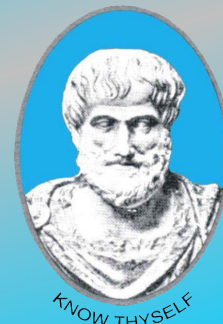


Lyceum News

Anuradhapura



July & August - 2015

Happy Holidays

School will close on 7th August 2015 and re-open for students on 7th September 2015.

UPCOMING EVENTS

- | | | |
|----------------------------|---|---|
| 23 rd July 15 | } | Second Semester Examination |
| to | | |
| 28 th July 15 | } | Test Paper Correction - Holiday for Grade 1 to 7 |
| 29 th July 15 | | |
| & | | |
| 30 th July 15 | } | Graduation Grade 1 to 4 |
| 30 th July 15 | | |
| 31 st July 15 | - | Holiday for students - Poya Day |
| 03 rd Aug 15 | } | Test Paper Correction. |
| to | | |
| 5 th Aug 15 | } | -Finalizing marks & reports -
Holiday for Grade 1 to 7 students. |
| 06 th August 15 | | |
| 07 th Aug 15 | - | Issue of reports / School closes |



LAST DAY OF SCHOOL

Please note that on the last day of school of every term, parents will not be allowed to visit the school office, as we will be busy with internal matters of the school.



PLEASE PAY YOUR SCHOOL FEES ON TIME.

Message from our Founder Mr. Mohan Lal Grero



As young children you must have dreams of doing a great job, possessing a university degree, or maybe owning your own car. As I have written many times before, you must always dream big and never settle for small things in life. Also help those around you as you walk this life's journey.

Josh was a young executive who managed to save enough money to buy a new car. One afternoon while he was driving, a brick sailed out from nowhere and smashed the side of his new car. He reversed the car to the spot and got out to find a small boy with tears running down his face standing by the side of the road. As angry as he was he managed to ask the youngster why he threw a brick. Sobbing the boy replied "It's my brother sir, the wheelchair toppled and he rolled off," he said. "Would you please help me get him back into his wheelchair? He is hurt and he's too heavy for me".

Moved beyond words, Josh helped the boy and attended to his needs. He watched them continue to go on their way. Josh never fixed the side door of his car, and kept the dent to remind him not to go through life so fast that someone has to throw a brick at him to get his attention.

Be aware of the needs of those around you. As Mahatma Gandhi once said, "The best way to find yourself is to lose yourself in the service of others".

Please note that important notices are in every newsletter. Therefore, it is compulsory for every parent and student to read the newsletter.



**MESSAGE FROM OUR COORDINATING PRINCIPAL
MRS.KUMARI GRERO**

TECHNOLOGY AND PARENTING



The present generation of millennials has grown up with technology. It has become commonplace for parents to give mobile phones, tablets and other personal electronic devices to children. The busy lifestyle of modern-day parents often sees them resorting to convenience over value. However, we must not blindly adapt to change. The decisions parents make regarding technology must be thought out and implemented carefully.

It is advisable to prevent your children from using phones while schooling. Set boundaries such as age and time restrictions for the use of computers. Children must be encouraged to spend time reading or playing a family board game.

Introduce them to a library. Make them feel proud that they own a library membership card. Let them see you borrowing and reading books too (you must practice what you preach).

Teach them that the real use of technology is to solve problems and that is better to be a creator than a consumer of technology. For example, use technology to create presentations and to do research for school assignments. Limit the duration and content they watch. Research studies show that children continuously exposed to television from a young age develop shorter attention spans that lead to learning problems.

Technology provides many opportunities for distractions. Those who will succeed in the future will be the ones who learn to overcome this temptation. Give them educational games and puzzles oriented towards problem solving and those that require patience such as sculpting, painting and craft-making. Encourage them to play with friends and take them on family outings. Creating a strong family culture with set rules and norms about the use of technology is important for the holistic development of children. Then, children will grow up to be informed and reflective citizens who can make wise decisions about their lives.



REAPING THE FRUITS OF A WELL ROUNDED EDUCATION

Here I am walking once again through the gates of my alma mater after two long years. Perhaps there is no other institution in this world as closely weaved to my life as Lyceum. Memories of those lovely school days cascade through my mind, where we learnt many life lessons. There is no better time to reflect on how Lyceum has empowered me to face the world with courage.

From the little world that I grew up inside Lyceum to studying in the bustling metropolis of London, may seem a bit too high a leap for any naive young man, but surprisingly the challenges that I faced were very easy to overcome owing to the skills and values and the proper grooming I gained at Lyceum.

I learnt to appreciate our cultural values, through the participation in a number of activities ranging from school concerts and playing the flute in orchestras to singing and speech competitions and drama. These skills gave me recognition, love and praise from the Sri Lankan community who were keen to know which school I studied in. Many who presumed that I was from a prestigious government boys' school in Colombo were left awe-struck!

Within a very small time, a number of opportunities opened up in arts and performing arts activities around the UK, I got the opportunity to play the flute for a couple of large scale charity concerts in London for well known Sri Lankan artistes visiting in the UK.

The competitiveness of the world outside is booming and academic qualifications constitute just one side of the balance for a successful future; it's not all about book knowledge. The world is hungry; hungry for people with the right talent, discipline, and the ability to adjust to diverse working conditions, just like a balanced diet with the right quantities of nutrients.

If you are looking for an education which is comprehensive yet precise, Lyceum is the one and only place, the institution I owe for almost every successful step I take today. As students of Lyceum, consider yourself to be an absolutely lucky bunch, for one day you will depart through the gates well armed to face the world. Be different, love and respect your school. As Ralph Waldo Emerson once said, "Do not go where a path may lead, go instead where there is no path and leave a trail." This can be your story.

MEMOS TO PARENTS & GUARDIANS

SCHOOL UNIFORM

Please note that all students coming to school should be in school uniform and not in the P.T. kit. School uniform is compulsory and P.T. kit should be worn only on P.T. days. Students visiting school for holiday classes / to go to the office should come in school uniform.



MEETING TEACHERS

Parents are kindly requested not to ask for the personal telephone numbers of teachers. If you need to meet a teacher please contact him / her via the SRB or telephone the school and leave a message / set up an appointment.



PREVENTION OF INFECTIOUS DISEASES

If your child has fever or any symptoms like headache / body pain, please keep your child at home. Please inform the school nurse if your child has had dengue fever recently.



HANDWRITING

Please see to it that the English handwriting of your child is improved before going to the next grade. If your child's handwriting is poor please buy him / her a handwriting book and tell him / her to do a page of copy writing



Dear parents,

Please do not send money or any items to school unless a request notice is sent authorised by the Director / Coordinating Principal / Deputy Coordinating Principal / Principal or the Headmistress.



PHOTOGRAPH

The photograph pasted on the Student's Record Book should be a very recent photo of your child in school uniform (not more than 6 months old)



CONTACT DETAILS

Parents are kindly requested to mention your correct address and telephone numbers. Telephone numbers should be in working order and reachable during working hours. We will be using the given number in case of any emergency. If you change your address or the telephone numbers during the course of the year, please inform the Principal immediately and update the same in the Student's Record book.



OUTSTANDING FEES

Please do not purchase books for the new academic year until you have settled any outstanding school fees, as your child will not be promoted to the next grade until all outstanding fees are settled.



BOOKLISTS

You are kindly requested to make the purchase of books from the respective branch bookshop only (the branch where your child attends school). Check for the school seal on the booklist and produce the original



EXERCISE BOOKS

80 page books are compulsory for all students in order to reduce the weight of the school bag.



STUDENTS' BELONGINGS

All belongings that students bring to school should be labelled with the student's name and class. This is to enable any lost items to be returned to the owner.



MEMOS TO PARENTS & GUARDIANS

NURSERY TO GRADE 8

We advise you not to give tuition to your child. Please allow him/her enough time to play



SCHOOL CAPS

If students wear a cap to school, it should be a Lyceum cap. If not, it will be confiscated and returned only on producing a school cap. The cap should be taken off on entry to school unless it is raining



GRADES 1 TO 5

Please make sure that your child brings only the books needed according to the timetable.



GLASS OF MILK

Please see that your child drinks a glass of fresh milk every day.



LEAVING CERTIFICATES

Please note that the Leaving Certificate will not be issued to students with outstanding fees.



PUNCTUALITY IS A GOOD HABIT

Please ensure that your child comes to school before 7.30 a.m. Please leave home early enough to avoid usual traffic in order to avoid being marked 'late'.



Please check your child's SRB for the following:

- a. Nursery: Booklist, paying in voucher.
- b. Pre Grade students proceeding into Grade 1: Booklist, Paying-in voucher, uniform sample, certificate.
- c. Grades 1-8: Booklist, paying in voucher.

TO AVOID THE RUSH, PLEASE PURCHASE ITEMS IN THE BOOK LISTS FOR THE NEW ACADEMIC YEAR 2015 / 2016 AS MENTIONED BELOW:

As we did last year, all the book list items and the uniforms of the children of the following grades could be purchased by parents as indicated below. Please note that during these months, priority will be given only to lists of those indicated grades and not to the other grades. We appreciate your cooperation in this regard to avoid any disappointments that may arise at the point of issue.

1. Grade 4, 5 and 6

01.07.2015 to 31.07.2015

2. Grade 7, 8,L/Nur. and U/Nur.

01.08.2015 to 31.08.2015

WATER PLAY (PRE PRIMARY, NURSERY & PARENT SCHOOL)

For children, water play is a soothing activity. Children can play and learn alone, or alongside others. They can learn a great deal as it is an enjoyable activity as well.

What are the benefits of water play?

1. It develops hand - eye coordination and manipulative skills such as lifting, pouring, and controlling.
2. It helps to explore early mathematical and scientific concepts.
E.g. Heavy/light, float/sink, full/empty, shallow/deep and measuring, estimating, and conversion of volume.
3. It also develops concentration and problem solving skills, as children become absorbed in experimentation.
4. Last but not least, it helps in developing social skills as children play alongside one another and communicate with others. Expressing one's opinions and sharing one's thoughts lays the foundation to communicate effectively later in childhood.

Teacher Empowerment Unit

MEMOS TO PARENTS & GUARDIANS

THE GRADE ONE ORIENTATION WEEK

The orientation week, introduced this year, is dedicated to the children's enjoyment through listening, speaking, song, dance and other activities, for them to develop a love of school. This is simply adopting and adapting some of the activities the children enjoyed in the Pre Grade class to encourage children. It is hoped that they would see that school life in Grade One is a continuation of what they have enjoyed so far, at least to some extent. This can ease the transition from informal education in Pre Grade to formal in Grade One.

One of the features of the orientation week is that children are not challenged to write, because writing is more difficult for children in this age group. Since they do not have complete control over their fine motor skills, eye-hand coordination, etc., burdening the child with the task of having to learn to write so early could slow down their overall development in learning. It is hoped that parents will not be over-concerned that there is no evidence of learning in their writing books.

During the orientation week, children continue to work in small groups. This creates an atmosphere where each child is recognized by the peers in his group as an individual, rather than as one in a large class. The group work pattern is continued right through Grade One and will give the child greater self-confidence and an opportunity for him / her to discover himself / herself.

Certain aspects of formal education are also introduced during the orientation week. In the Pre Grade class, the children use kinship terms, (e.g. aunty) to address their teachers. The formal way of addressing a teacher is introduced during the orientation week. Children learn to use the terms 'Miss Tamara' or 'Teacher', with the former being preferred.

The enjoyable thematic learning activities such as 'water play' in Pre Grade are replaced with activities more focused on revision, such as 'shapes', 'numbers' and 'colours'. All the activities are supported by audio aids, and where possible, by video.

HOW TO PLAN THE SCHOOL HOLIDAYS FOR YOUR CHILDREN...

Have a family meeting - As soon as the holidays start, set aside a time when you can sit and talk about the holidays, and try to agree on some rules. If your children are old enough, ask them what they think would make the holidays more fun and how you can all make things run smoothly. For example, your rules could include sharing and being caring.

Set small goals - Start small by choosing one thing to focus on each day. It could be an activity, like going swimming or to the park, or something even smaller, like spending ten minutes one-to-one with each of your children doing something they want to do. If you make these small plans every day, you are far more likely to feel a sense of having achieved something with your children.

Remember the food! - It may sound obvious, but it is easy to forget how easily children's moods affect blood sugar levels. Children get grumpy or lethargic very quickly if they haven't eaten properly – and that can lead to bad behaviour and irritability. School holidays can also mean a relaxation of all the usual dietary rules about sweets and junk food, but doing that will not help moods. Sticking to routines for mealtimes and having relatively healthy snacks can help keep them more in balance.

Be sociable - Inviting someone around will change the dynamics instantly. Let your children play with their cousins and friends more often; this could be all it takes to brighten up a dull day.

Do not ignore the chores - It is tempting to let your daily routine go when you have got the children at home all day. But if there are jobs that need doing around the house, keeping them up will help you stay in control. Better still, get the children involved; set them small tasks, like sweeping the kitchen floor, cleaning the garden or loading the washing machine, with reward charts for young children.

Do something out of the ordinary - Set up a campsite in the living room, get a can of paint and get the children involved in painting a wall. The novelty of doing something different, no matter how small, can be enough to change moods all around. Distraction really can work wonders when children are bored or fighting.

Get out of the house - This can often be enough to completely change children's moods. Take them out for a walk, even if it is just around the block. A breath of fresh air can bring a new perspective and make everyone feel more relaxed.

Read books more often - Encourage your child to read books. Visit a library together and help your child choose appropriate books.

Have a great holiday!

MEMOS TO PARENTS & GUARDIANS

LYCEUM ART COMPETITION

Lyceum Branches to take part in the 2nd Inter Lyceum Art Competition organized by Lyceum International School Wattala. This competition is scheduled to be held on the 13th September 2015 at the J. D. A. Perera Art Gallery of the University of Visual and Performing Arts Colombo 7.

Selected student name list as follows,

Branch No	Full Name	Class	Topic
LA 02	Mineth Basura Perera	1	Kids playing
LA 03	Sandew Gunathilake	1	Kids playing
LA 04	Dhanuka Rajaguru	1	Kids playing
LA 05	Erandathi epa	1	Going to temple
LA 06	Binara Lihinikaduwa	2	Farming
LA 07	Adam Suddahamy	2	My home
LA 08	Raahil Uzair	2	Playing in the beach
LA 09	Danula Rathnayake	2	Swimming in a waterfall
LA 10	Danindu Sandew	2	Bathing in a river
LA 11	Sayuri Wimalasiri	3	Farming
LA 12	Sithuki Wijayasiri	3	At the temple
LA 13	Thathsara Indrapathma	3	Playing
LA 14	Vinumi Mapa	3	My garden
LA 15	Tharuki Piyathilake	3	Playing
LA 16	Dewmi Jayalath	4	Making lanterns
LA 17	Gaindu Fernando	4	Car
LA 18	Nethaya Karunarathne	4	Playing at a children's park
LA 19	Thiarani Ferdinandez	4	Gardening
LA 20	Nethumni Piyathilake	4	King coconut stall

Branch No	Full Name	Class	Topic
LA 21	Binusha Nawagamuwage	6	Bird
LA 22	Dewmi de Alwis	6	Beach
LA 23	Methni Perera	6	Beach
LA 24	Yasmitha Nimsara	6	Water fall
LA 25	Nimna Manimaran	6	Bamboo tree
LA 26	Shanketha Kugendran	7	Playing
LA 27	Avishka Gunasekara	7	Gardening
LA 28	Nethsari Welagedara	7	Gardening
LA 29	Mithma Kandambi	7	River
LA 30	Manic Epa	7	Gardening



STUDENTS CAMP

There will be a students camp for students conducted by Lyceum Teacher Empowerment Unit as follows,

Grades 01 to 04

Date : 26th August 2015
Time : 3.00pm to 6.30pm
Venue : School premises.

Grades 05 to 08

Date : 27th August 2015
Time : 3.00pm to 6.30pm
Venue : School premises.

It is important for students to attend this camp.

Thank you.
Headmistress

PARENTS CAMP

There will be a parents camp conducted by Lyceum Teacher Empowerment Unit as follows,

Mother's Camp

Date : 12th September 2015
Time : 8.30am to 3.00pm
Venue : School Premises

Father's Camp

Date : 13rd September 2015
Time : 8.30am to 3.00pm
Venue : School Premises

It is important for parents to attend this camp.

Thank you.
Headmistress

EVENTS HIGHLIGHTS

The annual concert of the school was held on 03rd July 2015 at Youth Council Hall, Anuradhapura with the participation of all the students from grades 01 to 07.

The occasion was honoured with the presence of Mr.Mahesh Kotuwella, the president of Law Bar Association, Anuradhapura as the chief guest and Ms.Vindya Angamma Assistant Directress, of the Open University, Anuradhapura and Mr.Nikhitha Grero, the Director of Lyceum Schools as the guests of honour.

The DVD with the photos of the concert can be purchased from the office for Rs.300/- by ordering it in advance.



EVENTS HIGHLIGHTS

The Annual Graduation Ceremony of the school was held on 30th July 2015 at 5.00pm at the school conference hall, with the participation of all the students from grade 01 to 04.

Mr.D.A.Wehall, Lecturer in English, the co-ordinator of the English Language Teaching unit, Faculty of Humanities and Social Sciences, University of Rajarata, graced the occasion as the chief guest.

