



LYCEUM GAMPAHA NEWSLETTER

LYCEUM INTERNATIONAL SCHOOL - GAMPAHA | February 2016 (Issue No. 94 - LG)

BE PROUD OF THE SCHOOL UNIFORM

Please see that all students are dressed smartly in uniform. Please send your child dressed in a new/nearly new uniform, polished shoes and neatly combed hair. Please do not give your child's old uniforms to anybody or put them in the garbage bin. You can hand over the old uniforms to the school sickroom. As we have informed the students, if they fail to adhere to the dress code parents will be called and the students will be sent home.

Congratulations !

We are happy to announce that Mahith Jayasumana of Grade 5 D won Under 18 Boys' Championship at the All Island Intermediate Table Tennis Championship which was held on 30, 31 January, 2016 at St. Thomas College.



UP COMING CALENDAR MONTH OF MARCH & APRIL - 2016

03 Mar	Inter House Table Tennis Tournament
04 Mar	Internatioanl Schools' Athletic Meet - Day 1
05 Mar	Internatioanl Schools' Athletic Meet - Day 2 Inter House Table Tennis Tournament
06 Mar	Internatioanl Schools' Athletic Meet - Day 3
08 Mar	Inter House Sinhala Debating - Finals
10 Mar	Inter House Netball Tournament Inter House Table Tennis Tournament
12 Mar	Inter House Table Tennis Tournament
15 Mar	Grade 3 Concert - Day 1
16 Mar	Grade 3 Concert - Day 2
16-28 Mar	01st Semester Exam & 02nd Exam begin
29 Mar	Kiddies Activity Time English Singing Competition - Finals
31 Mar	Avurudu Celebrations - Grade 1 to 4
01 Apr	Avurudu Celebrations - Grade 5 to 9
04 Apr	Avurudu Celebrations - Grade 10 to 12
05 Apr	Avurudu Celebrations - Nursery & Pre Grade
06 Apr	School Closes for Students
07 Apr	Issue of Reports and Parent Teacher Day
08 Apr	Issue of Reports and Parent Teacher Day

CHANGE OF SUBJECT

Changing subjects during a term will result in losing marks for the subjects at the Semester Exam.

Message from our Founder Mr. Mohan Lal Greero



Sunil was a friendly old man of few words. He had developed a limp over the years. One day he spotted a hand bill advertising for a volunteer to water the community garden. He quietly signed up. One day he had just finished his watering when three gang members approached him. He ignored their attempt to intimidate him by saying, "Would you like a drink from the hose?" They pushed him on to the ground, stole his retirement watch and wallet and fled.

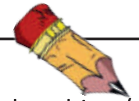
The caretaker ran up to him and helped him up, "Sunil, are you hurt?". He only sighed: "Just some rowdy kids. I hope they'll straighten out someday" He then picked up the hose and started watering again. The caretaker was concerned: "Sunil, what are you doing?" "I must finish watering. It's been very dry lately," came the soft reply. The gangsters returned. Sunil offered them a drink again and this time they took his hose and just drenched him head to toe in cold water. Satisfied of his humiliation they ran down the street laughing. Sunil watched them only for a moment and returned to his watering. Months later, tilling a patch of garden, Sunil was taken aback by someone approaching him. Moving back he stumbled and fell. Turning, to face the stranger he saw that it was the leader of the gang. Sunil braced himself for another attack. But the gangster spoke softly: "I'm not gonna hurt you".

He offered his hand and helped Sunil up. He offered a crumpled bag to Sunil. "This is the stuff we stole from you. Even the money is there". Sunil was speechless. The man continued: "No matter how many times we picked on you, instead of yelling and fighting back, you tried to give us a drink. You didn't hate us for hating you. You showed love instead. I couldn't sleep after we stole your things, so I brought it back. Thanks for showing me the way" Many years later when Sunil died there was another hand bill: "Person needed to care for Sunil's garden." The hand bill went unnoticed until one day the reformed gangster said to the caretaker: "This is my job if you'll have me".

EDUCATIONAL TRIPS

Please take your child on a bus trip or a train trip.





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HANDWRITING

If your child's handwriting is weak please buy him / her copy writing book and get him / her to write a paper a day.

STRATEGIES FOR PARENTS TO CREATE A PLEASANT, FRIENDLY, & STIMULATING ENVIRONMENT AT HOME

- ★ Keep the house in order together with your children.
- ★ Ensure proper time management.
- ★ Both parents working together (**discussing, cooperating**).
- ★ Create an environment suitable for the children.
- ★ Be firm and polite.
- ★ Stick to a few really important rules.
- ★ Continue the tasks daily (**do not change the routine**).
- ★ Help the child by reminding him / her about the task.
- ★ Be consistent.
- ★ Be positive and think positive.
- ★ When talking to the child, eye contact is important.
- ★ Discuss with the child and explain.
- ★ Give immediate praise, and reward your child for achievements.

TO HELP YOUR CHILD'S POTENTIAL GROWTH & DEVELOPMENT

- Have I met with my child's needs ?
- What are his / her physical needs ?
- What are his / her psychological needs ?
- How & what can I do to improve his / her intellectual needs.
- Have I listened to him / her patiently ?
- Have I been positive to what he / she said ?
- How often do I start a conversation with him / her ?
- Was I able to understand his / her feelings ?
- Do I have patience with my child?
- Do I challenge his / her feelings or go with his / her feelings?
- Have I spent time playing with him / her ?
- How do I start a conversation with my child ?
- Do I handle myself in the right manner when responding to my child ?

from your *Student Counsellor*

5S METHODOLOGY

The 5S methodology is the name of a workplace organization method that uses a list of 5 Japanese words: Seiri, Seiton, Seiso, Seiketsu and Shitsuke. Transliterated into English they all start with the letters S.



The 5S system helps improve efficiency and effectiveness and builds understanding amongst students and employees on how they should work together. Lyceum International School implemented the 5S system on the 20 November, 2002 and has been winning awards of excellence ever since. In 2005 after competing with more than a 100 organizations, Nugegoda won the prestigious Taiko Akimoto 5S gold award for the best application of the Japanese 5S method in the trade and service sector. Lyceum International School Wattala and Panadura also won gold awards for National Productivity that same year.

TRINITY GUILDHALL

Congratulations !!!

TRINITY GUILDHALL EXAMINATION - 2015
 Trinity Guildhall Examinations offer valuable certificates for the examinations in Performing Arts for the performers worldwide.
 So, we are delighted to inform you that 15 students participated for this examination from Lyceum International School - Gampaha. Among these 15 participants, 11 students were successful in obtaining "Distinction Passes" and the 04 students passed with "Merits".

The allegory of the Frog... Lesson of Life

Once upon a time there was a race by frogs ...



The goal was to reach the top of a high tower.



Many people gathered to see and support them.



The race began.



In reality, the people probably didn't believe that it was possible that the frogs could reach the top of the tower, and all the phrases that one could hear were of this kind;

"What pain!!! They'll never make it!"



The frogs began to resign, except for one who kept on climbing



The people continued ;

".. What pain!!! They'll never make it!..."



And the frogs admitted defeat, except for the frog who continued to insist.



At the end, all the frogs quit, except the one who went alone and with an enormous effort, reached the top of the tower. The others wanted to know how he did it.



One of the people approached him to ask him how he had done it - to finish the race.



And discovered that he...
was deaf !



... Never listen to people who have the bad habit of being negative... because they steal the best aspirations of your heart!

Always remind yourself of the power of the words that we hear or read. That's why, you always have to think positive.

POSITIVE !

Conclusion:

Always be deaf to someone who tells you that you can't and won't achieve your goals or make your dreams come true.



LYCEUM CAPS

Please note that if any student needs to wear a cap with the school uniform, it should be a Lyceum cap. Also, unless it is raining, caps should not be worn inside the school premises.

STUDENT'S HAND BOOK (SRB)

Please note that it is compulsory that a child has his / her SRB in his / her hand or where it can be seen easily in the bag when he / she enters school in the morning.

SRI LANKAN NATIONAL FLAG

The flag of Sri Lanka, also called the Lion Flag or the Sinha Flag, consists of a yellow lion, holding



a kastane sword in its right fore paw, in front of a dark red background with four golden bo leaves, one in each corner. Around the background is a yellow border, and to its left are two vertical stripes of equal size in green and saffron, with the saffron stripe closest to the lion.

The lion represents the Sinhalese ethnicity and the bravery of the nation and its yellow colour represents Buddhism, while the four Bo leaves represent the four main concepts of Buddhism : Metta, Karuna, Mudita and Upekkha. The orange stripe represents the Tamils, the green stripe represents Moors and the maroon background represents the majority Sinhalese, like the lion.

The flag has a yellow border representing unity and Buddhism. It was adopted in 1950, following the recommendations of a committee appointed by the 1st Prime Minister of Ceylon , Hon. D. S. Senanayake.

MONTHLY TEST

From next term, monthly tests will not be held for Grade 11 and 12. Instead the usual end of term exams will be held. This is to allocate time for teaching, tutorials, etc.

BUDDHISM TEXT BOOK - GRADES 1-5

Please send the above text book on the days your child has Buddhism in school.

**ENCIRCLING THE STUPA WITH YELLOW ROPE
(KANCHUKA POOJA)**

The Kanchuka pooja which will be organised by Lyceum International, Anuradhapura branch, will be held on 27 February, 2016 at Ruwanwelisaya at 2.00 p.m. All are cordially invited. Students from all Lyceum branches will participate.



VALUABLE TIME !

Please spend more time with your children. At least have dinner together and speak with them. Before you know it, your children will be adults and leave you. Cherish the time you have with them now!



Mrs. Kumari Grero

CLEAN ENVIRONMENT

Please train your children to be clean and keep the surrounding environment clean and tidy as well.



**INTERNATIONAL SCHOOLS
ATHLETIC CHAMPIONSHIPS - 2016
(ISAC)**

ISAC 2016
International Schools Athletic Championships

The ISAC - 2016, which will be hosted by Lyceum International School, Nugegoda will be held at the Mahinda Rajapaksha Sports Complex, Diyagama on **04, 05 & 06, March 2016 from 8.00 a.m. to 6.00 p.m. each day.** Tickets are available at Rs. 350/- each at the entrance. We look forward to your presence.

**IF YOUR CHILD IS JEALOUS,
THE REASON MIGHT BE THAT YOU
COMPARED
HIM / HER WITH OTHERS**



CONSISTENTLY

GRADE 1 TO 12

Please read the Student's Hand Book 1 (SHB 1) and be familiar with the school rules and regulations. Violation of any rule will result in corrective action.

**LYCEUM ANURADHAPURA OPENS
NEW SWIMMING POOL**

The opening ceremony was held at No. 128, Isurupura, New Kandy Road, Anuradhapura 06 February 2016.



Religious clergy, Hon. Minister Duminda Dissanayake, Mrs. Dilrukshi Peiris, Lyceum Anuradhapura Headmistress, Mr. Nikitha Grero - Director, and other distinguished guests graced the event along with the students. "This is another milestone in the three year history of Lyceum International School Anuradhapura," said the Director, Mr. Nikitha Grero commenting on the event, "and Lyceum will extend its effort to provide high quality international education for the Anuradhapura district with a Sri Lankan identity."

GRADE 10 & 12 STUDENTS

Please note that the Grade 10 and 12 students sitting for the Cambridge / National OL / AL Exam should be dressed in proper school uniform at the exam hall. They may not be allowed to enter the exam hall if they are not neatly groomed.

INTER HOUSE ENGLISH DEBATING COMPETITION

Inter House English Debating Competition was held on 09 February, 2016 at Bellorophone hall. The topic was Cloning of Human beings is / is not a positive step towards the development of human kind.

The winning team was Cetus House

Himantha Tennakoon, Amman Lanthra, Dhanushka Nanayakkara, Dithara Ariyasinghe, Sulakshana Thirimanne

Best Debator :- Himantha Tennakoon

PHOTOGRAPHS OF LYCEUM STUDENTS

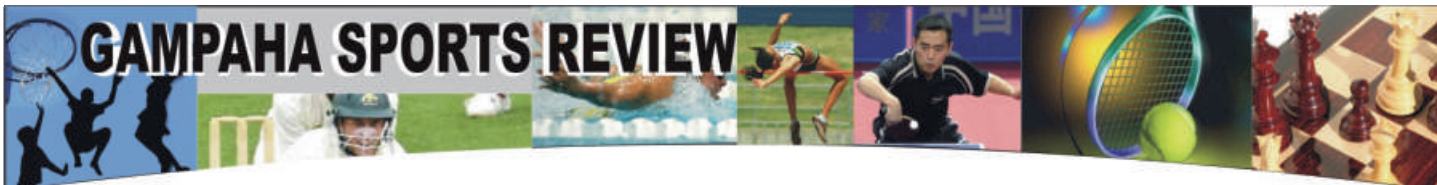
Photographs of Lyceum students should not be used for advertising purposes without a written consent from the School Principal.

GIVING MONEY TO YOUR CHILDREN

Do not give more than Rs. 200/- to your kid to take to school as you may not know what he / she is spending it on. Also send changed money for canteen.

HEALTH PAGE

Please note that it is not mandatory for all parents to complete Page 42 of the SRB.



GAMPAHA SPORTS REVIEW

CRICKET

FRIENDLY CRICKET MATCH

LYCEUM INTERNATIONAL SCHOOL - GAMPAHA Vs. KIRILLAWALA CENTRAL COLLEGE (U. 13)

This Match was played on 06 January, 2016 at Kirillawala Central College Grounds. Lyceum International School - Gampaha won the toss and elected to bat first.

Lyceum International School - Gampaha - 133 for all out.

Heshan - 20, Tishan - 17, Miron - 15, Kaveesha - 10.

Kirillawala Central College - 117 for all out.

Lohan - 3 for 13, Theeraka - 3 for 21, Oshada - 2 for 16, Heshan - 1 for 16, Isul - 1 for 32.

☆ *Lyceum Gampaha won by 16 runs.*

FRIENDLY CRICKET MATCH

LYCEUM INTERNATIONAL SCHOOL - GAMPAHA Vs. KIRINDIWELA CENTRAL COLLEGE (U. 13)

This Match was played on 30 January, 2016 at Kirindiwela Central College Grounds. Kirindiwela Central College won the toss and elected to bat first.

Kirindiwela Central College - 185 for all out.

Oshada - 2 for 32, Lohan - 2 for 33, Tishan - 2 for 13, Theeraka - 1 for 32, Isul - 1 for 24.

Lyceum International School, Gampaha - 187 for 7 wickets.

Theeraka - 64 (not out), Oshada - 44, Sithum - 21, Tishan - 13.

☆ *Lyceum Gampaha won by 3 wickets.*

FRIENDLY CRICKET MATCH

LYCEUM INTERNATIONAL SCHOOL - GAMPAHA Vs. KIRINDIWELA CENTRAL COLLEGE (U. 19)

This Match was played on 07 February, 2016 at Upali Gunarathne Grounds, Kirindiwela. Lyceum International School - Gampaha won the toss and elected to bat first.

Lyceum International School - Gampaha - 123 for all out.

Sanjula- 53, Thisara - 22, Diluka - 09.

Kirindiwela Central College - 88 for all out.

Daham - 6 for 16, Sanjula - 2 for 22, Ruchira - 1 for 11, Isuru - 1 for 16.

☆ *Lyceum Gampaha won by 36 runs.*

CHESS

INTER HOUSE CHESS TOURNAMENT - 2016

This tournament was held on 18 January, 2016 at Bellerophon Hall.

GIRLS - UNDER 13

Winner - Cygnus	Runners up - Cetus
Dasuni Paranavithanage	Onadi Kahandawa
Vonara Rathnayake	Asalya Yasarathne
Esara Malporu	Sashedi Harisha
Arunali Lokuarumage	Thinanga Rajapaksha
Zafeera Kamaldeen	

GIRLS - OVER 13

Winner - Cetus	Runners up - Ursa
Vindu Pathirana	Hansika Mannapperuma
Sulakshi Mudannayake	Imasha Gamage
Jinushi Kariyakarana	Senara Kalpage
Dewmini Lochana	
Anuki Silva	

BOYS - UNDER 13

Winner - Cetus	Runners up - Aquila
Chanul Jayathissa	Riveen Hewagamage
Mahith Jayasumana	Aneek Mubarak
Vihasa Gunasena	Senuda Senanayake
Hirun Rajapaksha	Amika Siribaddana
Leenula Samaraweera	Euka

BOYS - OVER 13

Winner - Ursa	Runners up - Cetus
Renuja Weerasinghe	Pravindu Loku Arumage
Cheran Jayakody	Amiru Perera
Pasas Perera	Vidura Warusagama
Sahan Rathnayake	Amika Siribaddana
Denuka Hemachandra	Euka



Runners up - Aquila
Chamath Madusanka
Sanuga Wijesuriya
Miron Vandawall
Charman Pelahena
Nadun Balasuriya

SOCCKER

INTER HOUSE SOCCER TOURNAMENT - 2016

Inter House Soccer Tournament was held on 11 February, 2016 at Sri Bodhi Grounds, Gampaha.

WINNER - AQUILA

Sanka Wijesinghe, Tisura Ayomal, Jonith Perera, Dineth Bogahavita, Nishen Rathnayake, Daham Panditharathne, Ravindu Ranasinghe, Poorna Kodagoda, Chamath Gunasekara, Kawishka Jayawickrama, Thuan Lantra, Imard Ceyard.

RUNNERS-UP - CETUS

Milan Perera, Manthila Udawela, Sanjula De Silva, Malindu Amarasinghe, Pasindu Kodagoda, Liviru Mallikarachchi, Shehan Susiran, Nawam Panditharathne, Lohan Vidanage, Mohammed Ismail, Pamuda Bandara.

Best Player - Sanha Wijesinghe (Aquila) / Best Defensive Player - Sanjula De Silva (Cetus) / Best Goal Keeper - Thisura Ayomal (Aquila)

ATTENDANCE / ABSENCE

Students should be absent only due to illness or family emergencies. The school should be informed in writing by the parent of the reason for such absence on the first day when the student reports back to school. This should be written in the Student's Record Book. If a child is sick and is absent for three consecutive days or more, a medical certificate should be submitted. There should be a written entry in the S.R.B. duly signed by parent / guardian, with the same signature provided as specimen on page 4 of the S.R.B.

A student who suffers from an infectious disease should keep away from school until the full contagious period is over and should submit a medical certificate by an accepted medical practitioner. The medical certificate should be handed over to the school nurse before the student can be permitted to attend class sessions.

RELIGIOUS PROGRAMMES

The Buddhist Sil Programme was held on 22 February, 2016 for the Grade 3 to 5 students at the Aeolian Hall.

CONCERTS

Concerts of Grade 7 and 8 were held on 15 & 18 February, 2016 with wonderful dancing and singing items Grade 1 & 2 Concert was held on 19, 20 and 23 February, 2016. There were entertaining items performed by students.

A big thank you to all the participants, teachers and parents who helped to make these events success.

DRUG AWARENESS PROGRAMME - 2016

Above programme was held on 15 and 23 February, 2016. This programme would undoubtedly build awareness among our students, such as the results of using the drugs and how to prevent from drugs which very secretly grab the interest of young lives and finally throw them into very dangerous situations in life.

FORGED SIGNATURES ON SRBS

Dear Parents, Forging a signature is a punishable act. If we come across students who have forged the parent's signature on the SRB, we will be compelled to take severe corrective action. It is your responsibility to take the child's SRB and check daily to see the information sent to you from school and acknowledged by placing the same signature as the sample provided on page 4 of the SRB. If there is a signature that you didn't place, please question your child and advise him / her of the consequences of his / her actions.

GRADE 5 SCHOLARSHIP EXAMINATION

Please note that our students are not eligible to sit for the Grade 5 scholarship exam held by the government.

Musical Extravaganza

on Monday, 29 February, 2016
from 6.00 p.m. onwards
in the Aeolian Hall



Presented by

JUNIOR & SENIOR CHOIR



LYCEUM

INTERNATIONAL SCHOOL

G A M P A H A

MOCK EXAMS / PRACTICE TESTS FOR GRADE 12 (CAMBRIDGE) STUDENTS

Please be noted that a series of Mock Exams / practice tests will be held in preparation of Grade 12 (Cambridge) students for the final exam.

DATE	TIME	SUBJECT	PAPER
29 Feb.	11.00 - 01.45 p.m.	Physics	P 1 & P 4
	11.00 - 12.00 noon	Accounts	P 1
	12.00 - 01.30 p.m.	Accounts	P 2
01 Mar.	07.45 - 09.45 a.m.	Physics	P 2 & P 5
	11.00 - 12.45 p.m.	Maths	P 1
	11.00 - 01.15 p.m.	Economics	P 4
02 Mar.	09.15 - 10.30 a.m.	Maths	M 1
	09.15 - 10.15 a.m.	Economics	P 3
03 Mar.	07.45 - 09.15 a.m.	Economics	P 2
	08.30 - 10.15 a.m.	Maths	P 3
	11.00 - 12.00 noon	Chemistry	P 5
	11.00 - 12.30 p.m.	Business	P 2
04 Mar.	09.15 - 10.30 a.m.	Maths	M 2
	09.15 - 10.15 a.m.	Economics	P 1
	11.00 - 01.00 p.m.	Physics	P 3
	10.45 - 01.45 p.m.	Accounts	P 3
08 Mar.	07.45 - 09.00 a.m.	Business	P 1
	08.00 - 09.00 a.m.	Chemistry	P 1
09 Mar.	10.45 - 01.45 p.m.	Business	P 3