

Lyceum Newsletter

MARCH
2017



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KURUNEGALA

MESSAGE FROM OUR DIRECTOR / PRINCIPAL MR. NIKITHA GRERO

TALK LESS – LISTEN MORE

All beings are born with one mouth and two ears for a reason; a mouth to speak with and two ears to listen twice as much as we speak.



Human beings in particular have been blessed with the gift of talking, the gift of language, the gift of being able to express our feelings, emotions, ideas or plans into words. Talking also stimulates the mind; however, one must learn to find the right balance between talking too much and not talking at all.

The problem with talking too much, is that you end up listening to your own voice rather than listening to what others have to say. You can learn more from others than from yourself, so instead of talking, why not ask questions and listen? By listening, you can get to know more about people and build relationships - that is what will eventually bring you further in life. Also a person who speaks the least, benefits the most. Here are a few reasons why:

1. A person who talks more, often gives away more information than was intended. A person who listens more, gains more knowledge and information.
2. A person who shares a piece of information today, can never take it back again. This could be an idea, a bad feeling/thought about someone or even false information that you might later regret having revealed.
3. A person who speaks out their mind with insufficient/incorrect information, without actually thinking about what is to be said, will come across as insensitive or rude.
4. A person who talks more, ends up doing less. Successful people who actually do things, do not even have the time to talk about it!

Therefore the next time you are about to speak, always listen first, talk less and think before you speak.

MESSAGE FROM OUR FOUNDER MOHAN LAL GRERO

THE UNBEATABLE POWER OF PERSEVERANCE

Think of a world famous person who is very successful; someone from any field. The chances are that this person failed once, then twice and plenty more times before he actually hit the pot of gold, or in other words became world renowned.



For instance, what if the founder of Sony Corp, Akion Morita, gave up when his first product, a rice cooker, turned out to be unsuccessful? It didn't cook rice so much as it burned it! What if Bill Gates gave up after his failed attempts? What if Walt Disney had actually believed the editor who fired him from a newspaper company saying that he lacked imagination? And what if Albert Einstein believed his parents and teachers who thought he was mentally retarded, slow and anti social. The world would have lost so many great discoveries and inventions if these people had not persevered.

Has anyone ever told you "You must be either crazy or a genius"? That phrase may very well describe what a person who perseveres looks like. The person who perseveres usually goes against the current of what people think is possible or popular, they have odds stacked up against them, but they will push through and make their own waves in the sea of discovery.

Perseverance means keeping at it even when you've tried and tried and done all that you think you can. Perseverance is when you've reached your limit and you still keep going. Winston Churchill is a golden example of perseverance; he not only experienced failures during his school career, having failed sixth grade, but also lost several elections in his political career. It was only at the ripe old age of 62 that he was finally elected Prime Minister of Britain.

Who inspires you? Who is your hero that failed many times but never gave up? Think about that person next time you feel like giving up and draw encouragement. Remember, the most important thing is to keep on trying.



Success is not achieved by one person but by a team that comes together as one.

ISAC - 2017

The prestigious three day ISAC meet organized by Lyceum Nugegoda, successfully concluded recently at the Mahinda Rajapaksa Stadium, Diyagama with Lyceum Nugegoda coming 2nd runners up after achieving 774 points.

I am sincerely grateful to everyone who came together to make this event a success, with a special thanks going out to all the Lyceum Nugegoda staff, comprising of around 400 academic staff, office staff, security staff, support staff and drivers, who formed 25 teams in order to organize and coordinate this mega event.

I am also sincerely grateful to Mr. Palitha Jayatileka - Director General of the Meet and the Director of Sports for all Lyceum International Schools from Lyceum Gampaha, as well as Ms. Dilumini Guruge - Secretary of the Meet from Lyceum Panadura, for their guidance and support.

I also wish to thank all the prefects, scouts, cheering squad, athletes and all other students who contributed their valuable time, hard work and commitment towards the ISAC 2017 as well as the parents who supported their children to participate.

Also, a very big thank you goes out to the incredible officials from the Army Head Quarters, Panagoda, Police Department and Bomb Disposal Squad, Mattegoda for providing excellent coverage of security and ensuring the safety of all those present at the three day meet.

*Thank you to everyone and well done all!
Until we meet again at ISAC 2018.*

Mrs. Kumari Grero
Chairperson - ISAC 2017

Dates for your Diary

APRIL 2017

Date	Name of the Event (Detailed letters will be issued for certain events) For Nursery to Grade 2, a notice will be sent to each student via the SRB.
3/4	Paper discussion - Grade 1 and 2
4/4	Paper discussion - Grade 1 and 2
	Avurudu Celebration
5/4	Paper discussion - Grade 1 and 2
6/4	Finalising marks & reports (Grade 1 & 2)
	Holiday for Grade 1 and 2 students
7/4	Issue of reports
	School closes for students
10/4	Holiday - Bak Poya day
13/4	Holiday - Day Prior to Sinhala and Tamil New Year
14/4	Holiday - Sinhala and Tamil New Year
	Good Friday

TISSL AFFILIATED LYCEUM SCHOOLS'

There are 25 International Schools affiliated with the International Schools of Sri Lanka (TISSL). 4 Lyceum Schools (Nugegoda, Panadura, Wattala and Ratnapura) are TISSL schools. Lyceum, Gampaha currently participates under Lyceum Ratnapura and all other schools (ie. Lyceum Nuwara-Eliya, Anuradhapura, Kandana and Kurunegala) may take part under any of the 4 Lyceum Schools affiliated with TISSL.

IMPORTANT NOTICE RE: TERM FEES

We regret to inform you that we will be withholding the Progress Reports of your child if you have not settled your child's outstanding term fees. You will also not gain access to your child's Progress Report in the Lyceum website.

In such cases, you may pay your child's outstanding fees and produce the deposit slip to the Accounts Department to obtain your child's Progress Report.

AN APPEAL TO PARENTS

Parents are kindly requested to check your child's timetable daily and send only the relevant books for the day to avoid children carrying unnecessary weight in their bags. Carrying weight in excess increases physical stress, which eventually leads to fatigue and serious back problems.

GRADE 1 & 2 PROJECT SHOWCASING

The project showcasing of Grade 1 & 2 was held recently with the Headmistress, Mrs. Narmadha Wijemanna, gracing the occasion. Parents were also invited to witness the imagination and creativity of our kiddies.



CHESS

"Chess helps you to concentrate and improve your logic. It teaches you to play by the rules and take responsibility for your actions as well as how to problem solve in an uncertain environment"

- Garry Kasparov - (Former World Chess Champion)



With great pleasure we announce the commencement of after school chess classes for students.

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BUDDHIST GATHAS

We observed that children at primary level find it difficult to recite Buddhist Gathas properly. They are unable to pronounce Pali words in a correct manner when reciting Gathas. Parents are kindly requested to purchase a CD that contains Pirith Desana and play it in the morning for your kids to listen. You need to assure that children listen to Dëshana when it is playing. Once the children get used to his habit, they will learn correct pronunciation and gain many other merits.



IMPORTANT

Please note that there are important notices in every newsletter. Therefore, it is compulsory for every parent and student to read the newsletter and for the parent to acknowledge receipts with a signature in the SRB.

"Always the wrong person gives you the right lesson in life"

- Shakespeare -



Hearty Congratulations!

Cassandra Seneviratne (4D) (Lyceum-Nugegoda) was awarded the 1st place in the Junior Category - English Medium, Diabetes Day Essay Competition at the All Island School Competition. The Awards Ceremony 2016, was organised by the Sri Lanka Diabetes Federation and Sri Lanka College of Endocrinologists, which was held on the 21st of January 2017 at the BMICH.



HAPPY ISLAND MAGAZINE

The Thursday edition of The Island news paper includes the 'Happy Island' children's magazine. This contain SCRABBLE articles and many interesting and informative children's articles, as well as an editorial from our Founder. Parents are requested to try and purchase this newspaper on a Thursday.

LOOK SMART IN YOUR SCHOOL UNIFORM

If your child's uniform is old and worn-out please buy him/her a new uniform. Please consider the fact that old worn-out uniforms bring disrepute to the school as well as to the child.

ACCOMPLISHMENT OF THE SECOND MISSION OF CHUMS FOR CHARITY CLUB

It is with immense pleasure that we announce the successful completion of the second mission of our House Construction Project for one of our very own support staff members. The beneficiary this time was Ms. Nishanthi, a member of the support staff team at Lyceum, Kohuwela.

Ms. Nishanthi is a single parent of a 9 year old son. We are very proud to have brought a smile upon them both by providing them with a complete home within a short period of six months.

The official opening of the house took place on the 23rd of January 2017 with the gracious presence of the Head Mistress, Ms. Dulka Mendis, the teachers in-charge of the Club Ms. Deepthi Goonasekera, Ms. J. G. S. Renu and the most senior members of the club, Shanalie Poornima and Lamuel Elangovan.

We, the Chums for Charity, would like to extend our heartfelt thanks to our Deputy Principal Mr. Vijith Fernando for initiating this project and his continuous support and guidance, in helping us realise our goals.

We would also like to invite all our generous parents and well wishers to join hands with us in this worthy cause.

HELP US TO HELP ANOTHER!

for further information, contact :

Ms. Deepthi Goonasekera (0773953116)

Ms. J. G. S. Renu (0712854082)

TIPS FOR PARENTS

HOMEWORK THAT REALLY WORKS!

If you have children in secondary school, do you ever feel their evenings and weekends disappear under an avalanche of paper?

Homework is important for children to learn how to use research materials and solve problems for themselves, but there are things parents can do to help them stay on top of it without burning themselves out before they are 18:

- * Make a cosy homework room or corner that is well-lit and has a comfortable desk and chair. Encourage kids to eat and drink before starting work.
- * Remind them that going to bed at a reasonable time is better than an extra hour of work when they are too tired.
- * Make a wall chart so they can note what homework is due and when.
- * Liaise with the school if you have any concerns.
- * Don't add to the tension by nagging about the state of their bedroom etc.
- * Allow them space to do nothing at all from time to time.

IF YOUR CHILD GETS ANGRY QUICKLY,
THE REASON MIGHT BE YOU HAVE
NOT PRAISED THEM ENOUGH. THEY
ONLY GET ATTENTION BY
MISBEHAVING.

