

Lyceum Newsletter

NOVEMBER 2015



LN - 237

Nugegoda



MESSAGE FROM OUR FOUNDER MR. MOHAN LAL GRERO

1 st December	* Test paper correction Grade 9-12 (Holiday for Grade 10 & 12 students only)
2 nd December	* Test paper correction Grade 9-12 (Holiday for Grade 10 & 12 students only) * Meeting with parents (Grade 2) is cancelled.
3 rd December	* Paper discussion Grade 10 & 12 * Meeting with parents (Grade 7)
4 th December	Paper discussion Grades 10 & 12
7 th December	Paper discussion Grades 10 & 12
8 th December	Finalizing marks and reports Grades 10 & 12 (Holiday for Grades 10 & 12 students)
9 th December	School closes for students
10 th December	* Issue of reports - Grades 10 & 12 * Parent Teacher Day (School holiday for students) * Career Day * Art & Craft Exhibition Nursery/ Pre-Grade
11 th December	* Issue of reports - Grades 10 & 12 * Parent Teacher Day (School holiday for students) * Art & Craft Exhibition Nursery/ Pre-Grade * MUN Conference
12 th December	MUN Conference
13 th December	MUN Conference

Michael Jordan: Most people wouldn't believe that a man often lauded as the best basketball player of all time was actually rejected from his high school basketball team. Luckily, Jordan didn't let this setback stop him from playing the game. He said, "I have missed more than 9,000 shots in my career. I have lost almost 300 games. On 26 occasions I have been entrusted to take the game winning shot, and I missed. I have failed over and over and over again in my life. And that is why I succeed."



Ask yourself whether you are the kind of person who gives up easily, who throws in the towel at the first sign of adversity, or who quits because you failed a few times.

Well, Henry Ford, who is known for his innovative assembly line and American-made cars, wasn't an instant success either. In fact, his early businesses failed and left him broke **five times** before he founded the successful Ford Motor Company. While today Stephen Spielberg's name is synonymous with big budget movies, he was rejected from the University of Southern California School of Theater, Film and Television **three times**. He eventually attended school at another location, only to drop out to become a director before finishing. Thirty-five years after starting his degree, Spielberg returned to school in 2002 to finally complete his work and earn his BA.

Many successful people didn't succeed the first time. In fact, they didn't succeed the second time or the third. So when you feel like giving up, just give it another go. And another. And another. The more you do it, the better practice you get. Better practice leads to improvement, which leads to perfection!

Let me end with these words by Mary Anne Radmacher – "Courage doesn't always roar, sometimes it's the quiet voice at the end of the day whispering 'I will try again tomorrow'"





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SENIOR PREFECTS BOARD FOR THE YEAR 2015/2016

Position	Name	Class	PREFECTS
Head Boy	Maneth Kulathunga	11 Sc C	Rashmi Jayaweera 11 Com A
Head Girl	Anjali Ranaweera	11 Sc B	Helani Yapa 11 Com A
Deputy Head Boy	Danidu De Costa	11 Sc A	Tithira Munaweera 11 Com B
Deputy Head Girl	Malshi Abeysekara	11 Com A	Sandamini De Silva 11 Com B
Deputy Head Boy	Azeem Sheriff	11 Com C	Megumi Chandrasiri 11 Com B
Deputy Head Girl	Kaveesha Gunasekara	11 Sc A	Sajani Widanage 11 Com C
Games Captain Boy	Rushdy Ashrof	11 Sc C	Nilesh Dandeniya 11 Com C
Games Captain Girl	Sharanya Jayakody	11 Sc D	Dinithra Dissanayake 11 Sc A
Deputy Games Captain Boy	Manodya Premathilake	11 Com B	Ruchith Singhabahu 11 Sc A
Deputy Games Captain Girl	Aalia Hafeez	11 Com C	Chehan Walpola 11 Sc A
House Captains :			Inuja Aluwihare 11 Sc A
Aquila			Shaheer Riyad 11 Sc B
House Captains -	Boy Kevin Premathilake 11 Sc A		Banula Perera 11 Sc B
	Girl Sandali Thaladhithiyage 11 Sc D		Navin Nelumdeniya 11 Sc C
Deputy House Captains	Boy Beanta De Silva 11 Sc C		Dhananga Madurapperuma 11 Sc C
	Girl Sammani Perera 11 Nat Sc		Ovin Punyawardana 11 Sc C
Cetus			Isuru Saparamadu 11 Sc C
House Captains	Boy Vidusha Dahanayake 11 Sc D		Lihini Weeraratne 11 Sc C
	Girl Nethmi Liyanapathirana 11 Sc C		Danusha Muhandiramge 11 Sc C
Deputy House Captains	Boy Dukula Jayasinghe 11 Sc A		Harindu Maddumage 11 Sc C
	Girl Chamathni Liyanage 11 Sc D		Nuwantha Wijayatilake 11 Sc C
Cygnus			Ayantha Perera 11 Sc D
House Captains	Boy Janith Jayakody 11 Sc A		Thehara Sirimanna 11 Sc D
	Girl Methmi Rajapakse 11 Sc D		Bianka Ketheeswaranathan 11 Sc D
Deputy House Captains	Boy Saditha Kaluarachchi 11 Com A		Janesha De Silva 11 Sc D
	Girl Randeewari Arangala 11 Com C		Lakindu Bandara Dissanayake 11 Sc D
Ursa			Chamini Gamage 11 Sc D
House Captains	Boy Damiru Siriwardena 11 Sc A		Binuk Thambavita 11 Sc D
	Girl Kushini Suriyaarachchi 11 Com C		Sabith Mazahir 11 Nat Com
Deputy House Captains	Boy Evin Grero 11 Sc A		Mithma Samaraweera 11 Nat Com
	Girl Patricia Hassim 11 Sc C		Asel Gunaratne 11 Nat Com
			Melki Wijesekara Arachchige 11 Nat Com
			Jayath De Silva 11 Nat Sc



SPORTS CAPTAINS FOR THE YEAR 2015/16

The following students from Grade 11 have been appointed as Captains and Deputy Captains of the activities named for the year 2015/16. (School Captains)

Sports	Name	Class
Athletics	N. A. Mutukumarana – Boy Captain	11 Sc A
	Abdur Razzag – Boy Deputy Captain	11 Com C
	Nethmini Silva – Girl Captain	11 Com B
	Yeshika Withana – Girl Deputy Captain	11 Com C
Badminton	Yashen Caldera – Boy Captain	11 Com A
	Savidhu Perera – Deputy Boy Captain	11 Sc B
	Mithara Perera – Girl Captain	11 Sc A
	Ranuli Ranasinghe – Deputy Girl Captain	11 Sc B
Basketball	Rushdy Ashrof – Boy Captain	11 Sc C
	Faheem Shaffie – Boy Deputy Captain	11 Sc A
	Aaliya Hafeez – Girl Captain	11 Com C
Cricket	Chehan Walpola – Captain	11 Sc A
	Evin Grero – Deputy Captain	11 Sc A
Debating	Damiru Siriwardena	11 Sc A
Eastern Band Leader	Beanta de Silva	11 Sc C
General Knowledge	Ruchith Singhabahu	11 Sc A
Karate	Damiru Siriwardena – Boy Captain	11 Sc C
	Beanta De Silva – Boy Deputy Captain	11 Sc C
Netball	Nethmini Silva – Girl Captain	11 Com B
	Ayantha Perera – Girl Deputy Captain	11 Sc D
Senior Guide Leader	Binuri Fernando	11 Com C
Scout Troop Leader	Evin Grero	11 Sc A
Soccer	Shakeer Riyad – Boy Captain	11 Sc B
	Manodya Premathilake – Boy Deputy Captain	11 Com B
	Malthini Sugathapala – Girl Captain	11 Sc A
	Lihini Weeraratna – Girl Deputy Captain	11 Sc C
Swimming	Danidu De Costa – Boy Captain	11 Sc A
	Azeem Sheriff – Boy Deputy Captain	11 Com C
	Nudara Pathirage – Girl Captain	11 Com B
Scrabble	Nilesh Dandeniya – Boy Captain	11 Com C
	Danusha Muhandirange – Boy Deputy Captain	11 Com C
Table Tennis	Inuja Aluwihare – Boy Captain	11 Sc A
	Banula Perera – Boy Deputy Captain	11 Sc B
Tennis	Nabil Marikkar – Boy Captain	11 Com B
	Patricia Hassim – Girl Captain	11 Sc C
Western Band Leader	Janesha Indali De Silva	11 Sc D
Music	Janesha Indali De Silva	11 Sc D
	Shanaya Edirimanne - Deputy Captain	11 Sc A
Drama	Abdul Ahad Asraff - Boy Captain	11 Sc D



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PRIMARY SCHOOL

Please note that:

- * Certificates (only copies as mentioned in the October Newsletter, 2nd Issue) / Medals for activities not conducted by the school should be given at assembly (of Grade 3-5 students) should be sent to school on or before every Wednesday of that particular week.
- * It is compulsory for parents / van personnel to submit the child's ID when picking children up from school.

Please note the following changes with effect from 23rd October 2015.

- * If parents or students come to collect misplaced/lost/ additional copies of reports/certificates issued from school, they have to pay Rs. 500/- per copy.
- * If parents or students come to collect certificates which they have not collected within a year of leaving school, they have to pay Rs. 500/- per certificate.
- * Payment should be made to the Accounts Department and receipts will be issued for the money paid by the student. The report or certificate will be issued only on production of the receipt.
- * Please come only on Fridays from 11.00 a.m. to 12.00 noon and 2.30 p.m. to 3.30 p.m. to collect the above.

PIRITH CHANTING CEREMONY AT LYCEUM INTERNATIONAL SCHOOL

A Pirith Chanting Ceremony and an alms giving initiated by the students of the Lyceum Buddhist Society were held recently, at Lyceum International School, Nugegoda.

The ceremonies were attended by the Maha Sangha led by Most Ven Bogambara Rathanaiothi Thero, Chief Sanganayake, Colombo District.

Mr. Mohan Lal Grero-founder of the Lyceum International Schools, Mrs. Kumari Grero-Coordinating Principal, Mr. Nikitha Grero-Director, Ms. Wenuri Hettiarachchi-Principal, students of other religions and parents were also present at the ceremony.

Dear Parents,

Please see that your child does not have lice in his/her hair. There are medicated shampoos to get rid of lice from hair in the market for this and you can get your family doctor to prescribe and use it. Your immediate attention in this regard is sought as we have some parents complaining of catching lice from students in the school.

Please note the following points:

- * The maximum time to keep the students for after school practices will be upto 7.30 p.m. Please abide by the time specified, as we have informed the TIC's as well.
- * Immediate past pupils can only visit the school from 11.00 a.m. to 12.30 p.m. and 2.30 p.m. to 3.30 p.m. on weekdays.
- * Other past pupils can visit the school from 7.30 a.m. to 12.30 p.m. and 2.30 p.m. to 3.30 p.m. on weekdays. They should obtain a permission slip from the Office prior to visiting the teachers.

Coordinating Principal

Dear Parent,

All students of Grade 10 should apply for the National Identity Card / Postal identity card / Passport, and Grade 12 students should apply for the National Identity Card or Passport.

FIELD TRIPS

Please note that once paid, trip money will not be refunded. If the trip is cancelled due to any extreme weather conditions or under any unavoidable circumstance, it will be rescheduled as soon as possible.

LYCEUM UNIFORMS

Please send your child to school in a new/nearly new uniform, polished shoes and neatly combed hair. Please do not give old uniforms to anybody or put them in the garbage bin. You may hand over old uniforms to the school sick-bay.

Principal



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Audrey Hepburn once said 'Nothing is impossible, the word itself says 'I'm possible!' Lyceum International School academic staff member Ms. Mala Wijayapala has been appointed as the Director of Senior Guides and awarded the Prime Minister's award, by the Sri Lanka Girl Guides Association on 26th September 2015 at their annual general meeting.

In addition, the Sri Lanka Girl Guides Association awarded her 25 years' service with the prestigious service bar at the National Award ceremony held on the 31st October 2015.

She also initiated Little Friends packs, Senior Guide Companies and Girl Guide western bands in her previous schools. In 2011, she initiated the Senior Guide company at Lyceum International School Nugegoda.

To elaborate on her career in the field, she has been the Division Commissioner of the Kandy District as well as Sri Jayewardenepura Colombo for many years. From the year 2011-2014, she was the secretary of the Western Province Girl Guides Association.



LYCEUM UNIFORMS (Message from the LIS Uniform Shop)

Boys:

Ready made shirts are available in seven sizes from size 1 [the smallest] to size 7. Trousers (shorts) are available in four sizes from size 0.8 [the smallest] to sizes 1, 2 and 3. These four sizes are suitable for Grades 1 to 5 children. The children from Grade 6 upwards, who should wear long trousers, will have to purchase material and do their own stitching.

Girls:

Ready made frocks and waist coats are available in seven sizes; 1 to 7.

Physical training kit (Unisex):

P.T. t-shirts are available from the smallest size (XX small) to X-small, small, medium, large, X-large, XX-large and XXX-large, which are suitable for children from Grades 1 to 12, and similarly the P.T. pants.

However we wish to inform you that if any parent finds that the ready made uniforms do not fit their child, they may get the uniforms stitched elsewhere. We have ample stocks of materials and embroidered pockets for your convenience.

It is also advisable to remember the following:

- Make early purchases without waiting until the last moment.
- Try and purchase materials to do your own stitching for a neat/better fitting and smarter look. The materials are available in the school. Ready made uniform stocks may run out from time to time.
- Bring your child to select the correct fitting uniform, instead of returning the uniforms later.

SCHOOL FEES

A surcharge will be levied at the end of every month if school fees are not paid before the due date. Therefore, please settle the outstanding fees on or before 30th November 2015. In case you have misplaced or not received your paying in voucher, please collect it from the Accounts Department.



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What are the benefits of play in a child's life?

A child who has been given the freedom and the opportunities to play independently in nature and natural resources will gain many benefits in life.

EMOTIONAL – BEHAVIOURAL BENEFITS

Reduces fear, anxiety, stress and irritability

Creates joy, intimacy, and improves self esteem

Improves emotional flexibility and openness

Increases calmness, resilience, adaptability and ability to deal with surprises and changes

Decreases tactile defensiveness

It is a helpful process

SOCIAL BENEFITS

Enhances feelings of tolerance

Increases empathy, compassion and sharing

Creates options and choices

Models relationships based on inclusion rather than exclusion

Decreases the need for revenge and self defense

Improves touch and non verbal socialization skills

Increases attention and attachment capacities



BIO PHYSICAL BENEFITS

Positive emotions increase

Increases the efficiency of the immune, endocrine and cardiovascular systems

Increases the range of motion, ability, coordination, balance, flexibility, correct movement of the head and neck, and hand and eye coordination. Integrates sensory, motor, kinesthetic and emotional responses.

COGNITIVE BENEFITS (Related to intelligence)

Increases efficiency of brain functions

Many toys in the market today encourage passive rather than active play. In this age of high-tech toys, children frequently push a button and are entertained by watching the toys in action. The toys that are manufactured today set up the play activity and determine how it will be played with. The same can be said for many other typical activities for children today; television, movies, computer and video games. The problem with these activities is that the child is not using his/her own imagination. The child is not an active participant in the creation of the play experience.

- *From the Student Counsellor*

LITTLE FRIENDS

Correction

Please note that the article published in the October 2015 newsletter as 'Little Friends Bar Ceremony' should be 'Little Friends Golden Bar Ceremony',

Little Friends Christmas Party - 'Little Angels'

The above mentioned event will take place at the Bellerophon hall at 5.30 p.m. on 11th December 2015.

Little Friends - Extra Curricular Activity

We will not be enrolling new students for Little Friends on Thursdays (2.15 p.m. - 3.45 p.m.). Students who wish to join should do so in the next academic year (2016-2017).



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Religion Marks Distribution Method (Grades 1-8)

Religion	Grade	1 st Semester Examination - March	2 nd Semester Examination - July
Buddhism	1, 2 & 3	Theory Paper - 80% Oral Test - 10% (Term 1 & 2) Religious School Attendance - 10%	Theory Paper - 70% Oral Test - 10% (Term 3) Religious School Attendance - 10% Sil Programme Attendance - 10%
	4 & 5	Theory Paper - 70% Oral Test - 10% (Term 1 & 2) Religious School Attendance - 10% Poya Assignment - 10%	Theory Paper - 55% Oral Test - 10% (Term 3) Religious School Attendance - 10% Poya Assignment - 10% Sil Programme Attendance - 10% Write Up - 5%
	6, 7, & 8	Theory Paper - 70% Oral Test - 10% (Term 1 & 2) Dhammapada Assignment - 10% Religious School Attendance - 10%	Theory Paper - 55% Oral Test - 10% (Term 3) Religious School Attendance - 10% Dhammapada Assignment - 10% Religious Programme Attendance - 10% Write Up - 5%
Roman Catholicism	1	Theory Paper - 90% Religious School Attendance - 10%	Theory Paper - 80% Religious School Attendance - 10% Religious Programme Attendance - 10%
	2, 3, 4, 5, 6, 7 & 8	Theory Paper - 80% Oral Test - 10% (Term 1 & 2) Religious School Attendance - 10%	Theory Paper - 70% Oral Test - 10% (Term 3) Religious School Attendance - 10% Religious Programme - 10%
Christianity	1	Theory Paper - 90% Religious School Attendance - 10%	Theory Paper - 80% Religious School Attendance - 10% Religious Programme Attendance - 10%
	2, 3, 4, 5, 6, 7 & 8	Theory Paper - 80% Oral Test - 10% (Term 1 & 2) Religious School Attendance - 10%	Theory Paper - 70% Oral Test - 10% (Term 3) Religious School Attendance - 10% Religious Programme Attendance - 10%
Hinduism	1-8	Theory Paper - 80% Oral Test - 10% (Term 1 & 2) Religious School Attendance - 10%	Theory Paper - 70% Oral Test - 10% (Term 3) Religious School Attendance - 10% Religious Programme Attendance - 10%
Islam	1, 2, 3, 4 & 5	Theory Paper - 80% Oral Test - 10% Religious School Attendance - 10%	Theory Paper - 80% Religious School Attendance - 10% Religious Programme Attendance - 10%
	6, 7 & 8	Theory Paper - 90% Religious School Attendance - 10%	Theory Paper - 80% Religious School Attendance - 10% Religious Programme Attendance - 10%

HEALTH PAGE

Please note that it is not mandatory for all parents to complete Page 42 of the SRB.



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The French students of Lyceum International School, Nugegoda were invited by the prestigious Mayo College, Ajmer, Rajasthan, India to participate in their annual French Language Competition. 6 teams from various countries competed in the contest. Lyceum, Nugegoda was the only school to be invited from Sri Lanka, having satisfied the criteria for the standard of French and the overall standing of the school.

Thus 5 selected students participated in the 'Concours de Francais' which was held on 26th October 2015 in the historic 180 acre campus of Mayo Collage.

The team consisted of Ayesha Hettige, who competed in the category of French Reading and won first place in her category, Nishrin Rieza for poetry recital, Mandira Dissanayake, solo song, Sansindu Abysuriaya who competed in the Spelling Bee and Ramith Siriwardana who delivered a declamation on the topic of 'Equality between sexes, myth or reality?'.

The team with their escorting teachers Ms.Udeshika Perera and Mr.Chamika de Costa were graciously received by the Mayo College students and staff who commented on the good behaviour and social skills of the students as well as their competency level in French.

As for the students, they gained invaluable experiences, not only in terms of academic advancement, but also by being in a social situation that demanded independence, a sense of responsibility and composure.

Congratulations to the Lyceum Team!



Lyceum Team and Teachers



Lyceum Team



Mayo college main building



The team at Mayo College



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SPECIAL ANNOUNCEMENTS

- * Career Day for Grades 9, 10, 11 & 12 students will be held on 10th December 2015 (Parent-Teacher Day) from 9.00 a.m. to 4.00 p.m. A free Career and Higher Education Guide will be given to all students. A Rs. 6,000/- worth book voucher will be awarded to raffle draw winners. Venue: Bellerophon Hall (B7).
- * Parents are invited to sponsor or donate towards the International Schools Athletic Championship 2016. Please contact Mr. Liyanage on 0772500851 or sponsors.isac@lyceum.lk.
- * The ISAC-2016 sticker is now on sale, please buy one for Rs. 100/- and contribute to the ISAC Fund. Stickers can be purchased from the Sales counter at the Reception desk (from Ms. Chintha).



LEADERSHIP LESSONS FROM AN EAGLE

Sometimes the child-like spirit takes a hold of me. I wonder what it would be like to be a soaring bird. Apart from the care-free characteristic that birds are associated with, there are several important lessons we can learn from them that can build our character. Today, I'm reminded of the eagle. There's just something about them. We can't help but be in awe of their stance, their flight and their behaviour. Everything about them is awe-inspiring and exciting.

Eagles have sharp vision. Their eyes are designed for long distance and clarity. They can spot

something 50 miles away. Just imagine the possibilities with such vision. There have been many kinds of leaders but all of them have had one thing in common and that is vision. Your vision must be big and focused so that it will guide you and your team through obstacles and trying times, helping you to be successful.

Eagles are tenacious. When a storm comes, other birds fly away in fright but the eagle uses the wind current to climb to greater heights to literally rise above the storm. There are many challenges in the life of a leader but they do not shy away from them. Instead, they brave them in order to rise above.

Eagles wait patiently in the air for the next opportunity to find their prey.

They can climb up to 10,000 feet but can come back down swiftly to the ground. Likewise, great leaders are problem solvers. They do not grumble and complain but work patiently through challenges.

Eagles nurture their young. When the eaglets are very young, the eagle gathers the eaglet on to her back, flies high and then swoops out from under it so that the eaglet falls until it learns what its wings are for. Other times she tears apart her nest so that the eaglet has nothing else to cling on to and then gently nudges it off a cliff. Similarly bosses are not those who rule over others, but they guide and assist others to be better.

Next time you find yourself leading others, be reminded of the eagle and be encouraged.

AMENDMENTS IN SHB 2 (page 95), SHB 1 (page 75)

Please correct the 3 paragraphs mentioned on Page 95 in SHB2, (under Page 75, SHB1) by referring to the Religion marks distribution method (Grade 9-12) mentioned in the previous newsletter in October 2015. Where it mentions that students in Grade 10 also are recommended to go to Religious School where marks will be given.



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CANTEEN PRICE LIST

Cowpea/Kadala	50/-	Kandos chocolate	20/-	Chocolate chip cookies	70/-	
Manioc	40/-	Kandos chocolate	25/-	Chocolate marie	40/-	
Milk rice	35/-	Kandos chocolate	50/-	Cheese buttons	20/-	
String hoppars	35/-	Sauce pkt.	5/-	Chocolate cream marie	35/-	
Gram/Green Gram	50/-	Orange	} when available	Milk cream biscuit	40/-	
Fish/Egg Sandwich	40/-	Apple			Custard cream	45/-
Dossai	35/-	Banana			Ice cream cup	30/-
Halapa	30/-	Achcharu cup	40/-	Wonder bar	50/-	
Aggala	20/-	Isotonic drink	140/-	Faluda/Tango	25/-	
Eclair	40/-	CIC /Ambewela youghurt	30/-	Magic choc	50/-	
Pan cake/Lavariya	25/-	Highland yoghurt	30/-	Fantastic	70/-	
Pop corn	20/-	Kotmale milk pkt.	30/-	Cornetto	80/-	
Chicken drumstick	30/-	Drinking yoghurt	35/-	Pani kadju	45/-	
Fish roll	30/-	Daily Active	40/-	On the go (Samaposha)	10/-	
Fish samosa	25/-	Daily milk pkt.	40/-	4GB Bar	10/-	
Pattie	20/-	Milo milk pkt.	40/-	4GB Bar	20/-	
Cuttlet	20/-	Rich life milk pkt.	45/-	Chicken fried rice	140/-	
Vegetable bun	30/-	Water bottle	30/-	Normal chicken rice	110/-	
Soya bun	30/-	Ambewela milk (fresh)	50/-	Normal fish rice	100/-	
Fish bun	30/-	Isotonic drink	70/-	Normal egg rice	100/-	
Seeni sambol bun	30/-	Mixed fruit drink	50/-	Pasta	110/-	
Egg bun	35/-	SMAK drink	50/-	Biriyani	150/-	
Seeni sambol & egg bun	30/-	SMAK tetra pkt.	40/-	Mun kiribath	60/-	
Fish rotty	40/-	My juice	45/-	String hoppars (L)	40/-	
Egg rotty	40/-	Kist nectar	50/-	Cup cake	50/-	
Chicken pie	45/-	Milo (hot)	30/-	Chocolate cake (piece)	50/-	
Burger	50/-	Plain tea cup	10/-	Fruit cup (cut)	40/-	
Chicken bun	50/-	Milk short cream biscuit	45/-	Fruit juice	50/-	
Salad bun	50/-	Milk short biscuit	25/-	Thambili glass	30/-	
Tuna wrap	50/-	Lite marie	20/-	Coffee bun	30/-	
Pizza	50/-	Tikiri marie	30/-	Red rice (for breakfast)	65/-	
Chocolate biscuit pudding	50/-	Ginger biscuit	45/-	B. Bread sandwich	50/-	
Pani kadju	5/-	Nice biscuit	45/-	Happy cow cheese	35/-	
Thala karali	5/-	Chocolate biscuit	50/-	Rich life milk bottles	100/-	
Kandos chocolate	5/-	Bourbon biscuit	55/-	(chocolate/vanilla/strawberry)		
Kandos chocolate	10/-	Cream crackers	35/-			

