

**2018-2019**

16 <sup>th</sup> October	Athletic Meet Rehearsal 2018/19
19 <sup>th</sup> October	Athletic Meet 2018/19
22 <sup>nd</sup> Oct –2 <sup>nd</sup> November	First Exam Grade 10 X
29 <sup>th</sup> October	Monthly Test Grade 9
30 <sup>th</sup> - 31 <sup>st</sup> October	Monthly Test Grades 1- 9
2 <sup>nd</sup> November	Best Speaker Sinhala - Semi Finals
9 <sup>th</sup> November	Art & Craft Exhibition (Nursery to Grade 5) Project Showcasing Grades 1 - 8
12 <sup>th</sup> November	Parent Teacher Day
13 <sup>th</sup> November	Best Speaker Sinhala - Finals
23 <sup>rd</sup> November	Christmas Carols (Nursery to Grades 10)

**EMAIL ADDRESS - COMPULSORY**

Please note that it is compulsory that you enter your email address in the SRB on page 4.

**TUITION IS VERY BAD FOR YOUR CHILD**  
**Nursery to Grade 8**

Please do not send your child for tuition. You may do so if your child is weak and also only if he/she is in Grade 9 to 12 classes (exam classes).

Dr. (Mrs.) Kumari Grero

**WORDS OF WISDOM**

Once a man sat at a metro station in Washington and started to play the violin. He played six Bach pieces for about 45 minutes. During that time, it was calculated that 1,100 people went through the station, and since it was rush hour, most of them were on their way to work. A couple minutes later, the violinist received his first tip: a woman threw a dollar in the till and without stopping, continued to walk. A few minutes later, someone leaned against the wall to listen to him, but he soon walked away as he was late for work. The one who paid the most attention was a three year old boy. The child stopped to look at the violinist, but his mother hurried him along.

In the 45 minutes the musician played, only 6 people stopped and stayed for a while. About 20 gave him money, but continued to walk their normal pace. When he finished playing, he collected the few coins and silently left the station. No one noticed him or applauded him. No one knew this, but the violinist was Joshua Bell, one of the most talented musicians in the world. He had just played one of the most intricate pieces ever written, on a violin worth 3.5 Million Dollars.

Two days before his playing in the subway, Joshua Bell sold out at a theater in Boston where the seats averaged 100 Dollars. In a commonplace environment, do we stop to appreciate beauty? Do we recognize talent when it's in an unexpected context?

Live your life with a deeper appreciation of the world around you. Remember to slow down and notice the little things that make life worthwhile. Despite a busy life, it is important to know how to be present in the moment; otherwise those moments will pass you by.

**Dr. Mohan Lal Grero**

**Founder - Lyceum International Schools**

**Vision**

To produce global citizens who will reshape the future of their motherland.

**Mission**

To enhance the potential of every young soul that passes through our halls, empowering them to be the best they can be.



## Message from Principal

### The Importance of Staying Motivated for Kids with Learning and Attention Issues



### The Importance of Motivation

Motivation is the drive behind an action you take. It's the force behind training long hours for a sport tryout or staying up late to make a science project even better.

Usually there's an incentive involved. Making the team or having people admire your project at the science fair feels good, which makes the hard work leading up to it worth it. The positive feedback provides motivation to do it again the next time.

It can also lead kids to *continue* to try over the long haul. The incentive of having positive experiences and outcomes can keep them working despite hurdles.

And the ability to do that is key for kids with learning and attention issues.

### Motivation and Kids with Learning and Attention Issues

What gives kids the drive to do things? Often, it's the prospect of succeeding—or at least improving so you *can* succeed. The more kids feel competent at a task, the more likely they are to enjoy the activity and want to get better at it. Success builds motivation, which leads to more success.

But kids with learning and attention issues typically experience more setbacks than their peers. They face more challenges. And improvement and success may come more slowly or less frequently despite hard work. That can take a toll on motivation.

If a child studies for a test and still doesn't do well, she might be motivated to try harder and do better next time. But if she *keeps* doing poorly, she may start to think, "Why bother studying for the next test? It's not going to make a difference."

Over time, she may start to anticipate a bad outcome with anything she does. That can cause her to give up easily, not try her

But if she finds the motivation to try yet again, she can persevere. She might be willing to stick with it even if she doesn't have positive experiences at first. And that can build resilience.



## DISCIPLINE AT HOME & AT SCHOOL

Maintaining good discipline amongst children at home and at school is a challenge faced both by parents and teachers. Various strategies are used to achieve this. Amongst them, it is very important to consider the following:

- ◆ 'The child must know the 'done things' and the 'not done things'. The child must know where to draw the line between these. The parents and the school must also agree about these, because if different signals go to the children from the parents and the teachers, they will be confused.
- ◆ Children must know the consequences (corrective action) for indiscipline and should accept the consequences if he/ she falls into indiscipline. Once corrective actions are implemented it should be explained to the child why he/ she should make a firm commitment not to repeat the mistake.
- ◆ Both parents and teachers must ensure that the corrective actions do not amount to abuse. The universal declaration of children's rights provides excellent and clear guidelines regarding this matter. All parents and teachers should take the time to read it for the sake of our children.
- ◆ The school authorities, teachers and the parents should accept the child who was corrected with a 'clean slate' and ask the child to start to put the past behind him / her and make a new start with a positive attitude.

## HOMework



How we wish homework could be fun — only if our kids also had a friend to help them with their studies! One of the biggest concerns of parents today is getting their child do homework and studies on time and effectively.

It's quite understandable that homework sounds like a big task, uninteresting, and unrelenting, given the little time kids have to play, relax, and entertain themselves in this gadget-led age. Nevertheless, you'll soon agree that it's important to stick to a regular homework regime.

If you're wondering why anyone would want their kids to bury their face again in notebooks and do homework every day, here is why:

- ◆ Reinforces concepts taught in school
- ◆ Instils self-responsibility
- ◆ Exercises brain and improves concentration
- ◆ Self-discipline, time management, independent thinking and problem-solving
- ◆ Bring a sense of accomplishment and confidence



"Dana" is one of the most basic virtues, a quality that testifies the depths of one's humanity and capacity for self transcendence. Rice and curry dansala organized by Lyceum Anuradhapura was successfully held on 24<sup>th</sup> September 2018 at the sacred Ruwanweliseya premises, commemorating the Binara full moon poya day. The management, staff, parents and students joined hands in this humongous meritorious deed perfecting the generosity. Starting off with a sermon by Ven.Neluwakande Sudassi Thero it was held from 11:30am to 5:30pm allowing around 4000 devotees to enjoy the delicious meal. Mr.Malith Kumarasingha, The deputy coordinating principal of Lyceum International Schools, Ms.Dinithi Wijenayake, Headmistress Lyceum International School Kurunegala graced the event. The immense contribution of all are highly appreciated!

#### 4<sup>th</sup> ATHLETIC MEET SELECTIONS 2018/2019

Filling the school grounds once again with competitive sporty atmosphere athletic meet selections for the 4<sup>th</sup> athletic meet was held on 12<sup>th</sup> September 2018 in the school grounds throughout the day. Students from all four houses actively engaged in the selections with high spirit.



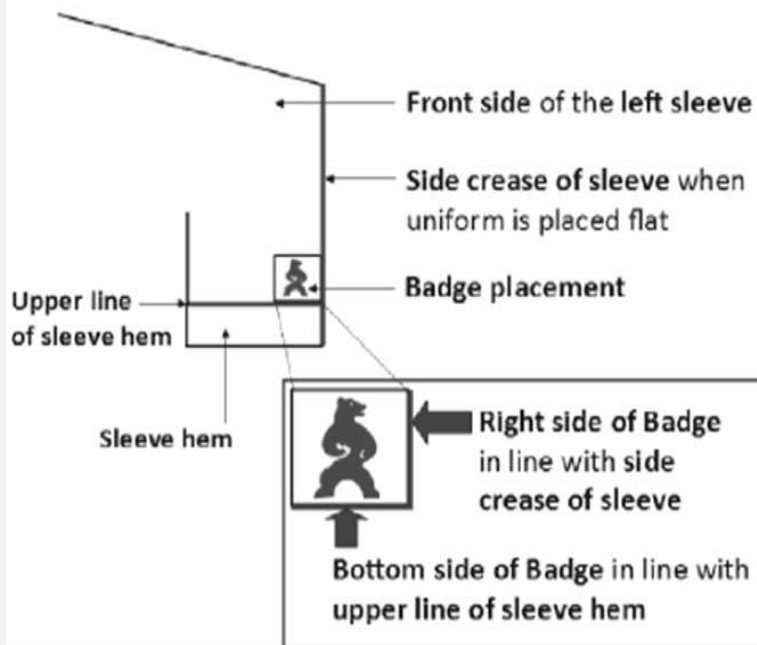
## Congratulations

It's with great pleasure we announce that Lyceum International School Anuradhapura has become the all island winners of choir category at British Lanka Festival for Performing Arts held on 29<sup>th</sup> August 2018 at Museum Auditorium Colombo. Congratulations for the victory, making our own dear school's name glorious.



### PLACEMENT OF SCHOOL HOUSE BADGE (GRADES 1 - 8)

Your child's school house badge should be stitched on the front side of the left sleeve of the uniform shirt / dress and P.T. Kit T-Shirt as follows:



### MONTHLY TEST

Please note that for certain Monthly Test papers (Grade 4- Grade 8) marks will be given out of 48 which is converted to 96 & 4 marks should be given for handwriting. Other papers are out of 95 & 5 marks should be given for handwriting. Please note that marks for handwriting should be absolute marks 5/4 or 0.

### CUB-SCOUTS LITTLE FRIENDS RECREATIONAL DAY

Creating new opportunities to explore nature, giving chance to improve practice beyond the classroom theories, cub scout & little friends of grade 4 to 8 were engaged in recreational days on 29<sup>th</sup> & 30<sup>th</sup> September 2018 where they visited the sacred Abhayagiriya complex including Twin ponds, archeological museum, Samadhi Statue etc. adding immense skills to their lives.



### CHILDREN'S DAY CELEBRATION



Children are the hope of the world for its future. Childhood is an enchanted place where colours are brighter, air softer and fragrance higher. Making the children feel special on their day, children's day 2018 was celebrated at Lyceum Anuradhapura on 1<sup>st</sup> October 2018 with enthusiasm. A special assembly was organized to celebrate this day, which was conducted by grade 6 students. Many entertainment items including songs, speeches and dances were performed showcasing that every child is gifted. The principal addressed the children explaining the importance of childhood. He also entertained the gathering with a beautiful song. Teachers enacted "Little red riding hood" which surprised the children. childhood is all about innocence and playfulness. It's about joy and freedom. A special play time was given to the children where they enjoyed immensely filling the grounds with colours, laughter and happiness.