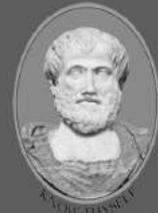


# Lyceum Newsletter



LN - 233

Nugegoda

**PLEASE NOTE THAT IMPORTANT NOTICES ARE IN EVERY NEWSLETTER. THEREFORE, IT IS COMPULSORY FOR EVERY PARENT AND STUDENT TO READ THE NEWSLETTER.**

## CONTACT DETAILS

Please note that parents are responsible for informing the school whenever their personal and contact details change. Please inform the Principal in writing.

## PUNCTUALITY IS A GOOD HABIT

Please ensure that your child comes to school before 7.30 a.m. Please leave home early enough to avoid usual traffic in order to avoid being marked 'late'.

## JEWELLERY

Silver chains / black cords / jewellery, worn around the neck for various religious reasons should not be worn to school. Students will be asked to remove such items if noticed.

## INTERNATIONAL SCHOOLS' ATHLETIC CHAMPIONSHIP 2016 (ISAC 2016) 26<sup>TH</sup>, 27<sup>TH</sup> & 28<sup>TH</sup> FEBRUARY 2016 OPPORTUNITY FOR SPONSORSHIP

Once again, Lyceum has taken over the post of Official Organizer of the ISAC 2016. ISAC is the annual Mega Event of 24 International Schools affiliated to The International Schools of Sri Lanka (TISSL).

State of the art multi-media promotional channels are available for you to promote your products and services.

**Please contact the Chief Coordinator of Sponsorship on the hotline 0772500851 or email: [sponsors.isac@lyceum.lk](mailto:sponsors.isac@lyceum.lk). Web: <http://isac.lyceum.lk>**

## PHOTOGRAPH

The photograph pasted on the Student's Record Book should be a very recent photo of your child in school uniform (not more than 6 months old).

## Message from our Founder Mr. Mohan Lal Grero

As young children you must have dreams of doing a great job, possessing a university degree, or maybe owning your own car. As I have written many times before, you must always dream big and never settle for small things in life. Also help those around you as you walk this life's journey.

Josh was a young executive who managed to save enough money to buy a new car. One afternoon while he was driving, a brick sailed out from nowhere and smashed the side of his new car. He reversed the car to the spot and got out to find a small boy with tears running down his face standing by the side of the road. As angry as he was he managed to ask the youngster why he threw a brick. Sobbing the boy replied "It's my brother sir, the wheelchair toppled and he rolled off," he said. "Would you please help me get him back into his wheelchair? He is hurt and he's too heavy for me".

Moved beyond words, Josh helped the boy and attended to his needs. He watched them continue to go on their way. Josh never fixed the side door of his car, and kept the dent to remind him not to go through life so fast that someone has to throw a brick at him to get his attention. Be aware of the needs of those around you. As Mahatma Gandhi once said, "The best way to find yourself is to lose yourself in the service of others".

## REMINDER

Present Grade 5 students (boys), please note that it is compulsory for you to wear long trousers in Grade 6 from September 2015.

From Grade 6 upwards, all boys should wear a black belt.

## RAINY DAYS

Please send an umbrella or a raincoat on rainy days.





**MESSAGE FROM OUR COORDINATING PRINCIPAL**

**Technology and Parenting**



The present generation of millennials has grown up with technology. It has become commonplace for parents to give mobile phones, tablets and other personal electronic devices to children. The busy lifestyle of modern-day parents often sees them resorting to convenience over value. However, we must not blindly adapt to change. The decisions parents make regarding technology must be thought out and implemented carefully.

It is advisable to prevent your children from using phones while schooling. Set boundaries such as age and time restrictions for the use of computers. Children must be encouraged to spend time reading or playing a family board game.

Introduce them to a library. Make them feel proud that they own a library membership card. Let them see you borrowing and reading books too (you must practice what you preach).

Teach them that the real use of technology is to solve problems and that is better to be a creator than a consumer of technology. For example, use technology to create presentations and to do research for school assignments.

Limit the duration and content they watch. Research studies show that children continuously exposed to television from a young age develop shorter attention spans that lead to learning problems.

Technology provides many opportunities for distractions. Those who will succeed in the future will be the ones who learn to overcome this temptation. Give them educational games and puzzles oriented towards problem solving and those that require patience such as sculpting, painting and craft-making. Encourage them to play with friends and take them on family outings.

Creating a strong family culture with set rules and norms about the use of technology is important for the holistic development of children. Then, children will grow up to be informed and reflective citizens who can make wise decisions about their lives.

**PARENT TEACHER DAY (Grade 3 to Grade 12)**

**Parent Teacher Days will be held on 10<sup>th</sup> and 11<sup>th</sup> August 2015.** The Parents can meet the class teachers and subject teachers on this day and collect their child's Semester Examination Report and subject papers from the respective subject teachers. The highly commended reports will be given to the students at the last day assembly.

Please follow the schedule given below.



	<b>Surnames beginning with</b>	<b>Times to meet the teachers</b>
10 <sup>th</sup> August 2015	A, B, C, D	7.45 a.m. - 9.45 a.m.
	E, F, G, H	9.45 a.m. - 11.45 a.m.
	I, J, K, L	11.45 a.m. - 1.45 p.m.
11 <sup>th</sup> August 2015	M, N, O, P	7.45 a.m. - 9.45 a.m.
	Q, R, S	9.45 a.m. - 11.45 a.m.
	T, U, V, W, X, Y, Z	11.45 a.m. - 1.45 p.m.

We would appreciate it if you could note down your problems beforehand, as only 5 minutes will be allocated to you with the teacher. We request all parents to strictly follow the time allocated to avoid congestion. Also, please keep to the day and time allocated to you according to your surname.

If your child is in Grade 3 and above and is accompanying you, he / she will have to be dressed in the appropriate school uniform (including shoes and socks).

### REAPING THE FRUITS OF A WELL ROUNDED EDUCATION

Here I am walking once again through the gates of my alma mater after two long years. Perhaps there is no other institution in this world as closely weaved to my life as Lyceum. Memories of those lovely school days cascade through my mind, where we learnt many life lessons. There is no better time to reflect on how Lyceum has empowered me to face the world with courage.

From the little world that I grew up inside Lyceum to studying in the bustling metropolis of London, may seem a bit too high a leap for any naive young man, but surprisingly the challenges that I faced were very easy to overcome owing to the skills and values and the proper grooming I gained at Lyceum.

I learnt to appreciate our cultural values, through the participation in a number of activities ranging from school concerts and playing the flute in orchestras to singing and speech competitions and drama. These skills gave me recognition, love and praise from the Sri Lankan community who were keen to know which school I studied in. Many who presumed that I was from a prestigious government boys' school in Colombo were left awe-struck!

Within a very small time, a number of opportunities opened up in arts and performing arts activities around the UK, I got the opportunity to play the flute for a couple of large scale charity concerts in London for well known Sri Lankan artistes visiting in the UK.

The competitiveness of the world outside is booming and academic qualifications constitute just one side of the balance for a successful future; it's not all about book knowledge. The world is hungry; hungry for people with the right talent, discipline, and the ability to adjust to diverse working conditions, just like a balanced diet with the right quantities of nutrients.

If you are looking for an education which is comprehensive yet precise, Lyceum is the one and only place, the institution I owe for almost every successful step I take today. As students of Lyceum, consider yourself to be an absolutely lucky bunch, for one day you will depart through the gates well armed to face the world. Be different, love and respect your school. As Ralph Waldo Emerson once said, "Do not go where a path may lead, go instead where there is no path and leave a trail." This can be your story.

**Jeewantha Wickramasinghe, Lyceum Batch of 2010/2011**

Final year student, Anglia Ruskin University, Cambridgeshire, UK

The senior guides of Lyceum Nugegoda are showcasing another movie, '**Cinderella**', in order to collect money for the Health Camp they are organising.

Time : 2.15 p.m. - 4.30 p.m.  
 Venue : Conference Hall 1  
 Date : 09<sup>th</sup> of July 2015  
 Ticket Price : Rs. 100/-



Please come to watch the movie and help them with the organisation of this huge event.

**PLEASE PAY YOUR SCHOOL FEES ON TIME.**

## NOTICE

**DENTAL CARE**  
**SCALING / POLISHING / GUM TREATMENT**

Call and register on  
**077-4445332: Dr. Rozana Mahajuodeen**  
 (past student of Lyceum Nugegoda)  
 to schedule your appointment

\*25% off entitlement on professional fee  
 (Appointment Days:

Mondays / Wednesdays / Sundays)  
 The Central - Colombo



# Memos to Parents & Guardians



www.lyceum.lk

Contribute | Achieve | Change

July 2015

## SCHOOL UNIFORM

Please note that all students coming to school should be in school uniform and not in the P.T. kit. School uniform is compulsory and P.T. kit should be worn only on P.T. days. Students visiting school for holiday classes / to go to the office should come in school uniform.

## MEETING TEACHERS

Parents are kindly requested not to ask for the personal telephone numbers of teachers. If you need to meet a teacher please contact him / her via the SRB or telephone the school and leave a message / set up an appointment.

## PREVENTION OF INFECTIOUS DISEASES

If your child has fever or any symptoms like headache / body pain, please keep your child at home. Please inform the school nurse if your child has had dengue fever recently.

## HANDWRITING

Please see to it that the English handwriting of your child is improved before going to the next grade. If your child's handwriting is poor please buy him / her a handwriting book and tell him / her to do a page of copy writing daily.

*Dear parents,*

Please do not send money or any items to school unless a request notice is sent authorised by the Director / Coordinating Principal / Deputy Coordinating Principal or the Principal.

### TO AVOID THE RUSH, PLEASE PURCHASE ITEMS IN THE BOOK LISTS FOR THE NEW ACADEMIC YEAR 2015 / 2016 AS MENTIONED BELOW:

As we did last year, all the book list items and the uniforms of the children of the following grades could be purchased by parents as indicated below. Please note that during these months, priority will be given only to lists of those indicated grades and not to the other grades. We appreciate your cooperation in this regard to avoid any disappointments that may arise at the point of issue.

- |  |                                 |
|--|---------------------------------|
| <b>1. Grade 4, 5 and 6</b>   | <b>01.07.2015 to 31.07.2015</b> |
| <b>2. Grade 7, 8, Cambridge O/L, National O/L, L/Nur. and U/Nur.</b> | <b>01.08.2015 to 31.08.2015</b> |

## AN OPPORTUNITY TO BECOME A TEACHER

Are you a parent who wants to assist your child, a school leaver, or a knowledge seeker? The Lyceum Academy for Teacher Education, the teacher training arm of THE LYCEUM INTERNATIONAL SCHOOL SYSTEM, conducts the following programmes.

Programme	Class Day	Time
[1]. Diploma in Early Childhood Development Education	Saturday	8.30 a.m. to 4.30 p.m.
[2]. Diploma in Primary School Teaching	Wednesday & Friday	2.30 p.m. to 5.30 p.m.
[3]. Diploma in English Language Teaching	Saturday	8.30 a.m. to 4.30 p.m.
[4]. Diploma in Teaching Science	Saturday	8.30 a.m. to 4.30 p.m.
[5]. Diploma in Teaching Mathematics	Saturday	8.30 a.m. to 4.30 p.m.

Curriculum consists of Theory, Practice & Application. Printed material is free.

- [a]. Application & Registration fee: Rs. 1000/=      [b]. Course fee: Rs. 36,000/=,  
 [c]. Science & Maths: Rs. 42,000/=      An easy payment structure is available.

**Contact: Registrar, Lyceum Academy for Teacher Education, Lyceum International School, Nugegoda.**

**Telephone No: 2829744 - 45 / 2822387 / Fax. 4301120 / Ext. 125.**

### THE GRADE ONE ORIENTATION WEEK

The orientation week, introduced this year, is dedicated to the children's enjoyment through listening, speaking, song, dance and other activities, for them to develop a love of school. This is simply adopting and adapting some of the activities the children enjoyed in the Pre Grade class to encourage children. It is hoped that they would see that school life in Grade One is a continuation of what they have enjoyed so far, at least to some extent. This can ease the transition from informal education in Pre Grade to formal in Grade One.

One of the features of the orientation week is that children are not challenged to write, because writing is more difficult for children in this age group. Since they do not have complete control over their fine motor skills, eye-hand coordination, etc., burdening the child with the task of having to learn to write so early could slow down their overall development in learning. It is hoped that parents will not be over-concerned that there is no evidence of learning in their writing books.

During the orientation week, children continue to work in small groups. This creates an atmosphere where each child is recognized by the peers in his group as an individual, rather than as one in a large class. The group work pattern is continued right through Grade One and will give the child greater self-confidence and an opportunity for him / her to discover himself / herself.

Certain aspects of formal education are also introduced during the orientation week. In the Pre Grade class, the children use kinship terms, (e.g. aunty) to address their teachers. The formal way of addressing a teacher is introduced during the orientation week. Children learn to use the terms 'Miss Tamara' or 'Teacher', with the former being preferred.

The enjoyable thematic learning activities such as 'water play' in Pre Grade are replaced with activities more focused on revision, such as 'shapes', 'numbers' and 'colours'. All the activities are supported by audio aids, and where possible, by video.

It is believed that an orientation week will create appreciable changes in attitudes towards learning in children, parents and teachers. Making things better and easier for the children depends on how the idea is perceived and the input from our dear parents.

#### Teacher Empowerment Unit

#### WATER PLAY (PRE PRIMARY, NURSERY & PARENT SCHOOL)

For children, water play is a soothing activity. Children can play and learn alone, or alongside others. They can learn a great deal as it is an enjoyable activity as well.

What are the benefits of water play?

1. It develops hand - eye coordination and manipulative skills such as lifting, pouring, and controlling.
2. It helps to explore early mathematical and scientific concepts.  
E.g. Heavy/light, float/sink, full/empty, shallow/deep and measuring, estimating, and conversion of volume.
3. It also develops concentration and problem solving skills, as children become absorbed in experimentation.
4. Last but not least, it helps in developing social skills as children play alongside one another and communicate with others. Expressing one's opinions and sharing one's thoughts lays the foundation to communicate effectively later in childhood.

#### Teacher Empowerment Unit

#### SOME QUESTIONS PARENTS ASK AND THE SCHOOL'S REPLIES (Q & A).

**Q: Can teachers assign students who do well in academics to help students who need improvement during class time?**

**A:** Yes, in this way we can improve the students through peer support and it will be a good learning experience. It creates unity among classmates. Students are considered as secondary resource persons in Education.

# Sports & Extra Curricular Activities



www.lyceum.lk

Contribute | Achieve | Change

July 2015

## THE LITTLE FRIENDS OF LYCEUM NUGEGODA AT THE 22<sup>ND</sup> FOUNDER'S DAY

The Little Friends of Lyceum International School made a remarkable contribution to the Founder's Day held on the 12<sup>th</sup> of June 2015. A population of 150 Little Friends aged between 7 to 12, attired in pure white official uniforms, blended in a circular layout at the Aeolian Hall, to declare a grand salute to the honourable initiators of Lyceum, Mr. & Mrs. Gero, to open the ceremony. Impressed by the welcoming sessions, the initiators appreciated the Little Friends at the ceremony.



## LYCEUM LITTLE FRIENDS FLY HIGH IN FRUITS SPLASH PACK HOLIDAY 2015

A group of 80 Lyceum Little Friends in collaboration with a group of 20 Kothalawalapura Maha Vidyalaya students joined hands in 2014 to grace the "Little Friends Lend A Hand" programme, a continuous centenary activity that was successfully incorporated into the current programme "A 1000 days to a 100 years" (launched by the Sri Lanka Girl Guides Association).

The team engaged in the Pack Holiday event held from 12<sup>th</sup> to 14<sup>th</sup> June 2015. They went camping for three days and two nights without their parents, and they visited Richmond Castle in Kalutara and the Bandaragama Sarvodaya Training Centre.

According to Mrs. Harshini Perera, Director - Communications of Sri Lanka Girl Guides Association, there are lots of new challenges for "Little Friends" such as making new friends and having great adventures. Hence, the Little Friends were involved in various disciplinary and fun activities such as singing songs, outdoor cooking, helping others, earning badges, going on nature walks, learning the art of building satisfaction with what they have and a good training to do their work by themselves. The outdoor activities were termed "MAD OLYMPICS". The event started with a grand opening ceremony with sweets made in the Sri Lankan tradition.

A special team enforced by the Sri Lanka Girl Guides Association ("Stop the violence campaign") conducted a workshop for the Little Friends and the officials. The bonfire activities for the Little Friends comprised a kitchen band, camp songs, dancers, cheers and many more. The parents had fun doing activities designed for them. A group of 25 cub scouts from Kothalawalapura Maha Vidyalaya also joined the students for the bonfire. Attractive necklaces were made out of candy. Fashion shows for Little Friends led to innovative ideas where recyclable materials for clothing were used to add interest to the competition. The closing ceremony revealed the sadness of the Little Friends at having to end the programme.

The Little Friends were grouped under three sub camps A, B, and C, which were further sub-divided into categories named "Mixed fruit, Banana, Water melon, Pineapple and Papaya," to add colour to the event. The different sub camps created their own pack corners with attractive decorations.

The activities of the event were classified under duties specified with designations such as "Jolly waitress - for serving the food, Happy cooks - for assisting with cooking, Busy bees - for house keeping, Messengers - for delivering mail and messages and ultimately the First aids - for helping the nurses in case of sickness".



# Sports & Extra Curricular Activities



www.lyceum.lk

Contribute | Achieve | Change

July 2015

## LYCEUM LITTLE FRIENDS PROMISE TO DO THEIR BEST

The Lyceum International School Little Friends enrolment ceremony took place on 7<sup>th</sup> June 2015 at the school premises. Close to 50 students were enrolled as Little Friends. They promised to do their best for society. The occasion was made more meaningful when Ms. Iresha received her Warrant Badge, authorising her to guide young minds to brighter lives.



## SRI LANKA YOUTH RAPID CHESS CHAMPIONSHIP - 2015

Organised by the Chess Federation of Sri Lanka, held at Royal College, Colombo 07.

Results: Thisaga Hewawasam 3I 4<sup>th</sup> Place  
Mesanda Gamage 4B 6<sup>th</sup> Place

## SRI LANKA YOUTH BLITZ CHESS CHAMPIONSHIP - 2015

Organised by the Chess Federation of Sri Lanka, held at Royal College, Colombo 07.

Results: Thisaga Hewawasam 3I 5<sup>th</sup> Place (Under 08 open)  
Senethu Liyanahewage 3F 6<sup>th</sup> Place (Under 08 open)  
Mesanda Gamage 4B 8<sup>th</sup> Place (Under 10 open)  
Dihein Lenora 3D 8<sup>th</sup> Place (Under 08 open)

## COLOMBO DISTRICT YOUTH CHESS CHAMPIONSHIP - 2015

Organised by the Chess Federation of Sri Lanka, held at Royal College, Colombo 07.

**Result:** Roshana Tharin Wijeratne 5H (Under 10 Boys - Equal Fourth Place)

## WESTERN PROVINCE CHESS TOURNAMENT - 2015

Organised by the Western Province Education Department, held at Pothupitiya Maha Vidyalaya, Wadduwa.

### RESULTS:

#### Position: 5<sup>th</sup> Place

Lasal Jayawardena 8A, Hansaja De Silva 8A, Chaniru Katuwanage 8B, Gimshan Weerasinghe 8E, Methma Wijerathna 8G, Thalaal Naushad 8H, Kisaja Wickramanayaka 9 Nat. A

## SIR JOHN TARBET SENIOR ATHLETIC CHAMPIONSHIP 2015

Organised by the Sri Lanka Schools Athletic Association. Held at Mahinda Rajapakse Stadium, Diyagama.

### RESULT:

Binadi Diddeniya 9 Sc. D Under 16 : 1<sup>st</sup> Place High Jump : 1.54m

(Sir John Tarbet Senior Athletic School Colours)

# Sports & Extra Curricular Activities



www.lyceum.lk

Contribute | Achieve | Change

July 2015

**THE NATIONAL AGE GROUP RELAY CHAMPIONSHIP**, organised by the Sri Lanka Aquatic Sports Union (SLASU), was held on 31<sup>st</sup> May 2015 at the Sugathadasa Swimming Complex with the participation of schools from all over Sri Lanka. Lyceum Nugegoda won the championships mentioned below, with New Meet Records.

Under 11 boys Medley Relay Championship

Under 11 boys Free Style Relay Championship

**Swimmers of the 4 x 50 m medley relay (under 11 - boys) - time - 2:41:60**

- Chris Pavithra of 5C

- Janidu Gangahagedara of 4B

- Arkhash Saravanakumar of 5E

- Anujaya Abeyagoonsekera of 4D

**Swimmers of the 4 x 50 m free style relay (under 11 - boys) - time - 2:20:96**

- Chris Pavithra of 5C

- Janidu Gangahagedara of 4B

- Arkhash Saravanakumar of 5E

- Anujaya Abeyagoonsekera of 4D



**THE PENTATHALON SWIMMING CHAMPIONSHIP**, organised by the Sri Lanka Aquatic Sports Union (SLASU), was held from the 15<sup>th</sup> to the 16<sup>th</sup> of May at the Sugathadasa Swimming Complex with the participation of schools from all over Sri Lanka.

A New Meet Record was established by Chris Pavithra of 5C, who won the Under 11 Boys Age Group Championship.

50 m fly 00:36:72 sec

50 m back 00:40:14 sec

50 m breast 00:45:01 sec

50 m free 00:33:77 sec

200 IM 03:10:61 sec

**Total 05:46:25 sec**



## ENGLISH JUNIOR SINGING COMPETITION - FINAL RESULTS

### Grade 3 - Girls

1<sup>st</sup> Place Kenuli Samarasekara

2<sup>nd</sup> Place Umeja Ranasinghe

3<sup>rd</sup> Place Romala Gunasekara

### Grade 3 - Boys

1<sup>st</sup> Place Vihanga Thudugalage

2<sup>nd</sup> Place Jehan Cassim

3<sup>rd</sup> Place Harin Keerthisinghe

### Grade 4 - Girls

1<sup>st</sup> Place Tharusha Karunanayaka

2<sup>nd</sup> Place Manilka Tennakoon

3<sup>rd</sup> Place Nirmani Perera

### Grade 4 - Boys

1<sup>st</sup> Place Dileesha De Mel

2<sup>nd</sup> Place Karunyan Pankovan

3<sup>rd</sup> Place Risith Attanayeke

### Grade 5 - Girls

1<sup>st</sup> Place Evni Sapugoda

2<sup>nd</sup> Place Haniya Ishmail

3<sup>rd</sup> Place Yana Hettigedara

### Grade 5 - Boys

1<sup>st</sup> Place Chanuka Sarathchandra

2<sup>nd</sup> Place Hamdi Fuard

3<sup>rd</sup> Place Nesith Liyanage

# Sports & Extra Curricular Activities



www.lyceum.lk

Contribute | Achieve | Change

July 2015

## MODEL UNITED NATIONS CONFERENCE - 2015

Organised by D.S. Senanayake College, Colombo held at Kingsbury Hotel, Colombo.

### RESULTS:

Lyceum International School, Nugegoda won 2 Awards out of 5 Awards.

Nikin Mataraarachchi

11 Sc B

Asel Gunaratne

10X

### Why is Chess important?

Chess is a gymnasium for the mind.

Chess was a royal game and a favourite pastime of kings, queens, knights and bishops. Now, it is a popular game around the world, the national game of many countries. Chess is about quadrants and coordinates, lines and angles. It is an intellectual exercise, a recreational therapy. Chess is inexpensive and can be played at any place. It is a game for people of all ages.



### Why is Chess good for kids?

Chess is a perfect tool for education. There is a strong co-relation between playing chess and higher educational attainments of children. Chess helps enhance your memory strength. It boosts your concentration power. If you want to increase your IQ level, Chess is the appropriate game! It improves your ability to read and write. No other game can develop your mental qualities and social skills like chess. You gain confidence, and it creates mental clarity and stability. Chess teaches you patience and to face challenges. Chess offers a range of complicated problems to practice, making you look for different alternatives. A good chess player is a good problem solver. In the long run, you develop discipline, face competitive endeavours, and respect others. The game has a powerful aesthetic appeal. Chess is great. It exercises and trains your mind. It gives you endless hours of high quality fun. It creates the spirit of sportsmanship within you. In the end, players have better chances to succeed in life. Dear children, you can learn the game easily and quickly. You waste valuable time watching television and playing video games; instead, enjoy chess; activate your mind and brain. Develop life skills. Make admirable friends. Chess is a game of life.

### COSTUME CUPBOARDS

Parents who would like to donate costumes, we would appreciate it if you could send them to the class teacher.

**Please note that Leaving Certificate will not be issued to students with outstanding fees.**

### HOUSE BADGE

The house badge should be sewn on the left side of the sleeve and in the centre of the folding line.

*Dear Parents,*

Please do not send money or any items to school unless a request notice is sent, authorised by the Director / Coordinating Principal / Deputy Coordinating Principal or the Principal.

### STUDENTS' BELONGINGS

All belongings that students bring to school should be labelled with the student's name and class. This is to enable any lost items to be returned to the owner.

# Sports & Extra Curricular Activities



www.lyceum.lk

Contribute | Achieve | Change

July 2015

## 42<sup>ND</sup> SRI LANKA SCHOOLS AGE GROUP AQUATIC CHAMPIONSHIP 2015

The swimming team of 32 students of Lyceum International School Nugegoda participated in the 42<sup>nd</sup> Annual Sri Lanka Schools Age Group Aquatic Championship 2015 that took place from 18<sup>th</sup> to 21<sup>st</sup> of June 2015 at the Sugathadasa Stadium Swimming Complex.

The event was organized by the Sri Lanka Schools Aquatic Sports Association (SLSASA), and nearly 146 schools took part in this four-day event. Lyceum International School Nugegoda received with 124.5 points in the Boys' Junior Category and 81 points in the Girls' Junior Category. It is the tremendous effort made by the Lyceum Swimming Team for this event which contributed to winning points.

Thanks to the Head Coach, Assistant Coaches and Teachers In-Charge who brought success to Lyceum International School, our swimming team was able to achieve this feat.



Seated from left: Kumari Vandort (Assistant to Deputy Director of Sports cum Asst. TIC Swimming), Nelum Priyadarshani (TIC Swimming), Wenuri Hettiarachchi (Principal), Nikitha Grero (Director), Nishantha Perera (Deputy Director of Sports cum Head Coach Swimming), Sameera Pathum (Sports Coordinator).

Standing from left: 1<sup>st</sup> row: Chanulka Panadura, Janindu Gangahagedara, Sasindu Kaluarachchi, Tevan Talagalage, Chris Pavithra, Savin Kaluarachchi,

Arkhash Saravanakumar, Nadiv Herath, Methya Weerakkody, Yana Hettgedara, Vilara Ranasinghe, Kethaki Wijayasuriya, Sanuldi De Silva, Methuki Gunawardana, Umeja Ranasinghe, Onelli Yahampath.

Standing from left: 2<sup>nd</sup> row: Dinithi Peris, Komudi Pinnedoowa, Ovin Gamage, Sachin Kaluarachchi, Sanuk Pieris, Samindra Banu, Yenuka Gunetilake, Lavanya Wjegunetileke, Anuji Dias, Senanya Jayathilake, Akshi Suppiah, Kashmin Wijeyasekera, Janith Wicramanayake.

Standing from left: 3<sup>rd</sup> row: Ashoka Jayawardana, Prasad Kanchana, Samith Nuwan, Suresh Silva, Gihan Jayaprasad, Indika Hewage (Assistant Swimming Coaches).

## 'WATER AND THE ENVIRONMENT' JUNIOR QUIZ 2015

Organised by The Funday Times, in Association with IWMI. Held at the International Water Management Institute (IWMI) Auditorium, Pelawatta.

### Results

**Position : 3<sup>rd</sup> Place**

### Names of participants:

Chaniru Senevirathne 9 Sc. B, Buthsarani Gunawardana 9 Sc. B, Odila Athukorala 9 Nat. A, Yowan Dias 9 Nat. A, Piyumi Hettiarachchi 9 Com. B

## JOB BANK - FROM THE MOHAN LAL GRERO FOUNDATION

We have a CD of applications for various types of jobs. It would be greatly appreciated if you could find jobs for these people. Please email us on [lyceumer@lyceum.lk](mailto:lyceumer@lyceum.lk) for us to send you a copy of the CD through your child's SRB.

Thank you,  
Mrs. Kumari Grero