swimming (Grade 7 & above children) and to the class teacher of Bekkegama (Gr. 1-6 children) on or before 4th January 2019. It is compulsory for children who wish to participate to attend the selections for the swimming meet.

Tear of Slip

Under 10 - 2010 & 2011

Under 16 - 2004 & 2005

Under 12 - 2008 & 2009

Under 18 - 2002 & 2003

Under 14 - 2006 & 2007

Over 18 - 2001 & before

Events :

Name in Full :-..... House :-.....

Date of Birth :-..... Class :-.....

Age Group :- Gender :-

Parent Signature

Date

Swimming Meet

Please note that long distance events will be held on 7th March 2019, and Swimming meet on 1st April 2019. Swimmers who wish to take part in 4x50 M free relay should do 50M free style event for the selection. Please highlight three individual events of your preference.

9TH INTERNATIONAL SCHOOL KARATE TOURNAMENT 2018

held on 20th & 21st October 2018 at Sugathadasa Indoor Stadium

Up coming player awards

Manidu Herath
Rochelle Cooray

9 Sci A Under 14 Boys
11 Sci B Under 16 Girls



Manidu Herath

Rochelle Cooray

Name	Grade	Under	KYU	Individual Kata	Individual Kumite	Team Kata	Team Kumite
J.D. Mariam Jawzi	3 F	08	7,6	2 nd		3 rd	
Dinuja Methusara	4 A	09	7,6	1 st		2 nd	
Nemal Jayawardana	4 G	09	7,6	2 nd		2 nd	
Jithula Herath	4 B	09	5,4	2 nd			
Thejan Siriwardana	4 E	09	5,4	3 rd			
Thamanna Barmecha	5 C	10	7,6	2 nd			
Thevan Srinama	4 C	10	7,6	1 st		2 nd	
Yasiru Pussallage	6 C	11	3,2,1	2 nd	1 st		
Dinaya Welitharage	5 D	11	7,6	3 rd		1 st	3 rd
Desandi De Soysa	6 D	12	5,4	3 rd	1 st	1 st	3 rd
Jawda Jawzi	7 F	12	3,2,1	2 nd	3 rd	1 st	3 rd
Udani Perera	8 G	13	5,4	3 rd	1 st	2 nd	
Suravi Herath	7 D	12	5,4	3 rd	2 nd		2 nd
Manidu Herath	9 SCI A	14	9,8	1 st	1 st		
Poojana De Silva	8 D	14	7,6	1 st	1 st	1 st	
Indi Gammanpila	9 SCI B	14	7,6	3 rd	1 st	2 nd	
Methvindi Rathnasiri	9 NAT B	14	5,4	2 nd		2 nd	
Sasindhi Jayathunga	11 SCI A	16	5,4	3 rd			
Rochelle Cooray	11 SCI B	16	3,2,1	1 st		3 rd	1 st
Anumi Fernando	10 SCI A	16	Black	2 nd	3 rd	3 rd	1 st
Menara Gamage	10 NAT A	16	Black	3 rd	2 nd	3 rd	1 st
Sithira Tennakoon	12 COM A	20	Black	1 st	2 nd		
Nuwini Senanayake	6 C	11	5,4		2 nd		
Savindi Kumarasiri	5 C	11	5,4		2 nd		
Vinuda Warnasooriya	6 E	11	9,8		2 nd		
Sakith Edirisooriya	6 F	11	7,6		1 st		
Savindu Herath	7 C	12	9,8		1 st		
Erosh Fernando	7 G	12	9,8		2 nd		
Siraj Latiff	7 B	12	9,8		3 rd		
Tissul Maddage	6 C	12	9,8		3 rd		
Manuth Perera	7 A	12	5,4		1 st		
Imadh Hussain	7 B	12	7,6		3 rd		
Kisath Edirisooriya	7 C	12	5,4		1 st		
Lithira Kalubowila	7 A	12	3,2,1		1 st		2 nd
Tevin Gamage	7 A	12	3,2,1		2 nd		2 nd
Tharun Dissanayake	7 E	12	3,2,1		3 rd		
Nesara Damsutha	8 C	13	9,8		2 nd		
J.D.M Aamir	8 F	13	3,2,1		2 nd	1 st	1 st
Umar Shakir	8 E	13	Black		1 st		1 st
Azeem Ahamed	7 C	13	9,8		2 nd		
Banuja Liyanagoda	8 D	13	3,2,1		2 nd	1 st	
Sanuka Wettasinghe	8 D	13	3,2,1		3 rd		
Nemasha Perera	8 G	14	5,4		2 nd		
Nisila Kakillarachchi	9 SCI B	14	5,4		2 nd		1 st
Raaid Jawzi	9 COM A	14	3,2,1		2 nd		
Ruween Hemachandra	11 SCI A	18	7,6		2 nd		
Tharusha Jeewananda	12 SCI B	18	3,2,1		1 st		
Sandiv Direckze	12 SCI B	18	Black		2 nd	1 st	2 nd
Bakthi Fernando	6 C	11	9,8		1 st		
Kushali Gunarathne	3 F	08				3 rd	
Imandee Rathnayake	3 F	08				3 rd	
Dulan Fernando	12 SCI A	18				1 st	2 nd
Chanodh Liyanagoda	12 NA SCI A	18				1 st	2 nd
Vidun Welitharage	10 SCI A	16				3 rd	
Thevindu Weerathne	9 SCI A	16				3 rd	
Benul Abesekara	11 SCI B	16				3 rd	

Congratulations

PRACTICES DURING HOLIDAYS - DECEMBER 2018

Practices for Extra Curricular Activities will be held as follows during the holidays. Please see that you send your child on time and take him/ her immediately after practices from school. Transport will be provided for the students from school & back to school, when practices are held out of school.

ATHLETICS

MONDAY	WEDNESDAY	FRIDAY
December 10 th , 17 th & 31 st U.C. Grounds - Panadura 6.30 a.m. - 8.30 a.m. Dress Code : P.E Kit Mr. Rohitha Fernando (Coach) Mr. Rohitha Senanayake (Coach) Mr. Buddhika Gayan (Coach) Mr. Lasantha Amarasinghe (Coach) Mr. Sisira Weerasinghe (Coach) Mr. Dineth Madushanka (Coach) Mr. Thusitha Sameera (TIC) Ms. P.D. Udani (TIC) Ms. Dilini Madushani (TIC) Ms. Sapna Bandara (TIC)	December 19 th U.C. Grounds 6.30 a.m. - 8.30 a.m. Dress Code : P.E Kit Mr. Rohitha Fernando (Coach) Mr. Rohitha Senanayake (Coach) Mr. Buddhika Gayan (Coach) Mr. Lasantha Amarasinghe (Coach) Mr. Sisira Weerasinghe (Coach) Mr. Dineth Madushanka (Coach) Mr. Thusitha Sameera (TIC) Ms. P.D. Udani (TIC) Ms. Dilini Madushani (TIC) Ms. Sapna Bandara (TIC)	December 14 th , 21 st & 28 th U.C. Grounds 6.30 a.m. - 8.30 a.m. Dress Code : P.E Kit Mr. Rohitha Fernando (Coach) Mr. Rohitha Senanayake (Coach) Mr. Buddhika Gayan (Coach) Mr. Lasantha Amarasinghe (Coach) Mr. Sisira Weerasinghe (Coach) Mr. Dineth Madushanka (Coach) Mr. Thusitha Sameera (TIC) Ms. P.D. Udani (TIC) Ms. Dilini Madushani (TIC) Ms. Sapna Bandara (TIC)
The Bus will leave school at 6.15 a.m. & will be back around 9.00 a.m.		

BASKETBALL BOYS

MONDAY	TUESDAY	THURSDAY	FRIDAY
December 10 th Main School Premises 7.00 a.m. - 9.30 a.m. Dress Code : Basketball Kit Mr. Sudesh Nonis (Coach) Mr. Dasun Pramoda (TIC)	December 18 th Main School Premises 7.00 a.m. - 9.30 a.m. Dress Code : Basketball Kit Mr. Sudesh Nonis (Coach) Mr. Dasun Pramoda (TIC)	December 20 th Main School Premises 7.00 a.m. - 9.30 a.m. Dress Code : Basketball Kit Mr. Sudesh Nonis (Coach) Mr. Dasun Pramoda (TIC)	December 14 th & 21 st Main School Premises 7.00 a.m. - 9.30 a.m. Dress Code : Basketball Kit Mr. Sudesh Nonis (Coach) Mr. Dasun Pramoda (TIC)

BASKETBALL GIRLS

WEDNESDAY	FRIDAY
December 19 th Main School Premises 2.30 p.m. - 5.00 p.m. Dress Code : Basketball Kit Mr. Asanka Suwaris (Coach) Ms. Dilakshi De Silva (TIC) Ms. Gayani Peiris (TIC)	December 14 th & 21 st Main School Premises 2.30 p.m. - 5.00 p.m. Dress Code : Basketball Kit Mr. Asanka Suwaris (Coach) Ms. Dilakshi De Silva (TIC) Ms. Gayani Peiris (TIC)

NETBALL

MONDAY	WEDNESDAY
December 10 th & 17 th Main School Premises 2.30 p.m. - 5.00 p.m. Dress Code : P.E Kit Mr. Lakmal Deshapriya (Coach) Ms. Maduka Nilmini (Asst. Coach) Ms. Dilakshi De Silva (TIC) Ms. Natasha Henricus (TIC)	December 19 th Main School Premises 2.30 p.m. - 5.00 p.m. Dress Code : P.E Kit Mr. Lakmal Deshapriya (Coach) Ms. Maduka Nilmini (Asst. Coach) Ms. Dilakshi De Silva (TIC) Ms. Natasha Henricus (TIC)

SOCCER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 10 th & 31 st Army Grounds 7.00 a.m. - 9.00 a.m. Dress Code : Soccer Kit Mr. Lahiru Jayanetti (Coach) Mr. Sunil Jayaweera (Coach) Mr. Nadeesha Gunawardena (TIC)	December 18 th Army Grounds 2.30 p.m. - 4.30 p.m. Dress Code : Soccer Kit Mr. Lahiru Jayanetti (Coach) Mr. Sunil Jayaweera (Coach) Mr. Nadeesha Gunawardena (TIC)	December 26 th Army Grounds 2.30 p.m. - 4.30 p.m. Dress Code : Soccer Kit Mr. Lahiru Jayanetti (Coach) Mr. Sunil Jayaweera (Coach) Mr. Nadeesha Gunawardena (TIC)	December 27 th Army Grounds 2.30 p.m. - 4.30 p.m. Dress Code : Soccer Kit Mr. Lahiru Jayanetti (Coach) Mr. Sunil Jayaweera (Coach) Mr. Nadeesha Gunawardena (TIC)	December 21 st Army Grounds 2.30 p.m. - 4.30 p.m. Dress Code : Soccer Kit Mr. Lahiru Jayanetti (Coach) Mr. Sunil Jayaweera (Coach) Mr. Nadeesha Gunawardena (TIC)
The Bus will leave School at 6.45 a.m. and will be back around 9.15 a.m.	The Bus will leave School at 2.15 p.m. and will be back around 4.45 p.m.			

CUBBING

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 11 th Main School Premises 8.00 a.m - 9.30 a.m. Dress Code : Cubbing Uniform Mr. Ananda De Silva (Coach) Ms. Sajeevani Fernando (TIC) Ms. Gayomi De Silva (TIC)	December 12 th Main School Premises 8.00 a.m - 9.30 a.m. Dress Code : Cubbing Uniform Mr. Ananda De Silva (Coach) Ms. Sajeevani Fernando (TIC) Ms. Gayomi De Silva (TIC)	December 13 th Main School Premises 8.00 a.m - 9.30 a.m. Dress Code : Cubbing Uniform Mr. Ananda De Silva (Coach) Ms. Sajeevani Fernando (TIC) Ms. Gayomi De Silva (TIC)	December 14 th Main School Premises 8.00 a.m - 9.30 a.m. Dress Code : Cubbing Uniform Mr. Ananda De Silva (Coach) Ms. Sajeevani Fernando (TIC) Ms. Gayomi De Silva (TIC)

BRASS BAND

TUESDAY	FRIDAY
December 11 th Main School Premises 9.00 a.m. - 11.00 a.m. Dress Code : P.E. Kit Mr. Lalsiri Wasantha (Coach) Ms. Niranjala Fernando (TIC) Ms. Imalshi Kaluvitharana (TIC)	December 14 th Main School Premises 9.00 a.m. - 11.00 a.m. Dress Code : P.E. Kit Mr. Lalsiri Wasantha (Coach) Ms. Niranjala Fernando (TIC) Ms. Imalshi Kaluvitharana (TIC)

KARATE

THURSDAY
December 13 th , 20 th & 27 th Main School Auditorium Dress Code : Karate Gi or P.E Kit 9.30 a.m. - 11.30 a.m. - All colour belters 11.30 a.m. - 1.00 p.m. - Beginners & white belters Mr. R.J Alexander (Coach) / Mr. Thiru Naukarasu (Coach) Ms. Nadeeshani Fernando (TIC) / Ms. Dilakshi De Silva (TIC) Ms. Sandula Kumarasinghe (TIC) / Ms. Romaine De Mel (TIC) Ms. Roshani Kandambige (TIC) / Ms. Ahinsa Amarasinghe (TIC)

CRICKET

MONDAY	THURSDAY
December 10 th Under 13 & 19 School Nets Dress Code : P.E Kit 2.30p.m.-5.00p.m. Mr. Kapila Mahinda (Coach) Mr. Nadeep Jayasinghe (Coach) Mr. K.D.S.P Samantha (Coach) Mr. Lalith Perera (Coach) Mr. Rumesh Wickramasinghe (TIC) Mr. Chalana Hansaka (TIC)	December 27 th Under 13 School Nets Dress Code : P.E Kit 2.30p.m. - 5.00p.m Mr. Kapila Mahinda (Coach) Mr. Nadeep Jayasinghe (Coach) Mr. K.D.S.P Samantha (Coach) Mr. Lalith Perera (Coach) Mr. Rumesh Wickramasinghe (TIC) Mr. Chalana Hansaka (TIC)

TABLE TENNIS

MONDAY	TUESDAY	WEDNESDAY
December 17 th Recreation Club Panadura 2.30 p.m. - 4.30 p.m. Dress Code : P.E Kit Mr. Deepal Piyatissa (Coach) Ms.Asha Chathurika (TIC)	December 18 th Recreation Club Panadura 2.30 p.m. - 4.30 p.m. Dress Code : P.E Kit Mr. Deepal Piyatissa (Coach) Ms.Asha Chathurika (TIC)	December 19 th Recreation Club Panadura 2.30 p.m. - 4.30 p.m. Dress Code : P.E Kit Mr. Deepal Piyatissa (Coach) Ms.Asha Chathurika (TIC)
The Bus will leave School at 2.15 p.m. and will be back around 4.45 p.m.		

TENNIS

MONDAY	FRIDAY
December 10 th Recreation Club Panadura 8.30 a.m. - 10.30 a.m. Dress Code : P.E Kit Mr.R.S.P Nishantha (Coach) Mr. K. Kurupparachchi (Coach) Ms. Ashika Cooray (TIC)	December 14 th Recreation Club Panadura 8.30 a.m. - 10.30 a.m. Dress Code : P.E Kit Mr.R.S.P Nishantha (Coach) Mr. K. Kurupparachchi (Coach) Ms. Ashika Cooray (TIC)
The Bus will leave School at 8.15 a.m. and will be back around 10.45 a.m.	

SCOUTING

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 11 th Main School Premises 10.00 a.m - 12.00 noon Dress Code : Cubbing Uniform Mr. Ananda De Silva (Coach) Ms. Dilki Fernando (TIC)	December 12 th Main School Premises 10.00 a.m - 12.00 noon Dress Code : Cubbing Uniform Mr. Ananda De Silva (Coach) Ms. Dilki Fernando (TIC)	December 13 th Main School Premises 10.00 a.m - 12.00 noon Dress Code : Cubbing Uniform Mr. Ananda De Silva (Coach) Ms. Dilki Fernando (TIC)	December 14 th Main School Premises 10.00 a.m - 12.00 noon Dress Code : Cubbing Uniform Mr. Ananda De Silva (Coach) Ms. Dilki Fernando (TIC)

GYMNASTICS

MONDAY		TUESDAY	WEDNESDAY
December 10 th Main School Sports Ministry Gymnasium Torrington Dress Code - Leotard or T- Shirt and the thigh shorts and the P.E Kit over it. 8.00 a.m. - 10.30 a.m. Mr. Antony Dias (Coach) Ms. Asha Chathurika (TIC)	December 17 th Main School Dress Code - Leotard or T- Shirt and the thigh shorts and the P.E Kit over it. 8.00 a.m. - 10.30 a.m. Mr. Saranga (Coach) Ms. Chalani Peiris (TIC)	December 18 th Main School Dress Code - Leotard or T- Shirt and the thigh shorts and the P.E Kit over it. 8.00 a.m. - 10.30 a.m. Mr. Saranga (Coach) Ms. Chalani Peiris (TIC)	December 19 th Main School Dress Code - Leotard or T- Shirt and the thigh shorts and the P.E Kit over it. 8.00 a.m. - 10.30 a.m. Mr. Saranga (Coach) Ms. Chalani Peiris (TIC)
The Bus will leave school at 6.30 a.m. and will be back around 11.30 a.m.		BADMINTON - SQUAD C	
SATURDAY		MONDAY	
December 8 th Sports Ministry Gymnasium Torrington Dress Code - Leotard or T- Shirt and the thigh shorts and the P.E Kit over it. 8.00 a.m. - 10.30 a.m. Mr. Antony Dias (Coach) Ms. Asha Chathurika (TIC)		December 10 th & 17 th Crystal Courts Panadura Dress Code : P.E Kit 8.00 a.m. - 10.00 a.m. Mr. Danushka Fernando (Coach) Mr. Chamara Maduranga (TIC)/Ms. Sajni Ranadewa (TIC) Ms. Nayomi Yasanthi (TIC) /Ms. Roshani Fernando (TIC)	
The Bus will leave school at 6.30 a.m. and will be back around 11.30 a.m.		The Bus will leave school at 7.45 a.m. and will be back around 10.15 a.m.	

BADMINTON - SQUAD A

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 11 th Crystal Courts Panadura Dress Code : P.E Kit 8.00 a.m. - 10.00 a.m. Mr. Danushka Fernando (Coach) Mr. Chamara Maduranga (TIC) Ms. Sajni Ranadewa (TIC) Ms. Nayomi Yasanthi (TIC) Ms. Roshani Fernando (TIC)	December 18 th Ranmal Courts Moratuwa Dress Code : P.E Kit 8.00 a.m. -10.00 a.m. Mr. Yukthi Perera (Coach) Ms.Piyumi Sugandi (TIC)	December 12 th Ranmal Courts Moratuwa Dress Code : P.E Kit 8.00 a.m. - 10.00 a.m. Mr. Yukthi Perera (Coach) Ms.Piyumi Sugandi (TIC)	December 13 th Crystal Courts - Panadura Dress Code : P.E Kit 8.00 a.m. -10.00 a.m. Mr. Danushka Fernando (Coach) Mr. Chamara Maduranga (TIC) Ms. Sajni Ranadewa (TIC) Ms. Nayomi Yasanthi (TIC) Ms. Roshani Fernando (TIC)
December 14 th Ranmal Courts Moratuwa Dress Code : P.E Kit 8.00 a.m. - 10.00 a.m. Mr. Yukthi Perera (Coach) Ms.Piyumi Sugandi (TIC)			
The Bus will leave school at 7.45 a.m. and will be back around 10.15 a.m.			

BADMINTON - SQUAD B

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
December 17 th Crystal Courts Panadura Dress Code : P.E Kit 7.00 a.m. - 9.00 a.m. . Mr. Danushka Fernando (Coach) Mr. Chamara Maduranga (TIC) Ms. Sajni Ranadewa (TIC) Ms. Nayomi Yasanthi (TIC) Ms. Roshani Fernando (TIC)	December 11 th Crystal Courts Panadura Dress Code : P.E Kit 8.00 a.m. -10.00 a.m. Mr. Danushka Fernando (Coach) Mr. Chamara Maduranga (TIC) Ms. Sajni Ranadewa (TIC) Ms. Nayomi Yasanthi (TIC) Ms. Roshani Fernando (TIC)	December 12 th Crystal Courts Panadura Dress Code : P.E Kit 8.00 a.m. - 10.00 a.m. Mr. Danushka Fernando (Coach) Mr. Chamara Maduranga (TIC) Ms. Sajni Ranadewa (TIC) Ms. Nayomi Yasanthi (TIC) Ms. Roshani Fernando (TIC)	December 13 th Crystal Courts Panadura Dress Code : P.E Kit 8.00 a.m. -10.00 a.m. Mr. Danushka Fernando (Coach) Mr. Chamara Maduranga (TIC) Ms. Sajni Ranadewa (TIC) Ms. Nayomi Yasanthi (TIC) Ms. Roshani Fernando (TIC)	December 14 th Crystal Courts Panadura Dress Code : P.E Kit 8.00 a.m. - 10.00 a.m. . Mr. Danushka Fernando (Coach) Mr. Chamara Maduranga (TIC) Ms. Sajni Ranadewa (TIC) Ms. Nayomi Yasanthi (TIC) Ms. Roshani Fernando (TIC)
The Bus will leave school at 6.45 a.m. and will be back around 9.15 a.m.	The Bus will leave school at 7.45 a.m. and will be back around 10.15 a.m.			

SWIMMING

MONDAY	WEDNESDAY		FRIDAY
December 17 th School Pool Dress Code : P.E Kit Squad A & B 5.30 a.m. - 7.00 a.m. Gr. 6 Upwards Boys 7.00 a.m. - 8.15 a.m. Mr. Keerthi Udayasiri (Coach) Mr. Sujith Sampath (Coach) Mr. Shashi Kumara (Coach) Ms. Menaka Perera (TIC)	December 19 th School Pool Dress Code : P.E Kit Squad A & B 5.30 a.m. - 7.00 a.m. Gr. 6 Upwards Girls 7.00 a.m. - 8.15 a.m. Mr. Keerthi Udayasiri (Coach) Mr. Sujith Sampath (Coach) Mr. Shashi Kumara (Coach) Ms. Menaka Perera (TIC)	January 02 nd School Pool Dress Code : P.E Kit Squad A & B 5.30 a.m. - 7.00 a.m. Gr. 6 Upwards Boys 7.00 a.m. - 8.15 a.m. Mr. Keerthi Udayasiri (Coach) Mr. Sujith Sampath (Coach) Mr. Shashi Kumara (Coach) Ms. Menaka Perera (TIC)	December 14 th School Pool Dress Code : P.E Kit Squad A & B 5.30 a.m. - 7.00 a.m. Gr. 6 Upwards Girls 7.00 a.m. - 8.15 a.m. Mr. Keerthi Udayasiri (Coach) Mr. Sujith Sampath (Coach) Mr. Shashi Kumara (Coach) Ms. Menaka Perera (TIC)

CHESS

MONDAY	TUESDAY	WEDNESDAY
December 10 th Main School Premises Dress Code : P.E Kit Grade 2 upwards Beginners 8.30 a.m. - 11.00 a.m. Squad & Intermediate 11.00 a.m. - 1.00 p.m. Mr. Nishadh Ranasinghe (Coach) Mr. Dayal Siriwardena (Coach) Ms. Rochelle Perera (TIC) Ms. Raveesha Galabadage (TIC) Ms. Randika Pannila (TIC) Ms. Kethakie Siriwardhana (TIC)	December 11 th Main School Premises Dress Code : P.E Kit Grade 2 upwards Beginners 8.30 a.m. - 11.00 a.m. Squad & Intermediate 11.00 a.m. - 1.00 p.m. Mr. Nishadh Ranasinghe (Coach) Mr. Dayal Siriwardena (Coach) Ms. Rochelle Perera (TIC) Ms. Raveesha Galabadage (TIC) Ms. Randika Pannila (TIC) Ms. Kethakie Siriwardhana (TIC)	December 12 th Main School Premises Dress Code : P.E Kit Grade 2 upwards Beginners 8.30 a.m. - 11.00 a.m. Squad & Intermediate 11.00 a.m. - 1.00 p.m. Mr. Nishadh Ranasinghe (Coach) Mr. Dayal Siriwardena (Coach) Ms. Rochelle Perera (TIC) Ms. Raveesha Galabadage (TIC) Ms. Randika Pannila (TIC) Ms. Kethakie Siriwardhana (TIC)

KANDYAN DANCING - GRADE 7,8,9 CONCERT PRACTICES

MONDAY	TUESDAY	WEDNESDAY
December 10 th Main School Premises Dress Code : P.E Kit Pooja Dance 7.30 a.m. - 12.00 noon Fusion Dance 7.30 a.m. - 10.30 a.m. Tamil Dance 10.30 a.m. - 1.30 p.m. Ms. Sumudika Sanathani (TIC) Ms. Madushi Chathurangika (TIC) Mr. Kasun Pullaperuma (TIC)	December 11 th Main School Premises Dress Code : P.E Kit Pooja Dance 7.30 a.m. - 12.00 noon Fork Dance 8.00 a.m. - 12.00 noon Ms..Kanishka Siriwardana (TIC) Mr. Kasun Pullaperuma (TIC)	December 12 th Main School Premises Dress Code : P.E Kit Fusion Dance 7.30 a.m. - 10.30 a.m. Tamil Dance 10.30 a.m. - 1.30 p.m. Ms. Sumudika Sanathani (TIC) Ms. Madushi Chathurangika (TIC)