

The Lyceumer

**NUGEGODA (LN-274)
JULY 2018**

WORDS OF WISDOM

FROM OUR FOUNDER,
MR. MOHAN LAL GRERO



Once, the Buddha was walking from one town to another town with a few of his followers. This was in the initial days after His enlightenment. While they were travelling, they happened to pass a lake. They stopped there and the Buddha told one of His disciples, "I am thirsty. Do get me some water from that lake there."

The disciple walked up to the lake. When he reached it, he noticed that some people were washing clothes in the water and, right at that moment, a bullock cart started crossing the lake as well. As a result, the water became very muddy and turbid. The disciple thought, "How could I give this muddy water to the Buddha to drink!" So he came back and told the Buddha, "The water in there is very muddy. I don't think it is fit for drinking".

After about half an hour, again the Buddha asked the same disciple to go back to the lake and get him some water to drink. The disciple obediently went back to the lake. This time he found that the lake had crystal clear water in it. The mud had settled down and the water above it looked fit for drinking, so he collected some water in a pot and brought it to the Buddha.

The Buddha looked at the water, and then he looked up at the disciple and said, "See what you did to make the water clean. You let it be ... and the mud settled down on its own and you got clear water... Your mind is also like that, when it is disturbed, just let it be. Give it a little time. It will settle down on its own. You don't have to put in any effort to calm it down. It will happen. It is effortless."

What did Buddha emphasise here? He said having 'peace of mind' is not a strenuous exercise, it is an effortless process. When there is peace inside you that peace permeates to the outside; to the environment, so that the people around you will also start feeling and experiencing that peace.

Try practising that!

25TH ANNIVERSARY CELEBRATIONS

Lyceum celebrates 25 years on 14th of June 2018.



Awards were given out to the staff members who had completed 5, 10, 15, 20 and 25 years of service. Mrs. Kumari Grero and Mr. Piyasena Dabare received awards for 25 years of service.

In his speech, Mr. Mohan Lal Grero mentioned that he had a dream of establishing a school which taught religion, our mother tongue and history in the English medium and that it was important to him that this quality education be delivered at a reasonable and affordable fee. "When Nikitha, my son, came of age to attend school I knew then that it was the auspicious moment to start Lyceum" said our Founder, Mr. Grero.

In her speech, Mrs. Grero announced that she will be resigning as the Principal of Lyceum International School, Nugegoda but will continue to be the Coordinating Principal of all Lyceum International Schools. Mrs. Dulka Mendis was appointed as the Principal from 15th of June 2018.

THE ALUMNI REUNION

The Alumni Reunion took place on 14th June evening to celebrate the silver anniversary of Lyceum. More than 800 past students participated at this event.



Vision

To produce global citizens who will reshape the future of their motherland.

Mission

To enhance the potential of every young soul that passes through our halls, empowering them to be the best they can be.

Best Wishes from

AEOLIAN HALL



The Aeolian hall is now air-conditioned thanks to the students, parents and staff who contributed to make it a reality. The inaugural event in the newly air conditioned hall was held on 13th June 2018 between the school management and the parents of Pre-AL students. We thank our Warden, Mr. Dayan Fernando, for initiating the project.

25TH ANNIVERSARY CELEBRATIONS

In commemoration of the 25th Anniversary, the Little Friends of Lyceum Nugegoda cooked and served 25 kg of milk rice on 20th June at the school premises. At the event, they also presented a book of 100 articles detailing their previous projects and community services.

Ms. Nardhya Grero, members of the Management, teachers, staff, Little Friends, Rangers, Cubs and Scouts graced the occasion.

COSTUME DAY - GRADES 1 - 5

In celebration of the 25th Anniversary of the school, students of Grades 1 to 5 held a Costume Day on 7th and 8th June 2018. Some dressed as superheroes while others chose to dress up as their favourite character from a book or a movie. A special assembly was also conducted on the same day where students performed in their special costumes.



We are happy to announce that Mrs. Dulka Mendis has been appointed as the Principal of Lyceum International School, Nugegoda.

We wish her all the best!



Lyceum celebrates its Silver Jubilee with “Random Acts of Kindness”

Oscar Wilde said, “The smallest act of kindness is worth more than the grandest intention”. Students of Lyceum International School Nugegoda conducted a series of projects under the theme “Random Acts of Kindness” to commemorate the 25th Anniversary of the school. The students initiated various projects to raise funds for a number of worthy causes to help people in need.

The projects carried out were as follows,

1. Distribution of dry ration packs worth Rs. 5000/- each, to the support staff members by students of Grades 1 - 5.
2. Donation of lenses worth Rs. 200,000/- to the Teaching Hospital in Anuradhapura by Grade 6 students.
3. Renovations of selected support staff member’s house by the students of Grade 7 and the Lyceum Little Friends.
4. Donation of Rs. 134,000/- towards the Little Hearts Fund by the Grade 8 students.
5. Donation of items worth Rs. 300,000/- to the Sarvodaya Suwasetha orphanage in Moratuwa by the Grade 9 students.
6. Donation of items worth Rs. 500,000/- to the Ranaviru Sevana in Ragama by the Grade 11 students as well as the Cultural

Dancing team and the Music Department. The Cultural Dancing team also entertained them by performing dance and song items.

The project “Random Acts of Kindness” enabled the students to interact with different segments of society, whose needs are diverse. It helped to inculcate values such as sharing, helping and empathising, which are vital towards developing a fully rounded personality.

Undoubtedly, many needy people benefited from this act.

The programme was initiated by the Head Master Mr. Kasun Dissanayake, teachers and students, with the blessings of the founder Mr. Mohan Lal Grero, the Coordinating Principal Mrs. Kumari Grero and the Director Mr. Nikitha Grero. The Principal, Mrs. Dulka Mendis also extended her support tremendously to make this project a success.

Lyceum always strives to create well-rounded individuals, providing them not only with a quality education but also equipping them with the necessary skills to face life’s challenges with courage and confidence to uplift the standards of life in society.



Congratulations

**INTER - INTERNATIONAL SCHOOLS UNDER 14
GIRLS BASKETBALL TOURNAMENT - 2017**

organised by
Wycherley International School

Position : 2nd Runner Up

Names of participants :

Tamanna Hafeez	5B
Paboda Wickramasinghe	6C
Dinali Jayasinghe	7A
Charini Munasinghe	7B
Khadeejah Falih	7D
Devni Sellahewa	7D
Bethiniseja Liyanage	7E
Nirmanee Perera	7F
Vihini Halneththi	7F
Dinalka Peiris	7F
Hiruhimni Wijetunge	7F
Malaeka Husni	7H
Dilni Baduge	8B
Seyara Fernando	8C
Rankini Seneviratne	8E

ACHIEVEMENTS

**METROPOLITAN COLLEGE ESSAY WRITING
COMPETITION 2018**

Second place awarded to
Fathima Himaza Hilmy
of 11 National Commerce

**JUNIOR NATIONAL
ATHLETIC CHAMPIONSHIP - 2018**

organised by the Sri Lanka Schools' Athletic Association

Under 16 Girls

Dulyana Suludagoda 9 Nat A 200m 3rd Place

Under 18 Boys

Kavindu Bandara 10 Nat B 400m 1st Place
Ginura Gunaratna 12 Sc C Shot Put 2nd Place

Under 20 Girls

Romeshi Ishara 11 Nat SIN 400m 3rd Place

**NATIONAL JUNIOR CHESS CHAMPIONSHIP
COLOMBO 2018 - QUALIFYING ROUNDS**

organised by the Chess Federation of Sri Lanka

Names of participants:

Sethum Weerasinghe	8H	Champion
Manith Liyanage	8D	4 th Place

**SOUTH ASIAN
JUNIOR ATHLETIC CHAMPIONSHIP - 2018**

organised by the Athletics Association of Sri Lanka

Kavindu Bandara - 10 Nat B - 4X400m - Relay - Participated
(Represented National Team)

Romeshi Ishara - 11 Nat SIN - 4X400m Relay - 1st Place -
3:43.33sec - N.M.R.

(Represented National Team)

**INTER - INTERNATIONAL SCHOOLS TENNIS
TOURNAMENT - 2018**

organised by The British School in Colombo
held on 15th June 2018 at the British School Tennis Court

Position : 2nd Runner Up



Names of participants:

Aqib Shirazi	4J
Sulaiman Naleem Farook	5F
Akindu Wanasinghe	5K
Amaan Razick	6B
Chanul Hewawasam	6C

There are three key societal figures
who can make us different
**Father,
Mother
and the
Teacher**



Aloka Senadeera of Grade 11 has been selected to represent Sri Lanka at the International Earth Olympiad Competition 2018 which will be held in Thailand from 8th - 17th August along with three other students from Sri Lankan State schools. She faced a highly competitive examination in order to be able to represent the country at this event. We wish her all the best!

ZONAL ATHLETIC CHAMPIONSHIP - 2018

organised by The Piliyandala Education Zone

Individual Events

Under 12 Girls

Nelini Samarasekara	5I	60m	1 st Place
		100m	1 st Place
		High Jump	1 st Place
		4X50m Relay	2 nd Place

Nisini Samarasekara	5I	100m	2 nd Place
		High Jump	2 nd Place
		4X50m Relay	2 nd Place

Navithma Bulathsinhala	6F	4X50m Relay	2 nd Place
Fathima S. Nasoordeen	6F	4X50m Relay	2 nd Place

Under 12 Boys

Yasiru Abeywardena	6H	High Jump	3 rd Place
Mineth Dehipitiya	6A	High Jump	1 st Place

Under 14 Girls

Natashi Wijesuriya	6D	80m Hurdles	1 st Place
		4X100m Relay	2 nd Place

Thehansa Rathnayaka	8A	High Jump	2 nd Place
Araliya Thunuwaga	8B	Shot Put	2 nd Place
Tharupa Punchihewa	7G	Shot Put	1 st Place
Manuli Gamage	8A	High Jump	3 rd Place

		Long Jump	2 nd Place
		4X100m Relay	2 nd Place
Tashya Perera	8A	4X100m Relay	2 nd Place

Under 14 Boys

Anuhas Perera	7B	Shot Put	1 st Place
Stephan Rowan	7G	80m Hurdles	2 nd Place
Sithil Abeygunasekera	8A	High Jump	2 nd Place
Charuka Kehelwatte	8E	High Jump	3 rd Place

Under 16 Girls

Rashmi Goonawardena	Pre A/L GS A	Javelin Throw	2 nd Place
Saneli De Silva	9 Com B	High Jump	3 rd Place

		4X100m Relay	2 nd Place
		4X400m Relay	2 nd Place

Hansani Jayasuriya	9 Nat A	400m	3 rd Place
		4X100m Relay	2 nd Place

		4X400m Relay	2 nd Place
Dulyana Suludagoda	9 Nat A	200m	3 rd Place

		400m	1 st Place
		4X100m Relay	2 nd Place

		4X400m Relay	2 nd Place
Rashmi Sudasinghe	10 Nat C	400M	2 nd Place

		4X100m Relay	2 nd Place
		4X400m Relay	2 nd Place

Under 16 Boys

Nithika Dias	Pre-A/L Nat Sc A	High Jump	2 nd Place
Sanuga Arambewela	Pre-A/L Sc A	Shot Put	2 nd Place

		Discus Throw	3 rd Place
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Under 18 Boys

Kavindu Bandara	10 Nat	100m	1 st Place
		200m	2 nd Place

		4X100m Relay	3 rd Place
		4X400m Relay	3 rd Place

Kavindu Hettiarachchi	Pre A/L Nat Co A	400m	3 rd Place
		800m	3 rd Place

		4X100m Relay	3 rd Place
		4X400m Relay	3 rd Place

Shenuk Kavinga Perera	10 Nat C	800m	1 st Place
		4X100m Relay	3 rd Place

		4X400m Relay	3 rd Place
Samith Lakshitha	10 Nat C	4X100m Relay	3 rd Place

		4X400m Relay	3 rd Place
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Romeshi Attidiya	11 Nat SIN	400m	1 st Place
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Navina Weerasinghe	12 Sc C	Discus Throw	3 rd Place
Sahran Buhary	11 Nat SIN	200m	3 rd Place



Aiming for Gold in Finland

Romeshi Ishara from Grade 11 National Science, a proud athlete of Lyceum Nugegoda, represented Sri Lanka at the Asian Junior Athletic Meet 2018 which was held in Japan. Romeshi won a bronze medal in the 400mx4 track event, qualifying to participate in the World Junior Athletic Meet to be held in Finland in 2018. We congratulate our international level athletes and wish them the best of luck!

ALL ISLAND OPEN RANKING TABLE TENNIS CHAMPIONSHIP 2018

Organised by The Kegalle District Table Tennis Association

Dewmeth Weerasena 5F

Runner Up (Under 10 Boys Singles Event)

LYCEUM INTERNATIONAL SCHOOL - NUGEGODA

Cubbing - Gold Star Winners

Organized by The Sri Lanka Scout Association

Mineth Devdinu Dehipitiya 6A
Shehara Keshara Siriwardena 6F

OPEN DAY

Please note that the Principal Mrs. Dulka Mendis will be available for meetings on Thursdays from 9.00 a.m. to 12.00 noon.

Matters pertaining to the Lyceum network will be handled by Dr. Azfa Rafeek. She is available for meetings on Thursdays from 9.00 a.m. to 12.00 noon.

JUNIOR ENGLISH SINGING COMPETITION CONTEST 2017/2018

Grade 1

Girls

Nethinsa Shehali	1H	Winner
Ginuki Jayasinghe	1H	1 st Runner up
Lisandi Goonethilake	1G	2 nd Runner up

Boys

Ovindu Gamager	1F	Winner
Disara Gunawardana	1J	1 st Runner up
Rumindu Rohanachandra	1J	2 nd Runner up

Grade 2

Girls

Tasha Gunasekara	2F	Winner
Sayuri Perera	2H	1 st Runner up
Sandaru Rupasinghe	2F	2 nd Runner up

Boys

Yumeth Sugathadasa	2J	Winner
Teveen Perera	2D	1 st Runner up
Ranuga Ariyawansa	2E	2 nd Runner up

Grade 3

Girls

Dahamsa Malawana	3C	Winner
Ayra Kowdu	3D	1 st Runner up
Nuyara Fernando	3G	2 nd Runner up

Boys

Imeth Premaratna	3F	Winner
Raveen Kumarasena	3A	1 st Runner up
Sasath Premaratna	3E	2 nd Runner up

Grade 4

Girls

Shuhaizee Dain	4F	Winner
Dulara Samaranayake	4E	1 st Runner up
Sanali Samaranayake	4G	2 nd Runner up

Boys

Sinura Jayasinha	4C	Winner
Hiruka Alwis	4B	1 st Runner up
Aidan Alles	4C	2 nd Runner up

Grade 5

Girls

Dinudi Fernando	5H	Winner
Anarya Gamage	5I	1 st Runner up
Sameeha Feroza	5A	2 nd Runner up

Boys

Bhanu Mendis	5A	Winner
Chenitha Goonethilake	5A	1 st Runner up
Nithila Abeydeera	5J	2 nd Runner up

Congratulations

LYCEUM SWIMMER BREAKS NATIONAL RECORDS



Chris Pavithra from Grade 8E dominated the breast stroke and freestyle events in the Boys Under 13 age group representing our school at the 45th Sri Lanka School's Aquatic Championship 2018 which was organised by SLASA. Chris set 3 new National records. We are proud of you!

ROMAN CATHOLIC STUDENTS' ANNUAL RETREAT

Roman Catholic students from Grades 9 to 12 attended their annual retreat conducted by Rev. Fr. Kalana and his team at Subodhi, Piliyandala on 27th June 2018.



DEAR PARENTS,

Please DO NOT send your sick child to school while on medication. Especially with fever/cough/cold/red eyes, as these illnesses can be easily passed on to other students.

Thank you,

NURSE.

Dear parents (Grades 2, 3, 4 & 5),

Please note that your child should learn the multiplication tables by heart before each term starts. The relevant times tables are given below. 10% marks will be awarded for memorising the times tables at the semester exams.

Grade	Term I	Term II	Term III
2	2	3, 4	5, 10
3	2, 3, 6	4, 5, 7	10, 8, 9
4	2, 3, 4	5, 6, 7	8, 9, 10
5	2, 3, 4	5, 6, 7, 11	8, 9, 10, 12

SCHOOL RULES

The school rules should be strictly adhered to. Breaking any school rule will lead to negative consequences. Therefore, dear parents, please cooperate with us to inculcate a sense of wholesome discipline in our children so that they learn to face life's challenges with strength and courage.

INTRODUCTION OF TWO NEW SUBJECTS FOR THE CAMBRIDGE O.L. CURRICULUM

Apart from the current optional subjects (Computing, French, Environmental Studies and Sinhala), students may also choose

- * Global Perspectives or
- * Additional Mathematics.

LOSS OF SRB AND/OR SHB

The loss of an SRB is a serious matter. It must be reported to the Class Teacher the same day or the very next working day in writing. The parent/guardian must submit a written report to the Class Teacher giving full details of how the loss occurred. The parent will be liable for the cost of replacement, which is Rs. 1,000. If the SHB is lost, a new copy may be obtained from the School Office for Rs. 1000/-.

DEAR PARENTS,

We would appreciate it if you could settle any overdue on school fees on or before 26th July 2018.

Please note that your child will **not be promoted** to the next Grade and his/her Progress Reports will not be issued if fees are not paid on the due date.

You are requested to produce the bank pay-in slip to the Accounts Office immediately after payment.

Thank you.

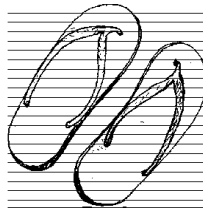
Coordinating Principal

ABSENCE NOTICES

Please note that your child's absence notice in the SRB should be brought to school on the same day he/she comes back to school.

PERMISSION TO WEAR SANDALS/SLIPPERS

Only black sandals/slippers may be worn to school if your child is suffering from an injury on the foot.



Mr. Esmond de Silva has been appointed as the Registrar of Lyceum Academy for Teacher Education. He succeeded Mr. W. K. G. Weliwita, who rendered a yeoman service to the Academy for over 12 years.

"Expectation is the root of all heartache".

- Shakespeare -

FRENCH CORNER

Ah! Que faire et pourquoi...

Donner un coup de main à un inconnu, c'est comme recevoir une bénédiction inattendue,

Partager tes aliments, c'est avoir faim toujours,

Donner une carotte au lapin, c'est ne jamais recevoir de récompense,

Donner tellement d'argent aux pauvres, c'est comme devenir un héros imprévu,

Lire des histoires, c'est comme regarder un film dans l'esprit,

Se construire en lisant, c'est aider votre future profession

Donner la liberté aux animaux clôturés, c'est aider les impuissants,

Donner Nelara une BD d'Astérix, c'est comme donner un cheval de la viande,

Parler à Inesh, c'est comme rencontrer un perroquet

Être respectueux vers tout le monde, c'est gagner le respect de tout le monde,

Écouter à Inesh, c'est comme écouter à une radio qui ne marche pas.



Ah! Si...

Si tu es en colère, va manger du piment rouge !

Si tu as un rhume, va manger de la glace !

Si tu as un mal de tête, va étudier !

Si tu es fatigué, va te coucher !

Si tu as une faim de loup, va regarder une émission culinaire !

Si tu es fatigué, va faire du foot !

Si tu es contente, va faire de l'athlétisme !

Si tu es malade, va en Arctique !

Si tu es gros, va manger de la pizza !

Si tu vas à la plage, porte un manteau !

Poèmes collectifs de Sinali, Esandi, Hesandi, Nimashi, Maithri, Nelara, Hasiru, Inesh, Rovin, Daham et Bhanuka de 10Sc B,D,E et 10 Nat A
- janvier 2018