



# The Lyceum Gampaha

www.lyceum.lk

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Message from our  
Founder  
Mr. Mohan Lal Grero



## Words of WISDOM

- ★ School will be closed from Friday, 03<sup>rd</sup> August, 2018 & will be re-opened for students on Monday, 03<sup>rd</sup> September, 2018.
- ★ School will be re-opened for teachers on Monday, 27<sup>th</sup> August, 2018.



came across this story about a hand whose fingers were great friends. The owner of this hand started a dangerous job and, despite the care he gave the rest of the fingers, the thumb always came off worse, with lots of cuts and

bruises.

### PERSONAL GROOMING - HAIR



- ★ **Boys** should cut their hair at an even length & comb it with a side part. Be clean shaven.
- ★ **Girls** must comb hair neatly. Hair below shoulder length should be plaited tight and neat. No french braids (Grades 1 to 8 is two plaits). If the hair is layered and cannot be tied neatly please cut it in a suitable short manner.  
Please note that layered hair styles are not allowed. Students are also not allowed to have "bumps" in front. We will be compelled to send them home if they are unable to follow school rules and expectations regarding personal grooming.
- ★ Please note that when students come to school during vacation and throughout all school days these instructions should be strictly followed.

At first, the other fingers asked the thumb's forgiveness for their clumsiness, and the thumb did indeed forgive them. However, this happened so many times that, one day, the thumb decided to forgive the fingers no more. He stretched himself away from the fingers, and wanted nothing to do with them. Initially, the thumb looked dignified, straight, rigid and aloof. However, that kind of position was forced and ridiculous. The owner even had to keep that hand in his pocket, and there the fingers suffered in darkness and obscurity.

Finally, the thumb understood that it had all been his fault, and he asked the fingers' forgiveness, fearful that they would reject him. On the contrary, the fingers easily forgave him, because they - better than anyone - knew that we all make mistakes. Friends once again, all five of them worked together to prove to the owner that they were perfectly well again. Before long, they returned to the light again, this time well aware that they should always forgive each other, and thus avoid ending up inside a gloomy pocket.

**"Forgiveness is a virtue of the brave"** said Indira Gandhi. Dear children, we must always cultivate the habit of a forgiving heart, only then can we work alongside each other.



Please note that there are important notices in every newsletter. Therefore, it is compulsory for every parent and student to read the newsletter.

### PARENTS INFORMATION BOOKLET SRB / SHB-1 / SHB-2

Please check whether you have received the Parents Information Booklet (PIB), Students Hand Book - 1 (Grade 1 & all new students from Grades 2 to 12), Students Record Book (Nursery & Pre-Grade), Students Record Book (Grades 1 to 12), Students Hand Book - 2 (Grades 1 to 12). New admissions are requested to obtain their copies from the respective Class Teacher / Registrar.

CONGRATS! YOU ARE AMAZING!

## CHORAL SPEAKING COMPETITION

An Inter-Lyceum Choral Speaking Competition was held on 29<sup>th</sup> June, 2018 in commemoration of 25<sup>th</sup> Anniversary Celebrations of Lyceum International School, Nugegoda. **Lyceum International School, Gampaha** Grade 6 & 7 students competed in the category - C & was placed First.

### SCHOOL FEES

Please pay your school fees one week before the term commences.

Dear parents,

Please make sure that you have received / obtained the following on or before 03<sup>rd</sup> August 2018.

Nursery	Booklist
	Paying in Voucher
	Academic Report
Pre-Grade	Booklist
	Paying in Voucher
	Academic Report (students proceeding into Gr. 1)
	Uniform sample (students proceeding into Gr. 1)
	Certificate
Gr. 1 to 8	Booklist
	Paying in Voucher
	Academic Report
Gr. 6 to 8	Community Service Certificate
	Academic Report
G. 9 to 11	Paying in Voucher
	Academic Report
Pre A/L	Paying in Voucher

Please note that Pre A/L students have to pay the entire A/L term fee from June 2018 to August 2018).

### PROVIDING A STIMULATING ENVIRONMENT

When your child is born he / she is born with billions of nerve cells and inter-connections between these nerve cells. However, these billions of inter-connections start to decay unless stimulated. Stimulation takes many forms; from reading a story to singing songs, showing scenery to even star gazing.

Although you might not see the benefits in the short term, go on reading, singing and showing things to continue stimulating these inter-connections between the nerve cells. Give your child the opportunity to experience things which will lead him / her to become an adult who can take up any challenge in life. Please do not send your child to tuition nor allow him / her to sit in front of the TV or play video games preventing him / her from gaining practical experience and true interaction.

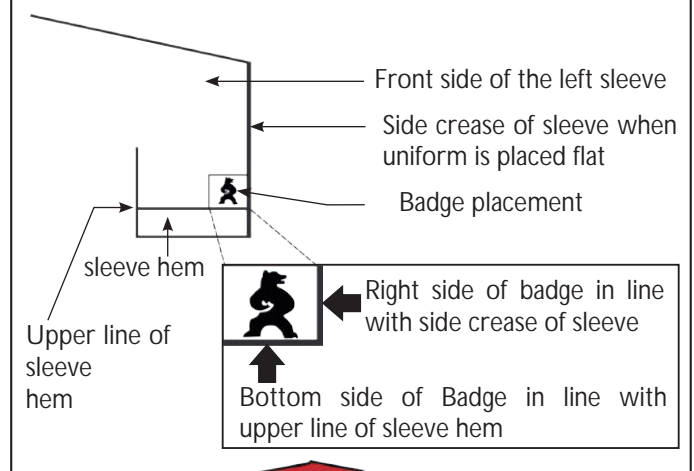
### AWARENESS ON SAFE DRIVING WITH CHILDREN ON BOARD

1. The safest is to have the child in a size / weight appropriate car seat / booster in the rear of the car. (Preferably in the middle seat.)
2. The earlier you start, the less likely the child will be to reject it. But even if they reject it, it is safer to have a child who is crying all the way, than you crying for the child.
3. If you think you can't afford a car seat, look for used options or directly import it.
4. If you really can't afford a car seat, keep your child in the back seat. [According to the U.K. regulations children, over 3 years should wear an adult seat belt and those less than 3 should either be on a children's car seat or held securely by an adult. Carrying the child in your lap at the front seat is not recommended at all.]

**DON'T FORGET**

### PLACEMENT OF SCHOOL HOUSE BADGE (GR. 1 - 8)

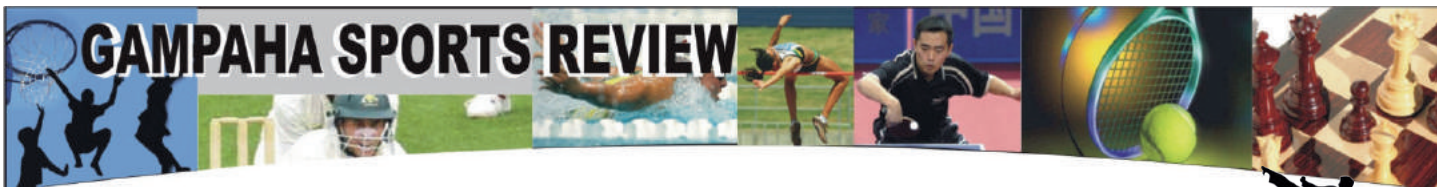
Your child's school house badge should be stitched on the front side of the left sleeve of the uniform shirt / dress and PE Kit, T-shirt as follows;



### EXERCISE BOOKS

Please note that from Grades 1-8, all students should carry only 80 page exercise books. Sometimes, an 80 page CR book is also recommended.





## KARATE

### WESTERN PROVINCE KARATE TOURNAMENT - 2018

This Tournament was held on 28<sup>th</sup> June, 2018 at Sugathadasa Indoor Stadium, Colombo.

NAME	EVENT	PLACE
Panchali Jayasinghe (U. 11)	Kumite	2nd
	Kata	3rd
Daham Bandara (U. 13)	Kumite	2nd
	Kata	3rd
Sahiru Gunawardena (U. 08)	Kata	3rd
Nisith Jayasekara (U. 11)	Kumite	3rd

## ATHLETIC

### SIR JOHN TARBET JUNIOR CHAMPIONSHIP - 2018

This Tournament was held on 07<sup>th</sup>, 08<sup>th</sup> & 09<sup>th</sup> July, 2018 at Rajasinghe Central College, Hanwellla.

NAME	EVENT	PLACE
Dananjana Sithmini (U. 14)	100 m / High Jump	Merit

## CHESS

### 14TH ASIAN SCHOOLS RAPID CHESS CHAMPIONSHIP

This championship was held on 08<sup>th</sup> July, 2018 at Citrus Hotel, Waskaduwa. **Dulmina Ravihansa** Moratumulla placed 1<sup>st</sup> Runners-up in the Under 07 Open Category.

### EXTRA CURRICULAR ACTIVITIES SCHEDULE DURING VACATION - AUGUST 2018

Transport will not be provided. The Teacher-in-charge will be waiting with students till they are picked up from the relevant venue. Kindly collect them on time. Students should come in their PE Kit & should bring their SRB. Rules which are mentioned in SHB - 1 will be strictly followed.

#### ATHLETICS - (JUNIOR) - T.I.C. - Ms. Dilki

Dates		Time & Venue
07 - 08 - 2018	16 - 08 - 2018	08.30 - 10.30 a.m. School Grounds
09 - 08 - 2018	21 - 08 - 2018	
14 - 08 - 2018	23 - 08 - 2018	

#### ATHLETICS - (SENIOR) - T.I.C. - Mr. Iroshan

Dates		Time & Venue
07 - 08 - 2018	21 - 08 - 2018	06.30 - 08.30 a.m. School Grounds
09 - 08 - 2018	23 - 08 - 2018	
14 - 08 - 2018	28 - 08 - 2018	
16 - 08 - 2018	30 - 08 - 2018	

#### BADMINTON - (JUNIOR - MS. LAKSHIKA) - T.I.C. - Ms. Dilki

Dates	Time	Venue
08 - 08 - 2018	08.00 - 11.00 a.m.	School Premises
15 - 08 - 2018		
29 - 08 - 2018		

### ALL ISLAND ITOSUKAI KARATE CHAMPIONSHIP - 2018

This Tournament was held on 28<sup>th</sup> June, 2018 at Sugathadasa Indoor Stadium, Colombo.

NAME	EVENT	PLACE
Newan Amarasinghe (U. 07)	Kata	3rd
Manawa Rathnayake (U. 07)	Kumite	1st
Visula Brandiwattage (U. 08)	Kumite	3rd
Dulmitha Senuk (U. 09)	Team Kata	2nd
Sapumal Senanayake (U. 09)	Team Kata	2nd
Deneth Vishwaka (U. 09)	Team Kata	2nd
Sapumal Senanayake (U. 09)	Kumite	3rd
Thavru Thusaramina (U. 11)	Kumite	2nd
Yonal Vanculanburg (U. 11)	Kumite	1st
Dasindu Rajapaksha (U. 11)	Team Kata	2nd
Dilshan Wijerathne (U. 11)	Team Kata	2nd
Sandil Pathirana (U. 12)	Team Kata	2nd
	Kata	1st
	Kumite	2nd
Arosha Dissanayake (U. 12)	Kumite	3rd
Dihen Rathnayake (U. 13)	Kumite	3rd
Daham Bandara (U. 13)	Kata	2nd
Gayanuka Pathirana (U. 13)	Team Kata	2nd
Dulin Watareka (U. 13)	Team Kata	2nd
Shimron Wijesinghe (U. 14)	Team Kata	2nd
Pasindu Dissanayake (U. 15)	Kata	2nd
	Kumite	2nd
Sayuri Withanarachchi (U. 13)	Kata	1st
Dewli Weerasinghe (U. 14)	Kata	2nd
	Kumite	3rd

#### BADMINTON - (SENIOR - MR. CHINTHAKA) - T.I.C. - Ms. Kethaka

Dates		Time & Venue
06 - 08 - 2018	20 - 08 - 2018	08.30 - 11.00 a.m. School Premises
08 - 08 - 2018	24 - 08 - 2018	
10 - 08 - 2018	27 - 08 - 2018	
13 - 08 - 2018	29 - 08 - 2018	
15 - 08 - 2018	31 - 08 - 2018	
17 - 08 - 2018	-	

#### BASKETBALL - T.I.C. - Mr. Amila / Ms. Madupama

Dates		Time & Venue
07 - 08 - 2018	24 - 08 - 2018	02.30 - 05.00 p.m. Squad Basketball Court
10 - 08 - 2018	28 - 08 - 2018	
17 - 08 - 2018	31 - 08 - 2018	
21 - 08 - 2018	-	

<b>BAND - T.I.C. - Ms. Upeka</b>		
Dates		Time & Venue
08 - 08 - 2018	22 - 08 - 2018	08.30 - 12.00 noon
15 - 08 - 2018	29 - 08 - 2018	School Premises

<b>CHESS - T.I.C. - Mr. Senarath</b>		
Dates		Time & Venue
10 - 08 - 2018	24 - 08 - 2018	08.00 - 11.00 a.m.
17 - 08 - 2018	31 - 08 - 2018	School Premises

<b>CHOIR (SENIOR) - T.I.C. - Ms. Surangika</b>		
Dates		Time & Venue
06 - 08 - 2018	20 - 08 - 2018	08.00 - 12.30 p.m. School Premises
07 - 08 - 2018	21 - 08 - 2018	
13 - 08 - 2018	27 - 08 - 2018	
14 - 08 - 2018	28 - 08 - 2018	

<b>CRICKET (U. 13) - T.I.C. - Mr. Iroshan</b>		
Dates		Time & Venue
04 - 08 - 2018	18 - 08 - 2018	02.00 - 05.00 p.m. School Premises
06 - 08 - 2018	20 - 08 - 2018	
11 - 08 - 2018	27 - 08 - 2018	
13 - 08 - 2018	-	

<b>CRICKET (O. 13) - T.I.C. - Mr. Pathirana</b>		
Date	Time	Venue
10 - 08 - 2018	02.15 - 05.00 p.m.	School Premises
11 - 08 - 2018	08.00 - 11.00 a.m.	
17 - 08 - 2018	02.15 - 05.00 p.m.	
18 - 08 - 2018	08.00 - 11.00 a.m.	
24 - 08 - 2018	02.15 - 05.00 p.m.	
31 - 08 - 2018	02.15 - 05.00 p.m.	

<b>CUBBING - T.I.C. - Ms. Dinusha / Ms. Kavindi</b>		
Date	Time	Venue
08 - 08 - 2018	10.00 - 12.00 noon	School Premises
15 - 08 - 2018		

<b>GYMNASTIC - T.I.C. - Ms. Nadeera / Ms. Madupama</b>		
Dates		Time & Venue
07 - 08 - 2018	17 - 08 - 2018	02.00 - 05.00 p.m.
14 - 08 - 2018	-	School Premises

<b>KARATE (NORMAL TRAINING) - T.I.C. - Ms. Kethaki</b>		
Date	Time	Venue
06 - 08 - 2018	09.00 - 10.30 a.m.	School Premises
13 - 08 - 2018	Gr. 1 & 2	
20 - 08 - 2018	10.30 - 01.00 p.m. Gr. 3 & above	

<b>KARATE (SPECIAL TRAINING - ISKC) - T.I.C. - Ms. Kethaki</b>		
Date	Time	Venue
06 - 08 - 2018	09.00 - 12.00 noon	School Premises
13 - 08 - 2018	Gr. 1 & 2	
20 - 08 - 2018	09.00 - 01.00 p.m. Gr. 3 & above	

<b>LAWN TENNIS - T.I.C. - Ms. Basilika</b>		
Dates		Time & Venue
08 - 08 - 2018	29 - 08 - 2018	02.00 - 05.00 p.m.
15 - 08 - 2018	-	School Premises

<b>MUN - T.I.C. - Ms. Maya</b>		
Date	Time	Venue
08 - 08 - 2018	08.00 - 12.00 noon	School Premises
15 - 08 - 2018		

<b>NETBALL - T.I.C. - Ms. Rasika</b>		
Dates		Time & Venue
07 - 08 - 2018	21 - 08 - 2018	08.00 - 10.00 a.m. School Premises
09 - 08 - 2018	23 - 08 - 2018	
14 - 08 - 2018	28 - 08 - 2018	
16 - 08 - 2018	30 - 08 - 2018	

<b>SCOUTING - T.I.C. - Mr. Senarath</b>		
Date	Time	Venue
18 - 08 - 2018	09.00 - 01.30 p.m.	School Premises

<b>SINGITHI SCOUTING - T.I.C. - Ms. Jithma</b>		
Date	Time	Venue
08 - 08 - 2018	09.00 - 10.00 a.m.	School Premises
15 - 08 - 2018		

<b>SOCCER - T.I.C. - Mr. Amila</b>		
Dates		Time & Venue
08 - 08 - 2018	23 - 08 - 2018	07.00 - 09.00 a.m. School Premises
09 - 08 - 2018	29 - 08 - 2018	
15 - 08 - 2018	30 - 08 - 2018	
16 - 08 - 2018	-	

<b>SWIMMING (JUNIOR SQUAD) - T.I.C. - Ms. Manjula</b>		
Dates		Time & Venue
27 - 08 - 2018	31 - 08 - 2018	10.00 - 11.00 a.m.
29 - 08 - 2018	-	LISG Swimm. Pool

<b>SWIMMING (MAIN SQUAD) - T.I.C. - Ms. Manjula</b>		
Dates		Time & Venue
27 - 08 - 2018	30 - 08 - 2018	08.00 - 09.30 a.m. LISG Swimm. Pool
28 - 08 - 2018	31 - 08 - 2018	
29 - 08 - 2018	-	

<b>SWIMMING (EXTRA ACTIVITY) - T.I.C. - Ms. Manjula</b>		
Date	Time	Venue
28 - 08 - 2018	10.00 - 11.00 a.m.	LISG Swim. Pool
30 - 08 - 2018		

<b>TABLE TENNIS - T.I.C. - Ms. Renuka</b>		
Dates		Time & Venue
09 - 08 - 2018	18 - 08 - 2018	08.00 - 11.00 a.m. School Premises
11 - 08 - 2018	23 - 08 - 2018	
16 - 08 - 2018	30 - 08 - 2018	