

# Lyceum Newsletter

AUGUST  
2016



LN - 248

Nugegoda

*Wishing you a  
Happy Holiday!*



|                            |  |
|----------------------------|--|
| 1 <sup>st</sup> August     | * Paper discussions - Grades 1-11  |
|                            | * Graduation - Grade 3   |
| 2 <sup>nd</sup> August     | * Finalising marks and reports (holiday for Grades 1 to 11 students)         |
| 3 <sup>rd</sup> August     | * School closes for students   |
| 4 <sup>th</sup> August     | * Issuance of reports. Parent-Teacher Day (school holiday for students)      |
| 5 <sup>th</sup> August     | * Issuance of reports. Parent Teacher Day (school holiday for students)      |
| 17 <sup>th</sup> August    | * Holiday - Nikini Poya Day  |
| 29 <sup>th</sup> August    | * School reopens for teachers.   |
| 30 <sup>th</sup> August    | * Staff development programme.   |
| 31 <sup>st</sup> August    | * Handing over books & stationery to Class Teachers : Nursery to Grade 2     |
|                            | * Meeting with Class Teachers (Grades 3 - 12) according to surnames - A to L |
| 1 <sup>st</sup> September  | * Handing over textbooks & stationery to Class Teachers : Nursery to Grade 2 |
|                            | * Meeting with Class Teachers (Grades 3 - 12) according to surnames - M to Z |
| 5 <sup>th</sup> September  | * School reopens for students.   |
| 7 <sup>th</sup> September  | * Athletic selection - Grades 6 to 12  |
| 8 <sup>th</sup> September  | * Athletic selection - Grades 6 to 12  |
| 12 <sup>th</sup> September | * Holiday - Hadji Festival Day   |
| 13 <sup>th</sup> September | * New admissions - meeting with parents - Grades 1 to 12                     |
| 14 <sup>th</sup> September | * Athletic meet field events - Junior  |
| 15 <sup>th</sup> September | * Orchestra & Band Concert   |
|                            | * Meeting with parents - Grade 12  |
| 16 <sup>th</sup> September | * Holiday - Binara Poya Day  |
| 17 <sup>th</sup> September | * Maathra 9 - 1 <sup>st</sup> Rehearsal                                      |
| 19 <sup>th</sup> September | * Trinity College of London Examination / Rehearsal                          |
|                            | * Athletic meet field events - Senior  |
| 20 <sup>th</sup> September | * Trinity College of London Examination / Rehearsal                          |
|                            | * Seminar - Pre Grade  |
| 21 <sup>st</sup> September | * Trinity College of London Examination / Concert                            |
| 22 <sup>nd</sup> September | * Athletic meet rehearsal - Grades 2 to 12                                   |
| 23 <sup>rd</sup> September | * Inter-House General Knowledge Quiz Competition - Junior                    |
| 24 <sup>th</sup> September | * Inter Lyceum Art Competition and Exhibition                                |
| 26 <sup>th</sup> September | * Athletic meet - Grades 2 to 12   |
| 27 <sup>th</sup> September | * Monthly test - Grade 10N   |
|                            | * Seminar - Grade 1  |
| 28 <sup>th</sup> September | * Monthly Test - Grade 10  |
| 29 <sup>th</sup> September | * Monthly Test - Grade 10  |
| 30 <sup>th</sup> September | * Prefects & Sports Captains Induction Ceremony                              |
|                            | * Seminar - Nursery  |
|                            | * Staff meeting  |

## MESSAGE FROM OUR FOUNDER MR. MOHAN LAL GRERO

Once I read this lovely story which reminded me of my own brothers. They are always there for me to support me and encourage me. The story goes like this.

Ram received an automobile from his brother as a birthday present. One day when Ram came out of his office, he saw a boy walking around the shiny new car, admiring it. "Is this your car?" He asked. Ram nodded, "My brother presented it to me on my birthday." The boy was astounded. "You mean your brother gave it to you and it didn't cost you anything? Oh how I wish..." He hesitated. Of course Ram knew what he was going to wish for. He was going to wish he had a brother like his brother, but what the lad said surprised Ram. "I wish," the boy went on, "that I could be a brother like that." Ram looked at the boy in astonishment, and then impulsively he said, "Would you like to take a ride in my car?" "Oh yes, I'd love that." After a short ride, the boy turned and with his eyes aglow, said, "Would you mind driving in front of my house?" Ram smiled a little. He thought he knew what the lad wanted. He wanted to show his neighbours that he could ride home in a big car. But Ram was wrong again. "Will you stop where those two steps are?" The boy asked. He ran up the steps. Then in a little while Ram heard him coming back, but he was not coming fast. He was carrying his little crippled brother. He sat him down on the bottom step, then sort of squeezed up against him and pointed to the car. "There he is, brother. Like I told you, his brother gave him this car and it didn't cost him a penny. Some day I'm going to give you one just like it then you can see for yourself all the pretty things in the shop windows that I've been trying to tell you about." Ram got out and lifted the crippled boy to the front seat of his car. The shiny-eyed older brother climbed in beside him and the three of them began a memorable ride.





**EXTRA CURRICULAR ACTIVITIES**

Please be informed that students in Grades 6 to 12 are allowed to select and participate in a maximum of two activities, of which one should necessarily be a physical activity. If you have ticked more than two activities in the Extra-Curricular Activities Form, only the first two choices will be considered.

All achievements of extra curricular activities will be mentioned in the Sports Newsletter distributed on the Parent-Teacher Day.

**TIMETABLE**

Please see to it that your child brings the books according to the timetable from Grade 1 upwards.

**SCHOOL FEES**

Please pay your school fees one week before the term commences.

**Dear parents,**  
**Please make sure that you receive/obtain the following on or before 5<sup>th</sup> August 2016.**

- Nursery** - Booklist  
 - Paying in Voucher  
 - Academic Report
- Pre-Grade** - Booklist  
 - Paying in Voucher  
 - Academic Report  
 - Uniform sample (*students proceeding into Grade 1*)  
 - Certificate
- Grades 1 to 8** - Booklist  
 - Paying in Voucher  
 - Academic Report
- Grades 6 to 8** - Community Service Certificate  
 - Academic Report
- Grades 9 to 11** - Paying in Voucher  
 - Academic Report
- Pre A/L** - Paying in Voucher

(Please note that Pre A/L students have to pay the entire term fee from June 2016 to August 2016).

**THE INTERNATIONAL SCHOOLS OF SRI LANKA (TISSL) IDENTITY CARD**

The Association of The International Schools of Sri Lanka (TISSL) issues an identity card for all the students who participate in all international schools extra curricular activities. The identity card is valid for three years, and is compulsory for competitions organised by TISSL.

TISSL will charge a fee of Rs. 400/- to issue the identity card. Therefore, parents of students participating in extra curricular activities should make the payment when informed by the relevant Teacher in Charge.

**ORIENTATION DAYS 2016/2017**

**(IN THE RESPECTIVE CLASSROOMS)**

**Nursery to Grade 2** Handing over books and stationery to Class Teachers.

**Grades 3 to 12** Meeting the Class Teachers

**31<sup>st</sup> August 2016**

| Surnames beginning with | Time                   |
|-------------------------|------------------------|
| A, B, C, D              | 7.45 a.m. - 9.45 a.m.  |
| E, F, G, H              | 9.45 a.m. - 11.45 a.m. |
| I, J, K, L              | 11.45 a.m. - 1.45 p.m. |

**1<sup>st</sup> September 2016**

| Surnames beginning with | Time                   |
|-------------------------|------------------------|
| M, N, O, P              | 7.45 a.m. - 9.45 a.m.  |
| Q, R, S                 | 9.45 a.m. - 11.45 a.m. |
| T, U, V, W, X, Y, Z     | 11.45 a.m. - 1.45 p.m. |

**IMPORTANT!**  
 Please note that there are important notices in every newsletter. Therefore, it is compulsory for every parent and student to read the newsletter.



# Memos to Parents & Guardians



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## HAVING DINNER TOGETHER AS A FAMILY

The family bond is of the greatest importance in a child's life. It is not the money you spend on them but the quality time you spend with them that matters. For this bond to remain strong, please see to it that at least one meal of the day (preferably dinner) is eaten together as a family.

## 61<sup>ST</sup> SRI JAYAWARDENAPURA LITTLE FRIENDS ENROLMENT

The 61<sup>st</sup> Sri Jayawardenapura Little Friends Pack of Lyceum International School, Nugegoda enrolled 100 new Little Friends on Saturday 11<sup>th</sup> June 2016 at the Aeolian Hall. The Chief Guest at this Ceremony was Ms. Visakha Tillekeratne, Deputy Chief Commissioner of the Sri Lanka Girl Guides, Association. Ms. Dimanthi Gunawardhana, National Secretary of the Sri Lanka Girl Guides' Association, Ms. Hyacinth Dissanayaka, Zonal Commissioner, Sri Jayawardenapura zone and Ms. Jaiza Sherif, Guide Captain, 61<sup>st</sup> Sri Jayawardenapura Girl Guide Company, Ms. Dulka Mendis, Head Mistress Lyceum Int. School Nugegoda, were the special invitees. The welcome speech was given by Little Friend, Dulanga Kekulawala and the vote of thanks was given by Little Friend, Riyana Cassim. The Little Friends also gave a very entertaining performance.



## CHECKLIST BEFORE LEAVING FOR SCHOOL

Being organised is a vital skill that helps productivity, and will help children be better prepared each morning for school. Accordingly, we are sending herewith, a checklist of chores and special notes to help your child develop basic organisational skills. Please ensure that the same is displayed in a convenient location at home/in the child's bedroom or study-room etc. and that he/she be encouraged to check it each morning prior to leaving for school.

### MY MORNING CHECKLIST

- Wake up ✗
- Make the bed ✗
- Wash and get dressed for school ✗
- Have breakfast ✗
- Have you packed the correct books? ✗
- Art supplies / homework packed? ✗
- SRB packed? ✗
- Lunch / snacks / bottle of water packed? ✗
- Check after-school activities with parents ✗
- Worship / Greet your parents ✗

*✗ Have a Wonderful Day!*

## GRADES 1 TO 8

Please encourage your students to follow the Lyceum Study Time Plan.

**Grades 1 to 5 :** 1 hour 15 minutes

- completing home work : 15 minutes
- packing bag and getting ready for next day : 15 minutes
- reading a story book : 15 minutes
- improving your handwriting or if handwriting is good writing a small story / a poem.

**Grades 6 to 8 :** half an hour each for the above.

This enables students to revise daily. We strongly recommend that you avoid pressurising your child to study for monthly tests and enable them to participate in competitions held around the time of monthly tests.



## ANNUAL PHOTOGRAPHS

Refunds - Grade 12 (2015/2016)

Please collect your refund from the Media Unit. The deadline is 5<sup>th</sup> August 2016.

## CONCERT PHOTOGRAPHS

Pre-ordered photographs of the concerts held between 28<sup>th</sup> September 2015 and 26<sup>th</sup> May 2016 should be collected before 5<sup>th</sup> August 2016 from the Media Unit between 9.00 a.m. to 3.00 p.m. weekdays and 9.00 a.m. to 12.00 noon on Saturdays. The Media Unit is situated near the main entrance of the school (Gate 1).



**HOW TO PLAN THE SCHOOL HOLIDAYS FOR YOUR CHILDREN...**

**Often, when children are asked the question "So how were your holidays?", many of them reply: "Boring!"**

**Have a family meeting** - As soon as the holidays start, set aside a time when you can sit and talk about the holidays, and try to agree on some rules. If your children are old enough, ask them what they think would make the holidays more fun and how you can all make things run smoothly. For example, your rules could include sharing and being caring.

**Set small goals** - Start small by choosing one thing to focus on each day. It could be an activity, such as going swimming or to the park, or something even smaller, like spending ten minutes one-on-one with each of your children doing something they want to do. If you make these small plans every day, you are far more likely to feel a sense of having achieved something with your kids.

**Remember the food** - It may sound obvious, but it is easy to forget how easily kids' moods affect the highs and lows in blood sugar levels. Children get grumpy or lethargic very quickly if they haven't eaten properly - and that can lead to bad behaviour and irritability. Similarly, too much sugar can contribute to hyperactivity. School holidays for some families mean the relaxation of all the usual dietary rules about sweets and junk food. But doing

that will not help with the moods. Sticking to the routine for mealtimes and having healthy snacks is the better option.

**Be sociable** - Inviting someone around will change the dynamics instantly. Let your kids play with their cousins and friends more often and this can be all it takes to brighten up a dull day.

**Do not ignore the chores** - It is tempting to let your daily routine go when you have got the children at home all day. But if there are chores that need doing around the house, keeping up with them will help you stay in control. Better still, get the kids involved, set them small tasks, such as sweeping the kitchen floor, cleaning the garden or loading the washing machine, with reward charts for little ones.

**Do something out of the ordinary** - Set up a campsite in the living room, get a can of paint and get the kids involved in painting a wall. The novelty of doing something different, no matter how small, can be enough to change moods all around. Distraction really can work wonders when kids are bored or fighting.

**Get out of the house** - This can often be enough to completely change their mood. Take them out for a walk, even if it is just around the block. A breath of fresh air can bring a new perspective and make everyone feel more relaxed.

**Read books more often** - Encourage your child to read books. Visit a library together and help your child choose appropriate books.

**DRESS CODE**

Please see to it that your child abides by the dress code requirements of the school.

**Boys:**

- \* Hair should be cut short and combed neatly.
- \* No beards / mustaches.
- \* Trousers should be worn with a black belt with a simple buckle (worn just below the waist / above the hip)- Grades 6 to 12.

**Girls:**

- \* The uniform top button should be fastened.
- \* Hair should be neatly combed.
- \* 2 plaits (Grades 1-8) if hair is longer than shoulder length (1 plait for Grades 9-12).
- \* The uniform should be long enough to cover the knees. Grey socks (ankle socks are not allowed) and clean black shoes are compulsory. The PT T-shirt buttons must be fastened up to the 2<sup>nd</sup> button.

**RELIGION SCHOOL ATTENDANCE**

Religion School Attendance will apply only from Grades 1 to 9 (Cambridge / National). At the end of each semester, the religion school form should be signed and sealed by the head of the place of worship.

**EXERCISE BOOKS**

Please note that from Grades 1-8, all students should carry only 80 page exercise books. If any student brings heavier books they may be rejected by the teacher as it makes carrying books difficult, for both students and teachers.





**PROVIDING A STIMULATING ENVIRONMENT**

Please note that when your child is born he/she is born with billions of nerve cells and interconnections between these nerve cells. However, these billions of interconnections start to decay unless stimulated. Stimulation takes many forms; from reading a story to singing songs, showing scenery to even star gazing. Although you might not see the benefits in the short term, go on reading, singing and showing things to continue stimulating these interconnections between the nerve cells. Give your child the opportunity to experience things which will lead him/her to become an adult who can take up any challenge in life. Please do not send your child for tuition nor allow him/her to sit in front of the TV or play video games preventing him/her from gaining practical experience and true interaction.

**LYCEUM - KURUNEGALA**

Lyceum International School, Kurunegala will be launched on 5<sup>th</sup> September 2016.

**PARENTS INFORMATION BOOKLET SRB / SHB 1 / SHB 2**

Please check if you have received the Parents Information Booklet (PIB), Student's Hand Book 1 (Grade 1 and all new students from Grades 2 to 12), Student's Record Book (Nursery & Pre-Grade), Student's Record Book (Grades 1 to 12), Student's Hand Book 2 (Grades 1 to 12) and Special book (Grades 1 to 5) during the orientation (held in August-September 2016). New admissions are requested to obtain their copies from the respective Class Teacher/Registrar.

**TUITION**

Please do not send your child for tuition for the main subjects, as what is taught in school is entirely sufficient for their level. This does not apply to Music, Dancing, Speech & Drama and Sports.

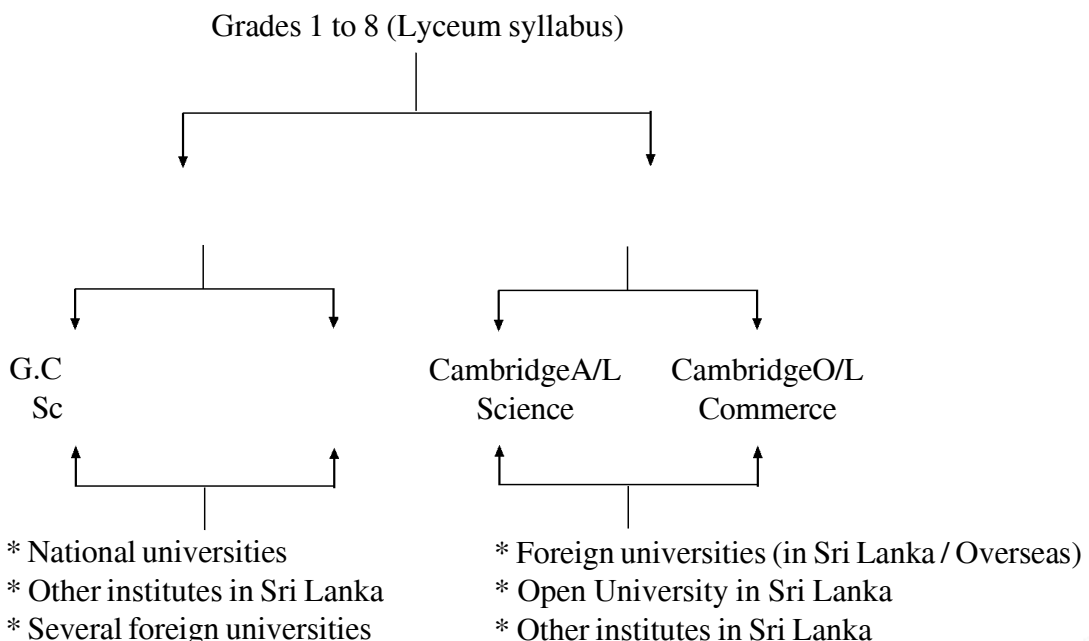
**PHOTOGRAPHS IN SRB**

The photograph pasted on the SRB should be a recent one. It should be a colour photograph and the student should be in school uniform (without the cap). The photograph should not be more than 6 months old.

**VERY IMPORTANT**

If there are any corrections to be made in the student reports, please contact the IT Department via the relevant Subject Teacher or Class Teacher on or before 10<sup>th</sup> August 2016 (absolute deadline).

**PATHWAY FOR HIGHER STUDIES THROUGH LYCEUM**





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### **CUSTODY OF YOUR CHILD**

Parents are liable to inform the Principal in writing if there is any change in the physical and legal custody of a child due to divorce / separation etc. The school must be informed along with copies of the legal documents as proof of physical / legal custody granted by a court order. Unless the school is duly informed with supporting evidence, the school will not be held responsible for any matters arising with regard to guardianship of children.

### **BOOKLIST**

Please note that your child's booklist is to be obtained from the respective branch where your child is attending (schooling). A school seal is placed for this purpose and you will not be able to purchase books from other branch schools. Please also produce the original booklist when purchasing books.

### **DO NOT PURCHASE BOOKS IF FEES ARE NOT PAID**

Please do not purchase books for the new academic year until you have settled the outstanding school fees as your child will not be promoted to the next grade until all outstanding fees are settled.

### **LITTLE FRIENDS OF LYCEUM NUGEGODA AT 23<sup>RD</sup> FOUNDER'S DAY**

The 23<sup>rd</sup> anniversary of Lyceum International School Nugegoda was made more special and colourful with the grand salute of the Little Friends. The Girl Guides' centenary badge was pinned to the Founder Mr. Mohan Lal Grero and to the Coordinating Principal Mrs. Kumari Grero by Ms. Harshini Perera and Ms. Neranji Ekanayake, the Little Friends teachers of the school.

### **LETTERS ISSUED BY THE SCHOOL**

If you need a letter from the school regarding any matter, a minimum of one week's notice should be given to the school.

### **HANDWRITING IS VERY IMPORTANT**

Please see to it that the English/Sinhala/Tamil handwriting of your child is improved before going to the next grade. If your child's handwriting is poor, please buy him/her a handwriting book and tell him/her to do a page of copywriting daily at home.

### **CAREER PATH FROM NURSERY TO GARDE 12**

Students will follow the Lyceum Syllabus from Nursery to Grade 8. In Grade 8, we will be having an OL subject selection meeting which will assist you and your child to decide whether to select National OL (Government Curriculum) or Cambridge OL (London Curriculum). In Grades 9 and 10, the child has to follow either National OL or Cambridge OL syllabus. The Cambridge OL Exam will be held in May and the National OL Exam will be held in December of the same year when the child is in Grade 10. After that, the students may decide whether they wish to proceed to the National AL or Cambridge AL class. Changing from Cambridge to National (or vice versa) is possible although it may cause some difficulties for the student. If a student follows Cambridge OL in May he or she will proceed to the AL class in June that same year. If a student sits for the National OL Exam in December, he/she will have to proceed to National AL in June the following year. If a student sits for the National AL, he/she may apply both for local and foreign universities. But if he/she sits for the Cambridge AL, he/she may apply only for foreign universities. Furthermore, the exam fees for Cambridge exams are comparatively much higher than for National exams.

### **GRADE 6 BOYS - LONG TROUSERS**

Present Grade 5 students (boys), please note that it is compulsory that you wear long trousers in Grade 6 from September 2016.

### **CLASS CHANGES NOT ACCOMMODATED**

Please note that it is the policy of Lyceum schools that requests by parents for class changes will not be accommodated.

### **MEETINGS WITH TEACHERS**

Parents are kindly requested not to ask for the personal telephone numbers of teachers. If you need to meet or contact a teacher, please do so via the SRB or telephone the school and leave a message/get an appointment.