





**KURUNEGALA (LKU 10)** 

**JUNE 2017** 

## MESSAGE FROM OUR DIRECTOR / PRINCIPAL MR. NIKITHA GRERO

What have you done today to make a difference?

My definition of "Giving back" is when you give without expectations. No benefits for you, no recognition, nothing tangible gets sent



your way. Your biggest and sole reward is the realization that you've made a significant change in someone's life. If not "significant" then a positive change nevertheless. We must all make an effort to give back to the community in which we live in. You have numerous privileges that many people in the world can only dream of. You have access to excellent education and you are protected by a comfortable shelter to sleep at night. These are only a few of the luxuries we simply take for granted.

The idea of not having running water or electricity is a completely foreign concept to us. Think about it, none of us have ever had to walk farther than the kitchen when we are thirsty, let alone worry about whether the water we are drinking could kill us. Many people in the world do not have these same luxuries. For this reason, I believe that each of us has the responsibility of giving back to the community.

There is nothing more rewarding than giving back and making a difference in the lives of people in this great community. None of us would be where we are today if it were not for the great circumstances in which we have grown up in. Therefore, it is not just a good thing to give back, it is our duty to try and make the world a better place for those less fortunate than ourselves

"Happiness doesn't result from what we get, but what we give" - Ben Carson

### WORDS & WISDOM FROM OUR FOUNDER, MR. MOHAN LAL GRERO

#### Mother's Day Everyday

"A mother's happiness is like a beacon, lighting up the future but reflected also on the past in the guise of fond memories."

#### Honore de Balzac

So, Sunday the 14<sup>th</sup> of May was Mother's Day. I believe many of you celebrated it by giving your mother a card, a present or a monster hug. I'm sure it didn't matter to her what it was, she would have been thrilled just by your thoughtfulness. Mothers are like that. They put others' needs over their own.

However, sometimes, we take them for granted. We don't realise the importance of everything that they do for us. At other times, we do notice, but we forget to tell them.

Similarly, society does not recognise the economic value of the role of a mother just as it does not realise the economic value of a homemaker. But mothers are as important as CEOs, directors or engineers. Think about the tasks they juggle, the multitude of roles they play (nurse, teacher, housekeeper, driver, event planner, accountant, cook, etc.) and think about the hours they put in, working even on holidays and not taking sick leave. In fact, if mothers were to be monetarily compensated for all the work that they do, they would earn a higher salary than the CEO of a large company.

It's nice that we have a special day to celebrate mothers but I think we should celebrate our mothers everyday (Fathers too, but let me leave that thought for Father's Day). Not by buying or making things or going out somewhere to celebrate. There are better ways to let your mom know that you appreciate her: listen to her, help her out by doing some chores around the house and tell her how much you appreciate the things she does for you.

Do you complain that your mom worries too much about you? Well worrying is something that comes with the responsibility of being a mom. Why? Well, you are the most precious thing to her. She may not say it in words and she may not show it all the time, but you are. So go ahead tell her how much she means to you, right now.

#### Vision

To produce global citizens who will reshape the future of their motherland.

#### Mission

To enhance the potential of every young soul that passes through our halls, empowering them to be the best they can be.





## " Teaching is not merely a profession; rather it is a service to Country."

- Kala Shuri Sathischandra Edirisinghe -



The entire staff of Lyceum Kurunegala participated in a motivational programme on "The Art of Teaching", which was conducted by an eminent artist, Kala Shuri Mr. Sathischandra Edirisinghe.





#### PMPORTANT

There are important notices in every newsletter. Therefore, it is compulsory for every parent and student to read the newsletter and for the parent to acknowledge receipt with a signature in the SRB. From Grades 6 to 12, failure to acknowledge it will result in a black mark.



#### LYCEUM HOTLINE

Please note that parents of all Lyceum International School children may forward any complaints / suggestions / comments to our Hotline 0773483066 / 0763979176 (Kurunegala Lyceum) (via text messages / WhatsApp message only).

#### IMPORTANT NOTICE TO PARENTS,



Please note that it is compulsory to write your email address in your child's SRB.



Please visit the Lyceum website on www.lyceum.lk to be updated on immediate/ urgent decisions made by the management.



Please note that from the new academic year onwards, all meetings which are mentioned as compulsory will carry marks and will be included in your child's report. Eg: Parent-Teacher Meetings, Principal's meetings, etc.



Mobile phones, once confiscated from students, will not be returned.



Please note that radios, tape recorders, walkmans, cameras, toys, laser pointers, video cameras, mobile phones, iPods, tablets (eg. iPad), or any other similar electronic device is <u>strictly prohibited</u> in the school premises during any school excursion, school concerts or any other school activity. This rule applies to all students regardless of them being dressed in school uniform or other attire (formal or informal).



Parents are requested to discourage their children from going to parties / dances / discotheques as it is strongly believed that smoking, consuming liquor and drugs, behaving in an unruly manner, wearing revealing clothes and starting new relationships commence at such events. If any parent / student receives information of such an event and is made aware that students of Lyceum International School will be attending it, the school authorities must be informed immediately.

(Please refer SHB1 page nos. 59, 64)

#### මුණි කරුණා ගුණ - බොදු බැති ගී සරණිය

#### **MUNI KARUNA GUNA**

The above Bodu Bakthi Gee programme of the Lyceum Kurunegala was held on the 31st May 2017 at the Municipal Council Auditorium under the patronage of the Principal / Director Mr. Nikitha Grero.

Rt. Rev. Ven Wetakgama Seelananda, Deputy Prelate to the North Western Province and the Chief Incumbent of Ibbagala Raja Maha Viharaya-Kurunegala, three sectarian monastic Bhikku's, other religious clergy, eminent artist, Mr. Wasantha Duggannarala, Mrs. Narmadha Wijemanne, Headmistress of Lyceum International School-Kurunegala, Mr. Chandana Basnayake, Mrs. Nilushi Bandara, Sectional heads and parents were present at the event.



### COMMENCEMENT OF THE FIRST ENGLISH MEDIUM DHAMMA SCHOOL IN THE NORTH - WESTERN PROVINCE

A ribbon cutting ceremony was held at the Maliyadeva Vidyarakshaka Pirivena recently to officially declare open the Sri Ananda Buddhist (English Medium) Dhamma School, facilitated by Lyceum International School- Kurunegala.

This Dhamma School is the first Buddhist Dhamma School conducted by an International School in the North Western Province and the eighth Dhamma School facilitated by Lyceum International Schools, following the establishment of Lyceum Schools in 1993.









#### 'Giving is not about making a donation, it is about making a difference' - Kathy Calvin

Lyceum Kurunegala collected donations for those in flood affected areas. We were overwhelmed with the generousity from our parents and students and thank everyone who sent in donations and items for the flood victims.





Lyceum Kurunegala also organized a Humanitarian Project with Multi Religious leaders in order to collect donations for flood victims.

We humbly thank all religious leaders, donators and volunteers who have given their fullest support to make this event a great success.

"....This is not just a symbolic effort, this is a real effort. We've collected a number of items, supplies, and goods that are needed that will truly impact the region. " said Mr. Nikitha Grero, Principal of Lyceum International School, Kurunegala.





## LYCEUM KURUNEGALA STUDENTS FIRST VISIT TO PINNAWALA OPEN AIR ZOO. Seeing is Believing

This trip would not have been successful if not for the help and support given by the team of teachers and staff members who coordinated the trip perfectly.



#### VESAK CELEBRATIONS AT LYCEUM KURUNEGALA



# THE IMPORTANCE OF HAVING A HOBBY

Please encourage your child to engage in a hobby during their free time. ie. collecting stamps, coins, having a pet, etc., as this will also limit the time they spend on electronic devices.

## Join the dots and colour



#### TRIP TO THE AIR FORCE MUSEUM

Kurunegala Lyceumers of Grades 1-3 had a great field trip to the Air Force Museum, Ratmalana recently. All students were taken on board an air craft where they experienced how it was like to be seated on a plane. We are extremely grateful to the Air Force Museum staff who were so helpful and kind to answer our students questions.

We also thank all students, parents and teachers for making this field trip a huge success.





## LYCEUM KURUNEGALA IS NOW FOLLOWING THE JAPANESE '5S' WORKPLACE ORGANIZATION SYSTEM



Date	Name of the Event (Detailed letters will be issued for certain events)  For Nursery to Grade 2, a notice will be sent to each student via the SRB.		
8/7	Holiday - Esala Poya Day		
	Sil programme		
21/7	Second Semester Examination - Grades 1 to 3		
24/7	Second Semester Examination - Grades 1 to 3		
25/7	Second Semester Examination - Grades 1 to 3		
26/7	Second Semester Examination - Grades 1 to 3		
	Staff meeting		
27/7	Test paper correction - Grades 1 to 3		
	(holiday for Grades 1 to 3 students)		
28/7	Test paper correction - Grades 1 to 3		
	(holiday for Grades 1 to 3 students)		

## "SRI LANKA GIRL GUIDES KEEPING TRADITIONS ALIVE"



Lyceum International School Nugegoda Girl Guides, Yadusha Isuri and Little friend Limansa, welcoming the Chief Guest.

For the centenary celebration of the SLGGA, many events have been lined up in order to provide opportunities to girl guides of all nine provinces to meet enhance their personal growth and to help society at large. One such event was "Aththammage Kusalatha Tharagaya" which was held on April 29<sup>th</sup> 2017 at the Polhena Walawwa in Rathambale, where they took part in many competitions. The Guides were exposed to various Sri Lankan traditions such as pounding paddy, making kokis, modhaham, watalappan, drawing rangoli, etc. The day was marked not just to commemorate the services of those who came before but also to celebrate the SLGGA's most illustrious Girl Guide, late Hon. Sirimavo Bandaranaike, former Prime Minister of Sri Lanka.

Mrs. Chandrika Bandaranaike Kumaratunga, former President of Sri Lanka and the Chairperson of the Office for National Unity and Reconciliation was the Chief Guest at this celebration.

#### Lyceum Little Friends "CONNECT"

The Little Friends of Lyceum International School Nugegoda organised a photo shoot to celebrate 100 years of Girl Guides in Sri Lanka under the theme "CONNECT".

100 Little Friends posed for the photo in the school garden.

The event was graced by our Principal, Mrs. Kumari Grero and our Director, Mr. Nikitha Grero, who also participated in the day's events.



## Hearty Congratulations!

## JUNIOR NATIONAL ATHLETICS CHAMPIONSHIPS - 2017

Organised by
The Athletics Association of Sri Lanka
RESULTS

#### **Under 18 Girls**

Anjali Ranaweera (12 Sc. C) - Javelin Throw - **2**<sup>nd</sup> **Place** Nisini Premasara (11 Sc. B) - Shot Put - **3**<sup>rd</sup> **Place Under 18 Boys** 

Ginura Gunaratna (11 Sc. C) - Shot Put- **3**<sup>rd</sup> **Place Under 20 Girls** 

Romeshi Ishara (10 Nat B) - 400m - 4<sup>th</sup> Place (Selected for the National Athletics Junior pool)

#### The Little Plant

In the heart of a seed,
Buried deep so deep,
A tiny plant
Lay fast asleep.
"Wake," said the sunshine,
"And creep to the light."
"Wake," said the voice
Of the raindrops bright.
The little plant heard
And it rose to see,
What the wonderful,
Outside world might be.

# Hearty \*



#### **Congratulations Siluni!**

Siluni Walakuluarachchige of Lyceum Nugegoda got through her Grade Two Abacus Computation and Mental Calculation Examination with a Credit pass and graduated in UCMAS, Malaysia. UCMAS is a unique and scientifically-proven mental development programme designed for children to develop



their latent mental power at a very early age when brain development is reaching its peak. This UCMAS graduation programme 2017 was held at Help College of Arts and Technology, Kuala Lumpur, Malaysia. Two students from Sri Lanka participated and Siluni is the first ever Sri Lankan to achieve this success. We are very proud of you Siluni and we wish you all the very best in your future endeavours!

10<sup>™</sup> SRI LANKA SCHOOLS AQUATIC SPORTS NOVICES SWIMMING CHAMPIONSHIPS & SRI LANKA SPORTS UNION NOVICES SWIMMING CHAMPIONSHIPS



#### inding Left to Right

Akoin De Silva, Binura Talagala, Bimsara Galappaththy, Nithila Virun, Kethaki Wijayasuriya, Lihansa Wimalaratne, Minagi Ranasinghe, Duini Marambage, Thisas Himanjith, Yunus Aadhil, Dison Wijeratne, Chanulka Panadura,

Seated Left to Right Chenul Dullawa, Ramithu Gunasekara, Senuth Wimalaratne, Dinali Galappaththy, Umeja Ranasinghe, Inara Lokuge, Thenuk Wijesuriya, Gawditha Aagiliyage & Shewan Abeysinghe

Champion Swimmers

Under 11 Boys - Chanulka Panadura & Under 11 Cirls - Kethaki Wijayasuriya





#### PROJECT 5T - PLANET EARTH

- A Project by the Senior Prefects of 2016/2017 -

#### **5 OBJECTIVES:**

- 1. R. I. P. PLANET EARTH To Restore, Innovate and Protect Mother Earth.
- 2. The HANDS incentive To <u>Help And Negotiate to Develop Sustainability in places such as orphanages, elders homes and rural schools.</u>
- 3. SLOTHS are a problem... To alleviate <u>Sri Lanka's Obstacles To finding Health Solutions</u>.
- 4. My Community To help a rural village in any way possible.
- 5. WIKD is good To provide clean drinking Water as Immunity to Kidney Disease.

10	Sub	pro	ects

- 1. To build a Dharma Salava in Sri Sumangalaramaya, Konkotanmulla.
- 2. To provide a water purification system for a dry zone village
- 3. To provide an Incubator / Heart monitor
- 4. To collect medical items for D. S. Thalangama hospital
- 5. To renovate the Supem Nivasa Orphanage in Gangodawila
- 6. To provide gift packs for the children of the Maharagama Cancer Hospital
- 7. To provide an elevator for the Maharagama Cancer Hospital
- 8. To carry out a Poster Competition
- 9. To clean a polluted place
- 10. To book a drive for an orphanage

	Project cost
	(Rs)
Body	109,800/-
Roof	650,000/-
Filters	250,000/-
Water Tank	15,000/-
	750,000/-
	200,000/-
	100,000/-
	76,000/-
	350,000/-
	=
	-
	-
Total	2,500,800/-

#### JOIN HANDS WITH US IN OUR 5T FOR GOOD

- All generous donations are accepted by Mr. Dilshan in the Office.
- Movies are shown every Tuesday and Thursday just for Rs. 100/=.
- Till boxes will be placed in the school premises.
- Donations can be made via:
  - \* Bank account : Lyceum International School (Pvt) Ltd.
  - \* Bank Account Number : 012000206852001 \* Deposit details : 'For project 5t'

If a deposit is made, please send a photograph of the bank deposit slip via Viber / WhatsApp to Ms. Sujini - 0777331849 with your name and address, else deposit may not be recognized.

#### **COMING UP**;

- 'Carpe Diem', an Inter School Talent Competition
- 'Auxilium', a Nursery to Grade 6 Carnival and much more. Keep your eyes wide open - along with your hearts.



### ~

## LYCEUM HELPS THE ENVIRONMENT LET'S RECYCLE PAPER & CARDBOARD @ LISN — Join Us!!!

#### Dear parents,

Please join us in helping Sri Lanka become an environmentally friendly country. Let's unite in this drive to recycle used (clean) paper and cardboard. Be an example to your children and teach them the importance of preserving Mother Nature for the generations to come.

We, at LIS Nugegoda, will be collecting old paper and cardboard that can be recycled and use the money that is collected from selling this for the welfare of our society.

Date : Every Saturday

Location : LIS Nugegoda, Gate 2
Time : 8.00 a.m to 12.00 noon

Please drop off your old newspapers, cardboard and other clean paper that you no longer use and is gathering dust at home and be a part of this worthy cause.

## There are many simple things you can do to help save planet Earth. World Environment Day – June 5<sup>th</sup>

With the support of your friends and family, team up together and work towards protecting our environment before it's too late.

#### #1 - Slow Down Climate Change!

**Ask your parents to help you plant a tree.** Trees and plants help absorb the carbon dioxide in the Earth's atmosphere.

#### #2 - Save Earth's Natural Resources!

**Save electricity.** To help save the environment there are many easy ways to use less electricity. The simplest thing is to remember to turn the lights and fans off when you leave a room. Also, unplug all electrical appliances after use; it saves a lot of energy throughout the day. Even if you're not using it, leaving something plugged in takes up energy.

**Save water.** Something as simple as closing the tap while brushing your teeth makes a big difference. You can also shorten your shower by a minute to save up to 150 gallons of water a month! By just doing those two things you are making a huge



contribution to save Mother Earth! Another great way to save water is by turning off the running water while you lather your hands with soap and then turning it back on to rinse your hands. And make sure to tighten any taps that are dripping water.

#### #3 - Stop Using Plastic!

**Get re-usable water bottles for yourself and your family.** There are so many types of water bottles available that you can re-use to help reduce plastic pollution.

**Take re-usable bags to the grocery store.** Remind your parents to take bags from home to the grocery store or supermarket! You can buy cloth bags from the grocery store or re-use the plastic ones you have at home. Also, when buying fruits and vegetables be careful of using too much plastic – save where you can.

**Recycle any plastic bottles and bags you have at home.** Do your part to keep plastic out of the oceans and off the land by recycling all the plastic in your home.

Pack a healthy homemade lunch in a reusable container. This keeps plastic wraps and packaging out of the garbage bins in school.

#### #4 - Reduce, Re-Use & Recycle!

Ask your parents to help you create a recycling programme at home. Work together with your family to decide what items can be recycled, such as newspaper, cans, glass and plastic bottles. Ask your parents to look into the recycling rules in your city and keep as much out of your garbage bins as possible. Ask yourself before you throw something – Can I re-use this?

**Get involved with school recycling programmes.** Participate in school recycling programmes and volunteer your services. Plan a garbage pick-up at your school and involve all your friends to clean up the area where you play.

**Start a compost bin at your house.** Ask your parents to help you start a compost system in your backyard for all your fruits, vegetable peelings and scraps. Composting is very useful because you can also use the compost to fertilise your own garden.

#### #5 - Respect Planet Earth!

**Spend time in Nature.** Instead of watching TV or playing indoors, why not go outside and play? There are many great things that you can do outside like sports, taking your dog for a walk, going to the beach or planning an outdoor game. You'll feel great playing out in the fresh air.

**Keep your school and neighbourhood free of garbage.** The more we keep our Earth clean the happier it will be. Do your part by making sure you don't leave your garbage lying around. Put it in the recycling or garbage bin where it belongs.

"Not all of us can do great things. But we can do small things with great love."

- Mother Teresa