



LYCEUM GAMPAHA NEWSLETTER

LYCEUM INTERNATIONAL SCHOOL - GAMPAHA | July 2015 (Issue No. 87 - LG)

As young children you must have dreams of doing a great job, possessing a university degree, or maybe owning your own car. As I have written many times before, you must always dream big and never settle for small things in life. Also help those around you as you walk this life's journey.

Josh was a young executive who managed to save enough money to buy a new car. One afternoon while he was driving, a brick sailed out from nowhere and smashed the side of his new car. He reversed the car to the spot and got out to find a small boy with tears running down his face standing by the side of the road. As angry as he was he managed to ask the youngster why he threw a brick. Sobbing the boy replied "It's my brother sir, the wheelchair toppled and he rolled off," he said. "Would you please help me get him back into his wheelchair? He is hurt and he's too heavy for me".

Moved beyond words, Josh helped the boy and attended to his needs. He watched them continue to go on their way. Josh never fixed the side door of his car, and kept the dent to remind him not to go through life so fast that someone has to throw a brick at him to get his attention.

Be aware of the needs of those around you. As Mahatma Gandhi once said, "The best way to find yourself is to lose yourself in the service of others".

The present generation of millennials has grown up with technology. It has become commonplace for parents to give mobile phones, tablets and other personal electronic

devices to children. The busy lifestyle of modern-day parents often sees them resorting to convenience over value. However, we must not blindly adapt to change. The decisions parents make regarding technology must be thought out and implemented carefully.

It is advisable to prevent your children from using phones while schooling. Set boundaries such as age and time restrictions for the use of computers. Children must be encouraged to spend time reading or playing a family board game. Introduce them to a library. Make them feel proud that they own a library membership card. Let them see you borrowing and reading books too (you must practice what you preach).

Teach them that the real use of technology is to solve problems and that is better to be a creator than a consumer of technology. For example, use technology to create presentations and to do research for school assignments.

Limit the duration and content they watch. Research studies show that children continuously exposed to television from a young age develop shorter attention spans that lead to learning problems.

Technology provides many opportunities for distractions. Those who will succeed in the future will be the ones who learn to overcome this temptation. Give them educational games and puzzles oriented towards problem solving and those that require patience such as sculpting, painting and craft-making. Encourage them to play with friends and take them on family outings.

Creating a strong family culture with set rules and norms about the use of technology is important for the holistic development of children. Then, children will grow up to be informed and reflective citizens who can make wise decisions about their lives.

Message from our Founder Mr. Mohan Lal Grero



Message from our Coordinating Principal Mrs. Kumari Grero



UP COMING CALENDAR FROM 30 JULY TO 31 AUGUST, 2015	
30 July	Graduation Ceremony - Grade 1
01 Aug	Prize Giving-Lyceum English Dhamma School
03 Aug	Graduation Ceremony - Grade 2
05 Aug	Graduation Ceremony - Grade 4
06 Aug	Graduation Ceremony - Grade 5
07 Aug	Graduation Ceremony - Grade 3
09 Aug	Graduation Ceremony - Grade 12 Camb.
31 Aug	School re-opens for teachers

Please note that important notices are in every newsletter. Therefore, it is compulsory for every parent and student to read the newsletter.

RAINY DAYS

Please send an umbrella or a raincoat on rainy days.



CONTACT DETAILS

Please note that parents are responsible for informing the school whenever their personal & contact details change. Please inform the Principal in writing.



PUNCTUALITY IS A GOOD HABIT

Please ensure that your child comes to school before 7.30 a.m. and leaves home early enough to avoid usual traffic in order to avoid being marked 'late'.

REMINDER

Present Grade 5 students (boys), please note that it is compulsory for you to wear long trousers in Grade 6 from September 2015. From Grade 6 upwards, all boys should wear a black belt.

REAPING THE FRUITS OF A WELL ROUNDED EDUCATION

Here I am walking once again through the gates of my alma mater after two long years. Perhaps there is no other institution in this world as closely weaved to my life as Lyceum. Memories of those lovely school days cascade through my mind, where we learnt many life lessons. There is no better time to reflect on how Lyceum has empowered me to face the world with courage.

From the little world that I grew up inside Lyceum to studying in the bustling metropolis of London, may seem a bit too high a leap for any naive young man, but surprisingly the challenges that I faced were very easy to overcome owing to the skills and values and the proper grooming I gained at Lyceum.

I learnt to appreciate our cultural values, through the participation in a number of activities ranging from school concerts and playing the flute in orchestras to singing and speech competitions and drama. These skills gave me recognition, love and praise from the Sri Lankan community who were keen to know which school I studied in. Many who presumed that I was from a prestigious government boys' school in Colombo were left awe-struck!

Within a very small time, a number of opportunities opened up in arts and performing arts activities around the UK, I got the opportunity to play the flute for a couple of large scale charity concerts in London for well known Sri Lankan artistes visiting in the UK.

The competitiveness of the world outside is booming and academic qualifications constitute just one side of the balance for a successful future; it's not all about book knowledge. The world is hungry; hungry for people with the right talent, discipline, and the ability to adjust to diverse working conditions, just like a balanced diet with the right quantities of nutrients.

If you are looking for an education which is comprehensive yet precise, Lyceum is the one and only place, the institution I owe for almost every successful step I take today. As students of Lyceum, consider yourself to be an absolutely lucky bunch, for one day you will depart through the gates well armed to face the world. Be different, love and respect your school. As Ralph Waldo Emerson once said, "Do not go where a path may lead, go instead where there is no path and leave a trail." This can be your story.

Jeevantha Wickramasinghe, Lyceum Batch of 2010/2011

Final year student, Anglia Ruskin University, Cambridgeshire, UK



SCHOOL UNIFORM

Please note that all students coming to school should be in school uniform and not in the P.T. kit. School uniform is compulsory and P.T. kit should be worn only on P.T. days. Students visiting school for holiday classes / coming to the office should come in school uniform.

MEETING TEACHERS

Parents are kindly requested not to ask for the personal telephone numbers of teachers. If you need to meet a teacher please contact him / her via the SRB or telephone the school and leave a message / set up an appointment.

PREVENTION OF INFECTIOUS DISEASES

If your child has fever or any symptoms like headache / body pain, please keep your child at home. Please inform the school nurse if your child has had dengue fever recently.



THE GRADE ONE ORIENTATION WEEK

The orientation week, introduced this year, is dedicated to the children's enjoyment through listening, speaking, song, dance and other activities, for them to develop love for school. This is simply adopting and adapting some of the activities the children enjoyed in the Pre Grade class to encourage children. It is hoped that they would see that school life in Grade One is a continuation of what they have enjoyed so far, at least to some extent. This can ease the transition from informal education in Pre Grade to formal in Grade One.

One of the features of the orientation week is that children are not challenged to write, because writing is more difficult for children in this age group. Since they do not have complete control over their fine motor skills, eye-hand coordination, etc., burdening the child with the task of having to learn to write so early could slow down their overall development in learning. It is hoped that parents will not be over-concerned that there is no evidence of learning in their writing books.

During the orientation week, children continue to work in small groups. This creates an atmosphere where each child is recognized by the peers in his group as an individual, rather than as one in a large class. The group work pattern is continued right through Grade One and will give the child greater self-confidence and an opportunity for him / her to discover himself / herself.

Certain aspects of formal education are also introduced during the orientation week. In the Pre Grade class, the children use kinship terms, (e.g. aunty) to address their teachers. The formal way of addressing a teacher is introduced during the orientation week. Children learn to use the terms 'Miss Tamara' or 'Teacher', with the former being preferred. The enjoyable thematic learning activities such as 'water play' in Pre Grade are replaced with activities more focused on revision, such as 'shapes', 'numbers' and 'colours'. All the activities are supported by audio aids, and where possible, by video.

It is believed that an orientation week will create appreciable changes in attitudes towards learning in children, parents and teachers. Making things better and easier for the children depends on how the idea is perceived and the input from our dear parents.

Teacher Empowerment Unit

WATER PLAY (PRE PRIMARY, NURSERY & PARENT SCHOOL)

For children, water play is a soothing activity. Children can play and learn alone, or alongside others. They can learn a great deal as it is an enjoyable activity as well.

What are the benefits of water play?

01. It develops hand - eye coordination and manipulative skills such as lifting, pouring, and controlling.
02. It helps to explore early mathematical and scientific concepts.
E.g. Heavy/light, float/sink, full/empty, shallow/deep and measuring, estimating, and conversion of volume.
03. It also develops concentration and problem solving skills, as children become absorbed in experimentation.
04. Last but not least, it helps in developing social skills as children play alongside one another and communicate with others. Expressing one's opinions and sharing one's thoughts lays the foundation to communicate effectively later in childhood.



Teacher Empowerment Unit

ART & CRAFT EXHIBITION - 2015

Art & Craft Exhibition of Grade 1 to 5 students at Lyceum International School, Gampaha was held on 03 July, 2015 at the school premises. This was obviously a good opportunity for Grade 1 to 5 students to present their creative and artistic talents.



IFTHAR PROGRAMME - 2015

Ifthar at Lyceum International School, Gampaha was celebrated on 05 July, 2015 at the Aeolian Hall in view of breaking the fast in emulation of the Islamic prophet Muhammad with the participation of children, their parents and teachers.



JOB BANK - FROM THE MOHAN LAL GRERO FOUNDATION

We have a CD of applications for various types of jobs. It would be greatly appreciated if you could find jobs for these people. Please email us on lyceumer@lyceum.lk for us to send you a copy of the CD through your child's SRB. Thank you,

Mrs. Kumari Grero

SOME QUESTIONS PARENTS ASK AND THE SCHOOL'S REPLIES (Q & A).

Q: Can teachers assign students who do well in academics to help students who need help during class time?

A: Yes, in this way we can improve the students through the peer support and it will be a good learning experience. It creates unity among classmates. Students are considered as secondary resource persons in Education.

AN OPPORTUNITY TO BECOME A TEACHER

Are you a parent who wants to assist your child, a school leaver, or a knowledge seeker? The Lyceum Academy for Teacher Education, the teacher training arm of THE LYCEUM INTERNATIONAL SCHOOL SYSTEM, conducts the following programmes.

Programme Class Day Time

[1]. Diploma in Primary School Teaching	Monday & Friday	2.30 p.m. to 5.30 p.m.
	Saturday	9.00 a.m. to 3.30 p.m.
[2]. Diploma in English Language Teaching	Monday & Friday	2.30 p.m. to 5.30 p.m.
	Saturday	9.00 a.m. to 3.30 p.m.

Curriculum consists of Theory, Practice & Application. Printed material is free.

[a]. Application & Registration fee: Rs. 1000/= [b]. Course fee: Rs. 36,000/=

[c]. An easy payment structure is available.

Contact: The Coordinator, Lyceum Academy for Teacher Education, Lyceum International School, Gampaha.
Telephone No: 033-4674543 / 033-4928842 Fax. 033-2297666.

SCHOOL PROSPECTUS

If any parent wishes to buy the General School Prospectus you can purchase it from the registrar at a cost of Rs.300/. The OL and AL prospectus will be given to grade 8 and grade 10 students at the OL and AL subject selection meetings during the course of the next academic year.

SPORTS SCHOLARSHIPS

Please note that scholarships are not given for 12 first places as mentioned on page 45 of Student Hand Book 1, unless the total 12 places have been won during one academic year. All 12 first places must be won during one academic year to be eligible for a full scholarship till end of school career.

HANDWRITING

Please help your child to improve his / her English handwriting before going to the next grade. If you see that your child's handwriting is poor, please buy him / her a copywriting book and tell to copy write at least one page a day.



MOBILE PHONES / ELECTRONIC DEVICES

Please do not send any mobile phone or electronic device when your child attends school functions such as concerts, house activities, etc. It will be confiscated and in addition 2 days suspension will be given.



COSTUME CUPBOARDS

Parents who would like to donate costumes, we would appreciate if you could send them to the class teacher.



INTERNATIONAL SCHOOLS' ATHLETIC CHAMPIONSHIP 2016 (ISAC 2016)

26TH, 27TH & 28TH FEBRUARY 2016

OPPORTUNITY FOR SPONSORSHIP

Once again, Lyceum has taken over the post of Official Organizer of the ISAC 2016. ISAC is the annual Mega Event of 24 International Schools affiliated to The International Schools of Sri Lanka (TISSL).

State of the art multi-media promotional channels are available for you to promote your products and services.

Please contact the Chief Coordinator of Sponsorship on the hotline : 077-2500851 or

email : sponsors.isac@lyceum.lk.

Web : http://isac.lyceum.lk



HOUSE BADGE

The house badge should be sewn on the left side of the sleeve and in the centre of the folding line.

STUDENTS' BELONGINGS

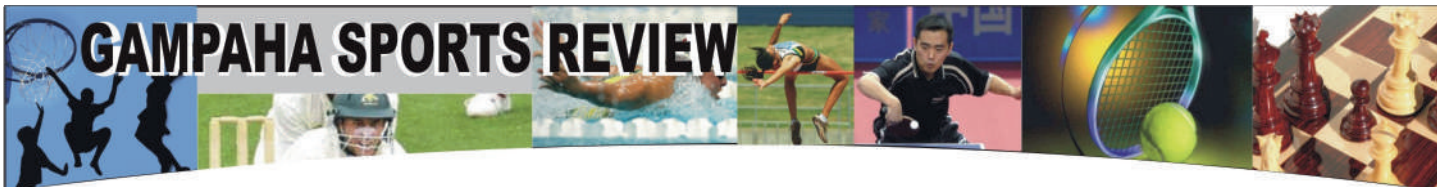
All belongings that students bring to school should be labelled with the student's name and class. This is to enable any lost item to be returned to the owner.

OLD UNIFORMS

Old uniforms should be handed over at the gate to be used for the sick room and as rags. Please do not give to any outsiders.

Leaving Certificate

Please note that Leaving Certificates will not be issued to students with outstanding fees.



C R I C K E T

INTER HOUSE CRICKET TOURNAMENT - 2015 (U. 13)

The Final match played on 04 July, 2015 at School grounds.

CETUS Vs. URSA

Cetus won the toss and elected to bat first.

Cetus 71 for 7 wickets (10 overs).

Danal - 28, Lohan - 24, Kevin - 04 for 14 runs, Irushada - 01 for 13 runs, Rishan - 01 for 06 runs, Shehal - 01 for 13 runs

Ursa 73 for 2 wickets in 6.2 overs.

Irushada - 28, Shenal - 22, Kevin - 08, Oshan - 02 for 16 runs.

★ *Ursa won by 08 wickets.*

FINAL RESULT OF THE MATCH

Champions	-	Ursa House
Runners-up	-	Cetus House
Best Bowler	-	Kevin Withanagama (Ursa)
Best Batsman	-	Danal Hemananda (Cetus)
Man of the Match	-	Irushada Edirisooriya (Ursa)
Most Promising Batsman	-	Yesith Shehal (Ursa)

INTER - INTERNATIONAL SCHOOLS CRICKET TOURNAMENT - 2015 (U. 19)

The match played on 08 July, 2015 at Salika grounds.

LYCEUM Vs. BRITISH INTERNATIONAL SCHOOL, COL.

Lyceum won the toss and elected to field first.

British International School 182 for 8 wickets.

Salman - 2 wickets for 32 runs, Saveena - 1 wicket for 58 runs, Dinidu - 1 wicket for 22 runs.

Lyceum Gampaha 185 for 7 wickets .

Sanjula - 35, Saveena - 34, Thisara - 24 (not out), Dumila - 15, Salman - 13.

★ *Lyceum Gampaha won by 03 wickets.*

S W I M M I N G

12TH ANNUAL GAMPAHA DISTRICT SWIMMING MEET

This event was held on 04 & 05 July, 2015 at Regent International College Swimming Pool.

DILMI PATHIRATHNA

50 m Butterfly	01st Place	36:55 sec.
50 m Breast Stroke	01st Place	43.23 sec.
50 m Back Stroke	01st Place	37.99 sec.
100 m Free Style	02nd Place	1:13.84sec.

She has won 03 gold medals and 01 silver medal and also won the championship of Under 15 Girls.

INTER HOUSE CRICKET TOURNAMENT - 2015 (O. 13)

The Final match of Over 13 (Boys) played on 28 June, 2015 at School grounds.

URSA Vs. AQUILA

Ursa won the toss and elected to field first.

Aquila 178 for 1 wicket (15 overs).

Fahim - 80 (not out), Saveena - 50, Thisara - 38 (not out), Isuru - 1 for 30 runs.

Ursa 181 for 7 wickets in 14.5 overs.

Viran - 50, Salman - 38, Rakitha - 34 (not out).

★ *Ursa won by 03 wickets.*

FINAL RESULT OF THE MATCH

Champions	-	Ursa House
Runners-up	-	Aquila House
Best Bowler	-	Dilakshan Mahendra (Aquila)
Best Batsman	-	Mohammed Faahim (Aquila)
Man of the Match	-	Rakitha Jayasinghe (Ursa)
Most Promising Batsman	-	Viran Yasarithne (Ursa)

B A S K E T B A L L

INTER HOUSE BASKETBALL TOURNAMENT - (U. 13)

This match played on 10 July, 2015 at school Basketball courts. Cetus House became champions while Aquila House was runners-up.

Best Defensive Player - *Ramida Ovitigala (Aquila)*

Best Offensive Player - *Thimesha Gamage (Aquila)*

Most Valuable Player - *Danidu Perera (Cetus)*

INTER HOUSE BASKETBALL TOURNAMENT - (O. 13)

This match played on 07 July, 2015 at school Basketball courts. Aquila House became champions while Ursa House was runners-up.

Best Defensive Player - *Senuda Jayathilake (Aquila)*

Best Offensive Player - *Sandesh Perera (Ursa)*

Most Valuable Player - *Kavishka Rathnayake (Aquila)*

INTER HOUSE BASKETBALL TOURNAMENT (GIRLS OPEN)

This match played on 10 July, 2015 at school Basketball court. Ursa House became champions while Cetus House was runners-up.

Best Defensive Player - *Devmini Lochana (Cetus)*

Best Offensive Player - *Sajani Siriwardena (Ursa)*

Most Valuable Player - *Kalani Perera (Ursa)*



CHESS

WHY IS CHESS IMPORTANT?

Chess is a gymnasium for the mind.

Chess was a royal game and a favourite pastime of kings, queens, knights and bishops. Now, it is a popular game around the world, the national game of many countries. Chess is about quadrants and coordinates, lines and angles. It is an intellectual exercise, a recreational therapy. Chess is inexpensive and can be played at any place. It is a game for people of all ages.



Why is Chess good for kids?

Chess is a perfect tool for education. There is a strong co-relation between playing chess and higher educational attainments of children. Chess helps enhance your memory strength. It boosts your concentration power. If you want to increase your IQ level, Chess is the appropriate game! It improves your ability to read and write. No other game can develop your mental qualities and social skills like chess. You gain confidence, and it creates mental clarity and stability. Chess teaches you patience and to face challenges. Chess offers a range of complicated problems to practice, making you look for different alternatives. A good chess player is a good problem solver. In the long run, you develop discipline, face competitive endeavours, and respect others. The game has a powerful aesthetic appeal. Chess is great. It exercises and trains your mind. It gives you endless hours of high quality fun. It creates the spirit of sportsmanship within you. In the end, players have better chances to succeed in life. Dear children, you can learn the game easily and quickly. You waste valuable time watching television and playing video games; instead, enjoy chess; activate your mind and brain. Develop life skills. Make admirable friends. Chess is a game of life.

KARATE

INTER-INTERNATIONAL SCHOOLS KARATE TOURNAMENT - 2015

Inter - International Schools Karate Tournament was held on 13 and 14 July, 2015 at Sugathadasa Indoor Stadium, Colombo. **Savindu Wijesinghe** was awarded with the Upcoming Karateka Award in the Under 09 Boys age category and **Sulakshi Mudannayake** awarded with the Individual Championship in the Under 15 Girls age category.

	Name	Kata	Team Kata	Kumite	Team Kumite
01	Dulmitha Senuka	-	1st Place	-	-
02	Sapumal Senanayake	-	1st Place	-	-
03	Mithula Hemanka	2nd Place	1st Place	-	-
04	Savindu Wijethunga	1st Place	1st Place	-	-
05	Sandil Pathirana	-	1st Place	-	-
06	Kenula Dissanayake	-	1st Place	-	-
07	Daham Bandara	2nd Place	-	-	-
08	Senula Herath	2nd Place	-	-	-
09	Mithurana Adikari	-	3rd Place	-	-
10	Radil Kodippili	-	-	2nd Place	3rd Place
11	Shehan Susiran Liyanapathirana	-	-	-	3rd Place
12	Panchali Jayasinghe	3rd Place	-	-	-
13	Imasha Gamage	-	2nd Place	-	-
14	Thenuli Thennakoon	3rd Place	2nd Place	-	-
15	Sithumi Mudannayake	2nd Place	2nd Place	-	-
16	Sulakshi Mudannayake	2nd Place	2nd Place	-	-
17	Dulya Gamage	-	3rd Place	3rd Place	-
18	Asha Jayalath	-	3rd Place	-	-
19	Shehana Liyanapathirana	2nd Place	3rd Place	1st Place	3rd Place

PREFECTS' CHARITY SERVICE

Prefects Guild of 2014 / 2015 conducted a community service project of distributing items for the elders of an Elders Home in Dunagaha. They distributed clothes and dry rations among all the elders and they spent some quality time with them making them very happy.

